

Foundation Job Description

Foundation School (Delete as appropriate)		Programme No. (e.g. L006 OR T102) <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>	
Trent		T033,35,45,46,51	
Grade (Delete as appropriate)	Specialty: <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	Sub-specialty (If appropriate): <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	
F1	Geriatric Medicine		
Site:		Trust:	
Royal Derby Hospital		Derby Teaching Hospitals NHS Foundation Trust	

Main duties:

This post will be based on one of 3 geriatric medicine inpatient wards at the Royal Derby Hospital, working in the Department of Medicine for the Elderly. Each ward has 28 beds and takes acute admissions from the MAU at Derby who have been allocated to the Geriatricians. Patients will have varied general medical problems alongside the complexities of frailty, ageing and dementia. Each ward has 2 teams each with a consultant, SpR and at least 2 juniors. Consultant ward rounds are 3 times a week and on the other 2 days a consultant board round and troubleshooting round will occur. We work with a full MDT to provide comprehensive geriatric assessment to all our inpatients.

The placement offers direct supervision of clinical practice and workplace based assessments, alongside a clearly delineated role to permit the trainee to meet their Intended Learning Objectives for the foundation programme. Each trainee will work directly with their allocated clinical supervisor (CS) when on their base ward. All trainees will meet with their CS a minimum of twice each 4 months with additional meetings and informal feedback on request.

The foundation trainees will be responsible for the day to day care of 14 patients as part of the ward based team. Duties will include maintaining handover lists, supporting consultant ward rounds 3 times weekly, attending daily board rounds, seeing patients independently as directed by their consultant and coordinating discharges of complex older patients with frailty. While on the base wards and during general medical on-calls foundation trainees will experience the full range of acute medical presentations with appropriate supervision and senior support. The supportive environment, educational opportunities and breadth of clinical exposure provide an excellent placement for satisfying the requirements of the Foundation Curriculum.

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

	Mon	Tues	Weds	Thurs	Fri
AM	Ward Round	Board and Ward Round	Ward Round	Board and Ward Round	Ward Round
Lunchtime	DME departmental meeting			Grand round	
PM	Ward Work	Ward Work	Ward Work	Ward Work	Ward Work

Educational Activities:

Educational opportunities while on the ward include the daily MDT Board rounds, ward rounds and case discussions. New patients to the ward offer a perfect opportunity for mini-cex and and Cbd's. Out of hours trainees will be able to experience a wide range of medical conditions. We have a departmental meeting every Monday lunchtime where we encourage trainees to present interesting cases, common geriatric conditions and clinical governance issues. We also have audit and mortality meetings twice every 4 months and some of the Monday sessions are set aside for journal club.

We encourage trainees to take part in local and national audits while in placement with us. We have an academic Consultant who is happy to support any trainee with an interest in research or small quality improvement projects.

Other Comments (if appropriate):

General areas

The foundation trainee will learn generic skills in history taking, physical examination, and management of frail older patients with acute medical problems. They will also be involved in organising appropriate investigations, and referring on to other specialists. They will learn how to manage difficult consultations and communication skills, in particular around end of life and uncertain recovery in acute illness. The post requires skills in organisation, prioritisation and time management which will be developed with the support of the clinical supervisor.

Specialist areas

The trainee will be able to develop a specialist approach to the comprehensive assessment of the frail older patient. Skills developed will include communication, holistic management and appropriate prescribing. During their time with the department they will be exposed to various dementia syndromes, parkinsonism, delirium and varied medical problems in older frail patients. The trainees will gain experience in patients with uncertain recovery, end of life and complex feeding decision in dementia. They will work as part of a specialist MDT gaining an insight into how physiotherapists, occupational therapists and social works interact and operates.

Disclaimer: Please note that the placement information provided is subject to change.