

Recommended reading for AIM Registrars Updated June 2016

'To study medicine without books is to sail an uncharted sea, while to study medicine only from books is not to go to sea at all.' Sir William Osler.

GENERIC CURRICULUM

Leadership

- Covey S. 7 habits of highly effective people. Simon & Schuster 1999
- John Kotter. Our iceberg is melting. Macmillan, 2006

Communication skills and teamwork

- Allen J and Brock SA. Health care communication using personality type. Routledge, 2000
- Goleman D. Working with emotional intelligence. Bloomsbury, 1998
- www.chfg.org (Clinical Human Factors group)
- Tate P. The doctor's communication handbook 4th Ed. Radcliffe Medical Press, 2003

Patient safety and quality

- Vincent C. Patient safety. Churchill-Livingstone, 2006
- Syed M. Black box thinking. John Murray Publishers, 2015
- Gawande A. The checklist manifesto: how to get things right. Profile books, 2011
- Gordon, Mendenhall and O'Connor. Beyond the checklist: what else healthcare can learn from aviation teamwork and safety. ILR Press, 2012
- Jensen K, Mayer TA, Welch SJ and Haraden C. Leadership for smooth patient flow. ACHE Management Series/Health Administration Press, 2007.
- Langley GJ, Moen RD, Nolan KM et al. The improvement guide. A practical approach to enhancing organisational performance. Jossey-Bass, 2009 (this is the IHI improvement science 'bible')

Ethics and legal issues

- BMA Ethics Department. Everyday medical ethics and law. Wiley-Blackwell, 2013
- Zigmond T. A clinician's brief guide to the mental health act 3rd Ed. RCPsych Publications, 2014
- Brindle N, Branton T, Stansfield A. A clinician's brief guide to the mental capacity act 2nd Ed. RCPsych Publications, 2015
- Decisions relating to CPR 3rd Ed. www.resus.org.uk/dnacpr/decisions-relating-to-cpr

Medical education

- Peter C Brown. Make it stick: the science of successful learning. Harvard University Press, 2014
- Syed M. Bounce. The myth of talent and the power of practice. Fourth Estate, 2010
- Cantillon P and Wood D [Eds]. ABC of teaching and learning in medicine 2nd Ed. Wiley-Blackwell, 2010
- Dent J and Harden R [Eds]. A practical guide for medical teachers 4th Ed. Churchill-Livingstone, 2013
- Cooper N and Forrest K. Essential guide to educational supervision – in postgraduate medical education. Wiley-Blackwell, 2008.

Key Acute Medicine policy documents

- Acute Care Toolkits www.rcplondon.ac.uk/guidelines-policy
- Acute Medicine Task Force. Acute Medical Care. The right person, in the right setting – first time. RCP London, 2007
- RCP. Future hospital - more than a building. RCP London, 2014
- NEWS – standardising the assessment of acute illness severity in the NHS. RCP London, 2012

AIM CURRICULUM

SCE exam

- Lane N, Powter L and Patel A [Eds]. Best of five MCQs for the Acute Medicine SCE. Oxford University Press, 2016.

Clinical reasoning

- Cooper N and Frain J. ABC of clinical reasoning. Wiley, 2017
- www.clinical-reasoning.org/resources.html
- www.imreasoning.com Conversations to inspire critical thinking in internal medicine and medical education

Critical care

- Leach R. Critical care medicine at a glance 3rd Ed. Wiley-Blackwell, 2014
- Stone J and Fawcett W. Anaesthesia at a glance. Wiley-Blackwell, 2014
- Cooper N, Forrest K and Cramp P. Essential Guide to Acute Care 2nd Ed. Blackwell, 2006
- Corke C. Practical intensive care medicine. Problem solving on the ICU 2nd Ed. Butterworth-Heinemann, 2000
- NICE clinical guideline 50. Acute illness in adults in hospital: recognising and responding to deterioration, 2007

