

**NOTTINGHAMSHIRE HEALTHCARE NHS FOUNDATION TRUST
AND THE INSTITUTE OF MENTAL HEALTH**

JOB DESCRIPTION

ACADEMIC PSYCHIATRY FOUNDATION PROGRAMME

This new post has been designed to provide academic experience within psychiatry. It is supported by senior academic staff at the Institute of Mental Health, Nottingham. Clinical experience will be subsidiary to the academic work and agreed flexibly to support the chosen area of interest in psychiatry (e.g. psychosis or affective disorders).

The post-holder will be an honorary fellow at the IMH, attached to Professor Clive Adams, head of the Cochrane Schizophrenia Collaboration. This provides the opportunity for supervised work in Systematic Review and Meta-analysis; methodologies which allow flexibility in the topic area, which does not need to be restricted to psychosis, but should be related to an area of psychiatry. The specific research topic (or review question) will be agreed between the post-holder and supervisor within initial meetings.

Clinical attachments may include general psychiatry, Early Intervention in Psychosis or Specialist Affective Disorders work, depending on trainee interest. Although there will be opportunities within these attachments to achieve the F2 competencies, the focus of the attachment should remain on research. In keeping with this, the F2 will be supernumerary in their clinical attachment and will not be expected to take part in the on-call/out-of-hours rota. The exact split between academic and clinical training may be negotiated, taking into account trainee needs, but it is expected that clinical work will account for no more than one day per week.

Academic Sessions

It is anticipated that seven half day sessions per week will be devoted to research under the immediate supervision of Professor Adams.

Within this sessional allocation there will be additional opportunities to join the Masters of Mental Health seminars (as a non-course member) and to attend some of the many other academic events held at the IMH.

Clinical Sessions

These will be supernumerary and may take place in a variety of settings dependent on interest. All posts will be closely supervised and may include some early period of shadowing prior to taking on supervised practice. The specific placement will be arranged through the Director of Medical Education at NHFT (Dr Nixon) and will include a bank of pre-approved placements. In view of the location of academic sessions at IMH, preference will be given to clinical placements in Nottingham (rather than any more distant sites in the Trust).

Journal Club/Case Conference

This takes place on Wednesday mornings at Highbury Hospital and the post-holder will be expected to attend and to present a journal article in their subject area.

Indicative weekly programme:

The following is given as an example for information. The actual work pattern may differ from the example given.

	0900 – 1300	1300-1400	1400 - 1700
Monday	Research Session (IMH)	Lunch	Research Session (IMH)
Tuesday	Research Session (IMH)	Lunch	Research Session (IMH)
Wednesday	Journal Club/Case Conference (Highbury Hospital)	Lunch	Clinical Session (by agreement)
Thursday	Research Session (IMH)	Lunch	Clinical Session (by agreement)
Friday	Research Session (IMH)	Lunch	Research Session (IMH)

Induction

The post-holder will be employed by Nottinghamshire Healthcare NHS Foundation Trust and will undertake clinical work. They will therefore need to attend the full Trust induction arranged for junior doctors (FY/GP/CT) at the start of their placement. This induction is arranged through Post-graduate Medical Education (PGME) at NHFT, who will be in touch with the post-holder (contact Elaine Hayes).

Work Space

The post-holder will have desk space in an open-plan area of the IMH adjacent to Prof Adams office.

IT Access

Arranged through both NHFT and the IMH, with associate access to the University of Nottingham. The post-holder is expected to undertake necessary mandatory training to enable the IT permissions, within the initial weeks of the post.

The Institute of Mental Health

Based on the Jubilee Campus of the University of Nottingham, The Institute of Mental Health is a partnership between Nottinghamshire Healthcare NHS Trust and the University of Nottingham. The Institute has established a track record of success, with achievements in pioneering education provision and innovative service-facing research. There are centres of excellence in affective disorders, translational neuroimaging, dementia, neurodevelopmental disorders, education, health and justice. The IMH currently attracts nearly £10 million per year in external research grants, has 21 full and associate professors and publishes nearly 250 peer-reviewed journal papers a year. Further information can be viewed here <http://www.institutemh.org.uk>

Nottinghamshire Healthcare NHS Foundation Trust

NHFT is the major local provider of mental health services, including specialist services in psychosis, affective disorders, dementia and neurodevelopmental disorders. Further information can be viewed here <http://www.nottinghamshirehealthcare.nhs.uk/about-us>

MAIN CONDITIONS OF SERVICE

Needs discussion with HR and HEE-EM – FY under new contract with no out-of-hours and honorary IMH fellowship.