



Dr Joanna Copping - Public Health

Monday

9-11 Senior management meeting for Public Health directorate to discuss current issue in directorate as well as the decisions made by the PCT Board and executive team

11-12 Meeting with commissioner to discuss our strategic commissioning plan around drug misuse (we are keen to see more drug users in treatment as well as keeping waiting times low) looking at areas we need to prioritise plus likely financial requirements

1-3pm Suicide Steering Group. Currently working with neighbouring PCT, developing a county wide strategy to reduce suicide

4-5pm 1:1 with F2 doctor to discuss work in improving health for asylum seekers.



Tuesday

Office work- doing emails, letters, phonecalls.

12-2pm Nottinghamshire Service Review
Mental Health Project. Meeting with project
group (which includes consultant
psychiatrists, chief executive of Healthcare
trust, commissioners etc) to look at developing
care pathways across a number of areas of
mental illness

2-4pm. Health needs assessment for learning
disabilities. Working with public health
manager to look at various sources of
information to understand current level of
need for health services for people with
learning disabilities

4-5pm Catch up with Director of Public Health



Wednesday

9-11am Alcohol Treatment Group. Chaired meeting This group is responsible for developing and implementing actions to improve alcohol services in the city

11-1pm Writing chapter of Director of Public Health's annual report

2-4pm Presentation at launch of a new alcohol service- including data around our current level of alcohol related harm and services to address. Also required giving interviews to local tv, radio and newspapers.

4-5pm One to one with one of my PH managers who I line manage



Thursday

9-1pm. Alcohol data analysis event. Small event with myself and consultant colleague from another PCT and with data and alcohol policy experts from department of health in order to explore our national alcohol indicator in more depth.

2-3pm: Office work- emails

3-5pm Healthy Workforce Steering Group. Meeting to explore how we can improve the health of our employees through lifestyle interventions

7pm (on call 2nd on). Call from Public Health Specialist Registrar about case of meningitis at hospital



Friday

9-10am Journal club. With trainees and other public health staff, critical appraisal of recent paper on cardiovascular disease, including discussion re implementation of findings into our work

10-12pm Meeting at prison with commissioners and GPs to look at primary care services offered and what health promotion measures we can put in place in a new prison visitors centre

12-2pm Lunch with fellow public health consultants at local restaurant to discuss current areas of work and issues

2-4pm. Analysing data with trainee on excess winter deaths and causes

4-5pm Office work- emails