Please refer to the UKPHR Framework and Guidance and Supporting Information documents to help you to understand the standards and processes for assessment <http://www.ukphr.org/i-want-to-apply-for-registration/practitioner/>.

**NOTES FOR COMPLETION:**

This Self-assessment form must be submitted with your application to join the registration scheme.

When you start to build your portfolio you will be asked to identify three or four ‘pieces of work’ eg: strategy development for obesity prevention, training volunteers for outreach work, conducting a health needs assessment, working on a chapter of the JSNA.

You will be asked to write a commentary for each of these ‘pieces of work’. Think about what each coloured section of the standards represents (AREA 1/2/3/4) when thinking about the work you choose e.g. some sections are about collaborative working, some about how you conduct yourself as a professional, some are about policies/strategies and how you influence/implement them.

Drawing on the 3 or 4 areas of work you are thinking of using for your commentaries, explain briefly (in a sentence) how will you demonstrate your **Knowledge, / Understanding / Application of this knowledge** to a work situation against each indicator

You do not have to demonstrate the standards in any particular order in your portfolio – standards from any section can be demonstrated in any of the work areas you choose (standards 5 – 8 have to be spread across at least 2 work areas/commentaries).

Candidates often change their mind regarding their areas of work when they come to look for evidence so there is room for things to change in the future. For the purposes of application however, the self-assessment helps us, and you, to make some kind of judgement regarding the amount and level of work you can draw on for your portfolio.

**Key for RAG rating**

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| **Red:** No evidence | **Amber:** Some evidence | **Green:** Sufficient evidence |

Name:

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|  | **Area 1: Professional and ethical practice** | **Evidence:** Please describe briefly how you plan to demonstrate the indicator (Knowledge/Understanding/ Application) | RAG Rating (Red, Amber or Green) |
| **1.** | Recognise and address ethical dilemmas and issues - demonstrating: a) knowledge of existing and emerging legal and ethical issues in own area of practice b) The proactive addressing of issues in an appropriate way (eg challenging others'  unethical practice) |  |  |
| **2.**  | Recognise and act within the limits of own competence seeking advice when needed |  |  |
| **3.** | Act in ways that: a) acknowledge and recognise people's expressed beliefs and preferences b) promote the ability of others to make informed decisions c) promote equality and value diversity d) Value people as individuals e) acknowledge the importance of data confidentiality and disclosure, and the use of data sharing protocols f) are consistent with legislation, policies, governance frameworks and systems |  |  |

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|  | **Area 1: Professional and ethical practice** | **Evidence:** Please describe briefly how you plan to demonstrate the indicator (Knowledge/Understanding/ Application) | RAG Rating (Red, Amber or Green) |
| **4.** | Continually develop and improve own and others' practice in public health by: a) reflecting on own behaviour and practice and identifying where improvements should be made b) recognising the need for, and making use of, opportunities for personal and others' development c) awareness of different approaches and preferences to learning d) the application of evidence in improving own area of work e) objectively and constructively contributing to reviewing the effectiveness of own area of work |  |  |

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|  | **Area 2: Technical competencies in public health** | **Evidence:** Please describe briefly how you plan to demonstrate the indicator (Knowledge/Understanding/ Application) | RAG Rating (Red, Amber or Green) |
| **5.** | Promote the value of health and wellbeing and the reduction of health inequalities - demonstrating: a) how individual and population health and wellbeing differ and the possible tensions between promoting the health and wellbeing of individuals and health  and wellbeing groups b) knowledge of the determinants of health and their effect on populations, communities, groups and individuals c) knowledge of the main items and concepts used in promoting health and wellbeing d) knowledge of the nature of health inequalities and how they might be monitored e) awareness of how culture and experience may impact on perceptions and expectations of health and wellbeing |  |  |

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|  | **Area 2: Technical competencies in public health** | **Evidence:** Please describe briefly how you plan to demonstrate the indicator (Knowledge/Understanding/ Application) | RAG Rating (Red, Amber or Green) |
| **6.** | Obtain, verify, analyse and interpret data and/or information to improve the health and wellbeing outcomes of a population/community/group - demonstrating: a) knowledge of the importance of accurate and reliable data/information and the anomalies that might occur b) knowledge of the main terms and concepts used in epidemiology and the routinely used methods for analysing quantitative and qualitative data c) ability to make valid interpretations of the data and/or information and communicate these clearly to a variety of audiences |  |  |
| **7.** | Assess the evidence of effective interventions and services to improve health and wellbeing – demonstrating: a) knowledge of the different types, sources and levels of evidence in own area of  practice and how to access and use them b) the appraisal of published evidence and the identification of implications for own area of work |  |  |
| **8.** | Identify risks to health and wellbeing, providing advice on how to prevent, ameliorate or control them - demonstrating: a) knowledge of the risks to health and wellbeing relevant to own area of work and of the varying scale of risk b) knowledge of the different approaches to preventing risks and how to communicate risk to different audiences |  |  |

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|  | **Area 3: Application of technical competencies to public health work** | **Evidence:** Please describe briefly how you plan to demonstrate the indicator (Knowledge/Understanding/ Application) | RAG Rating (Red, Amber or Green) |
| **9.** | Work collaboratively to plan and/or deliver programs to improve health and wellbeing outcomes for populations/ communities/ groups/ families/ individuals – demonstrating: a) how the programme has been influenced by: I. the health and wellbeing of a population II. the determinants of health and wellbeing III. inequalities in health and wellbeing IV. the availability of resources V. use of an ethical framework in decision making/priority setting b) how evidence has been applied in the programme and influenced own work c) the priorities within, and the target population for, the programme d) how the public/ populations/ communities/ groups/ families/ individuals have  been supported to make informed decisions about improving their health and wellbeing e) awareness of the effect the media has on public perception f) how the health concerns and interests of individuals, groups and communities have been communicated g) how quality and risk management principles and policies are applied h) how the prevention, amelioration or control of risks has been  communicated |  |  |

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|  | **Area 4: Underpinning skills** | **Evidence:** Please describe briefly how you plan to demonstrate the indicator (Knowledge/Understanding/ Application) | RAG Rating (Red, Amber or Green) |
| **10.** | Support the implementation of policies and strategies to improve health and wellbeing outcomes - demonstrating: a) knowledge of the main public health policies and strategies relevant to own area of work and the organisations that are responsible for them b) how different policies, strategies or priorities affect own specific work and how to influence their development or implementation in own area of work c) critical reflection and constructive suggestions for how policies, strategies or  priorities could be improved in terms of improving health and wellbeing and reducing health inequalities in own area of work d) the ability to prioritise and manage projects and/or services in own area of work |  |  |

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|  | **Area 4: Underpinning skills** | **Evidence:** Please describe briefly how you plan to demonstrate the indicator (Knowledge/Understanding/ Application) | RAG Rating (Red, Amber or Green) |
| **11.** | Work collaboratively with people from teams and agencies other than one's own to improve health and wellbeing outcomes - demonstrating: a) awareness of personal impact on others b) constructive relationships with a range of people who contribute to population  health and wellbeing c) awareness of: I. principles of effective partnership working II. the ways in which organisations, teams and individuals  work together to improve health and wellbeing outcomes III. the different forms that teams might take |  |  |
| **12.** | Communicate effectively with a range of different people using different methods |  |  |