Geriatric Medicine

- Cooper N, Forrest K and Mulley G. ABC of Geriatric Medicine. Wiley-Blackwell, 2009
- Royal College of Physicians / British Geriatrics Society. Guidelines for the prevention, diagnosis and management of delirium in older people. RCP, London, 2006 www.rcplondon.ac.uk/guidelines-policy/prevention-diagnosis-referral-and-management-delirium-older-people
- NICE clinical guideline 161. Falls in older people: assessing risk and prevention, 2013
- Brown J and Hillam J. Dementia. Your questions answered. Churchill-Livingstone, 2003

Respiratory Medicine

- Simonds AK. Non-invasive respiratory support: a practical handbook 2nd Ed. Hodder Arnold, 2007
- British Thoracic Society guidelines. www.brit-thoracic.org.uk

Cardiology

- Benditt D, Blanc JJ, Brignole M, Sutton R [Eds]. The evaluation and treatment of syncope: a handbook for clinical practice (European Society of Cardiology) 2nd Ed. Blackwell, Oxford, 2006
- NICE clinical guideline 94. Unstable angina and NSTEMI: early management, 2010
- NICE clinical guideline 187. Acute heart failure: diagnosis and management, 2014
- NICE clinical guideline 167. Myocardial infarction with ST segment elevation: acute management, 2013
- NICE clinical guideline 130. Hyperglycaemia in acute coronary syndromes: management, 2011

Neurology

- Bronstein A, Lempert T. Dizziness: a practical approach to diagnosis and management (with CD-Rom). Cambridge University Press, 2007
- Hankey G. Stroke. Your questions answered 2nd Ed. Churchill-Livingstone, 2006
- Markus H, Periera A, Cloud G. Stroke Medicine (Oxford specialist handbooks in neurology series). OUP, 2010
- Association of British Neurologists – courses including an annual ‘Advanced Clinical Neurology Course’ held in Edinburgh www.theabn.org/what-we-do/training/neurology-courses.html
- British Association for the Study of Headache (BASH) also runs an annual headache teaching course www.bash.org.uk/upcoming-events
- Headache Classification Committee of the International Headache Society. The International Classification of Headache Disorders 3rd Ed. Cephalalgia 2013; 33 (9): 629-808 www.ihs-headache.org/ichd-guidelines

- Dowson A. Migraine and other headaches. Your questions answered. Churchill-Livingstone, 2003
- Smithson WH, Walker M. ABC of Epilepsy. Wiley-Blackwell, 2012
- Mark Manford. A practical guide to epilepsy. Butterworth-Heinemann, 2003
- John Patten. Neurological differential diagnosis 2nd Ed. Springer-Verlag, 1995

Miscellaneous

- Girling JC. Management of medical emergencies in pregnancy. Acute Medicine 2002; 1(3): 96-100. www.rila.co.uk
- Nelson-Piercy, C. Handbook of obstetric medicine 3rd Ed. Informa Healthcare, 2009
- British HIV Association. UK national guidelines for HIV testing. www.bhiva.org/guidelines.aspx
- Logan SAE and MacMahon E. Clinical review: viral meningitis. BMJ 2008; 336: 36-40.
- British Infection Society website and guidelines www.britisheinfectionsociety.org/guidelines/guidelines.aspx
- British Society of Gastroenterology website and guidelines www.bsg.org.uk
- Association of British Clinical Diabetologists (ABCD) position paper on the management of hyperglycaemic emergencies (you can also download their prototype DKA chart). Practical Diabetes International 2006 (23) 5: 227 – 31 http://www.diabetologists-abcd.org.uk/shared_documents/position_papers/position_paper_on_hyperglycaemic_emergencies.htm
- The RCGP runs joint injection courses – visit their website to find out more www.rcgp.org.uk/learning
- RCP working party. Alcohol – can the NHS afford it? Recommendations for a coherent alcohol strategy for hospitals. www.rcplondon.ac.uk
- McCune A. ABC of Alcohol. Wiley-Blackwell, 2015
- Schuckit MA. Drug and Alcohol Abuse: A Clinical Guide to Diagnosis and Treatment 5th Ed. Kluwer Academic / Plenum Publishers, 1999
- Olson KR. Poisoning and drug overdose. Mcgraw-Hill /Lange, 2007
- DVLA. At a glance guide to the current medical standards of fitness to drive. www.dvla.gov.uk/medical/ataglance.aspx

