

## Adult Learners' Week at HEE: Free Resources

### The Edward Jenner Programme

An open access online learning package designed to equip people from all backgrounds with essential leadership skills and leads to an NHS Leadership Academy award in Leadership Foundations. There are 21 sessions lasting around 40 minutes each and you can do these in your own time and at your own pace.

Access here: <http://www.leadershipacademy.nhs.uk/grow/professional-development-programmes/edward-jenner-programme/>

### E-learning for Healthcare

This free e-learning package is available to all NHS staff and allows you to choose a number of modules to undertake including: Compassion in Practice, delivering Harm Free Care, Shared decision Making as well as a number of Acute, Primary, Secondary and AHP modules. HEE have championed the Dementia Awareness module in this package – so why not try that one too? Access here: <http://portal.e-lfh.org.uk/Registration/>

### OpenLearn: from The Open University

Free courses from OpenLearn can take anything from 1-50 hours to work through and are available from introductory to postgraduate level. With 650 courses to choose from, ranging from law, healthcare, arts, science and languages, each has clear learning outcomes, and many have activities to help you assess your progress.

Register for an account here: <http://www.open.edu/openlearn/about-openlearn/try>

### NHS Employers

This [website](#) has a vast amount of blogs, articles, apps and toolkits to help NHS organisations perform more effectively and share best practice whilst supporting them to put patients first. There are free webinars listed here from time to time which may be of interest: <http://www.nhsemployers.org/ABOUTUS/EVENTS/Pages/Events.aspx>

### ACAS Elearning for Managers

This free elearning package by ACAS is designed for managers to refresh and learn more about employee relations such as people management, conflict resolution, disciplinary matters and equality. Register for an account here: <https://elearning.acas.org.uk>

### National Numeracy Challenge

This free basic maths and numeracy resource will help you to brush up on those all important basic maths skills we use in every day life:

[https://www.nnchallenge.org.uk/home/index.html?partner\\_code=nnc](https://www.nnchallenge.org.uk/home/index.html?partner_code=nnc)

### Alison: Elearning for all

Fancy a MOOC? That's a Massive Open Online Course that's available to learners all over the world in many areas such as business, finance, psychology, health, management and soft skills to name but a few. You can access the certified learning here: <https://alison.com/#>

## Adult Learners' Week at HEE: Free Toolkits

### Business Related and Leadership Resources

<http://www.businessballs.com/freeonlineresources.htm>

<http://www.mindtools.com/index.html>

<http://www.thesumoguy.com/sumo-resources.aspx>

### Leadership Framework Self Assessment Tool

<http://www.leadershipacademy.nhs.uk/wp-content/uploads/2012/11/NHSLeadership-Framework-LeadershipFrameworkSelfAssessmentTool.pdf>

### Leadership Academy Maximising Potential Tool

<https://www.leadershipacademy.nhs.uk/wp-content/uploads/2014/10/PH6023-Leadership-Academy-Maximising-potential-guide1.pdf>

### Team Effectiveness Assessment

[http://www.mindtools.com/pages/article/newTMM\\_84.htm](http://www.mindtools.com/pages/article/newTMM_84.htm)

### Negotiation Self Assessment Inventory

<http://www.tero.com/assessment/negassessment.pdf>

### Leadership Motivation Assessment

[http://www.mindtools.com/pages/article/newLDR\\_01.htm](http://www.mindtools.com/pages/article/newLDR_01.htm)

### How good are your motivation skills?

[http://www.mindtools.com/pages/article/newTMM\\_67.htm](http://www.mindtools.com/pages/article/newTMM_67.htm)

### Kate Atkin on Effective Networking

<https://www.youtube.com/watch?v=LGdwOJtmQcg>

### Kate Atkin on Making an Impact

[https://www.youtube.com/watch?v=9oSEGkWL\\_wY](https://www.youtube.com/watch?v=9oSEGkWL_wY)

## Go forth – start learning!

Be sure to share your experiences and skills with colleagues; we want to create case studies with staff during the course of the year.

Feedback is important! So tell us what is and isn't working with regards to development in your office, as well as any suggestions for improvement or other free resources you find useful – please send your comments through to [becca.watts@nhs.net](mailto:becca.watts@nhs.net)

We all have a spark inside us, a desire to reach our potential. Don't put this off until tomorrow, do it today!

Start being the person you want to be, *the person you are meant to be.*