

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (e.g. L006 OR T102)</b> <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>	
Trent		AT064	
<b>Grade (Delete as appropriate)</b>	<b>Specialty:</b>		<b>Subspecialty (If appropriate):</b>
F2	Psychiatry		Intellectual Disabilities
<b>Site:</b>		<b>Trust:</b>	
Highbury Hospital		Notts Healthcare	

**Main duties:**

The post-holder will carry out psychiatric assessment and management of in-patients (Orion Unit), out-patients, community patients and clients on Horizon Day Centre. They will also prepare for and attend multidisciplinary patient reviews and ward rounds (Orion Unit). Admissions need to be agreed by the Consultant and out of hours admissions are arranged through the on-call Consultant/SpR. There is a Consultant on call (Intellectual Disabilities) at all times. The post-holder's on-call commitment is to the general adult psychiatric rota. The trainee's work will also include the preparation of discharge summaries, assessment letters and case summaries. The post-holder is encouraged to follow through people with an intellectual disability and additional problems and who live in the community by carrying out home visits which can be joint visits with other members of the Community Team. The FY2 will also see outpatients at Highbury Hospital (Horizon Day Centre). During the four-month appointment it is hoped that the FY2 will have visited the range of community facilities. The post-holder will be expected to participate fully in the postgraduate programme of Audit Meetings, Journal Clubs, Seminars and research meetings that take place at Highbury Hospital on Monday afternoon and the weekly General Adult Psychiatry academic sessions (every Wednesday morning). Supervision will be provided on a weekly basis by Dr Peter Cutajar at which clinical and training issues may be discussed. Dr Deval Bagalkote will provide supervision for her patients (Orion Unit and Community) as needed. The post-holder will be expected to actively participate in audit. The post-holder will be expected to actively participate in psychotherapy through the training provided at the Nottingham Psychotherapy Unit and will be assigned a Psychotherapy Tutor when and if this becomes available. The post-holder will have a shared office and computer in the department of Intellectual Disabilities. There is additional office space (including computer access) on the Orion Unit. There is secretarial support.

**Example Timetable**  
**For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc**

	Mon	Tues	Weds	Thurs	Fri
<b>AM</b>	Out-Patients/ HV visits/Orion in-patient unit	Out-Patients	Academic (General Adult Psych), then Psychotherapy	Horizon day centre meeting, then ward round Orion unit	Orion Unit
<b>Lunchtime</b>					
<b>PM</b>	Academic session/Clinical	Orion in-patients	Supervision  Home visits	Orion unit /Home visits	OP or Home visits

**Educational Activities:**

This post will allow the doctor's behaviour in relation to patients, carers and colleagues to be observed as they practise in a closely supervised environment. Feedback from medical and non-medical colleagues is taken formally and informally. This post would give ample opportunity at developing communication skills with patients, carers and colleagues in a supervised arena. The trainee will also be introduced to advocacy principles and workings, and associated ethical considerations. Various care pathways have been developed within the trust, including a specific one for the Orion inpatient journey. For effective management there will need to be continuous communication with other members of the team. Working with people with intellectual disability gives ample opportunity to explore areas related to consent. Community work will be available so these skills can also be developed outside the in-patient setting. The FY2 doctor will be part of a team required to provide quality treatment in a safe manner. There will be opportunities to engage in a number of audit projects to continuously monitor and improve clinical practice. There will be opportunities to discuss legal and ethical issues (eg admission status, capacity issues) with patients and carers in a supervised context. All trainees will be required to deliver presentations with support.

**Maintaining Good Medical Practice:**

This will be developed and monitored through the e-portfolio progression. The foundation trainee will work in a supervised environment. Within the in-patient setting, the foundation doctor might need to manage acutely ill patients; they will need to do this within their level of competence and

**Other Comments (if appropriate):**

The clinical supervisor, Dr Cutajar, will provide the regular, once a week formal clinical supervision sessions. Dr. Bagalkote provides clinical supervision for Orion Unit-related work and her community patients (also in City North). When the post-holder is on call out of hours there is immediate clinical supervision from a ST 4-6 grade psychiatrist and a duty consultant. The post-holders' Educational Supervisor is allocated to them at the beginning of the year (usually in August). Meetings with the Educational Supervisor will be held at regular intervals. During the 4-month post the post-holder will be expected to set personal intellectual objectives for the post, maintain their e-portfolio and expect regular appraisal working towards their ARCP. Any issues arising relating to education and training that cannot be dealt with in clinical supervision should be brought to the attention of your educational supervisor.

**Disclaimer: Please note that the placement information provided is subject to change.**