NICE GUIDELINES RELEVANT TO ACUTE MEDICINE

Ambulatory Care

- CG144. Venous thromboembolic diseases: diagnosis, management and thrombophilia testing, 2012

Cardiology

- CG94. Unstable angina and NSTEMI: early management, 2010
- CG187. Acute heart failure: diagnosis and management, 2014
- CG167. Myocardial infarction with ST segment elevation: acute management, 2013
- CG130. Hyperglycaemia in acute coronary syndromes: management, 2011
- CG180. Atrial fibrillation: management, 2014
- CG95. Chest pain of recent onset: assessment and diagnosis, 2010
- CG108. Chronic heart failure in adults: management, 2010
- CG71. Familial hypercholesterolaemia: identification and management, 2008
- CG126. Stable angina: management, 2011
- CG127. Hypertension in adults: diagnosis and management, 2011
- CG107. Hypertension in pregnancy: diagnosis and management, 2010

Dermatology & immunology

- CG134. Anaphylaxis: assessment and referral after emergency treatment, 2011

Diabetes & endocrinology

- NG17. Type 1 diabetes in adults: diagnosis and management, 2015
- NG28. Type 2 diabetes in adults: management, 2015
- NG19. Diabetic foot problems: prevention and management, 2015
- NG3. Diabetes in pregnancy: management from preconception to the postnatal period, 2015

Gastroenterology & hepatology

- CG141. Acute upper gastrointestinal bleeding in over 16's: management, 2013
- CG188. Gallstone disease: diagnosis and initial management, 2014
- CG184. Gastro-oesophageal reflux disease and dyspepsia in adults: investigations and management, 2014
- CG152. Crohn's disease: management, 2012
- CG166. Ulcerative colitis: management, 2013
- NG20. Coeliac disease: recognition, assessment and management, 2015
- CG118. Colonoscopic surveillance for preventing colorectal cancer in adults with UC, Crohn's or adenomas, 2011
- CG131. Colorectal cancer: diagnosis and management, 2011

- CG61. Irritable bowel syndrome in adults: diagnosis and management, 2008
- [in consultation] Assessment and management of cirrhosis

Geriatric medicine

- CG103. Delirium: prevention, diagnosis and management, 2010
- CG161. Falls in older people: assessing risk and prevention, 2013
- CG176. Head injury: assessment and early management, 2014
- CG42. Dementia: supporting people with dementia and their carers in health and social care, 2006
- CG146. Osteoporosis: assessing the risk of fragility fracture, 2012
- CG171. Urinary incontinence in women: management, 2013
- CG49. Faecal incontinence in adults: management, 2007

Infectious diseases

- CG97. Lower urinary tract infections in men: management, 2010
- CG117. Tuberculosis: clinical diagnosis and management, and measures for its prevention and control, 2011
- [in development] Sepsis
- [in development] Lyme disease

Mental health

- CG100. Alcohol use disorders: diagnosis and management of physical complications, 2010
- CG115. Alcohol use disorders: diagnosis, assessment and management of harmful drinking and alcohol dependence, 2011
- CG123. Common mental health problems: identification and pathways to care, 2011
- CG113. Generalised anxiety disorder and panic disorder in adults: management, 2011
- CG91. Depression in adults with chronic physical health problem: recognition and management, 2009
- CG90. Depression in adults: recognition and management, 2009
- CG51. Drug misuse in over 16's: psychosocial interventions, 2007
- CG52. Drug misuse in over 16's: opioid detoxification, 2007
- CG26. Post-traumatic stress disorder: management, 2005
- CG120. Psychosis with substance abuse in over 14's: assessment and management, 2011
- NG10. Violence and aggression: short term management in health, mental health and community settings, 2015
- [in development] Suicide prevention

Neurology & stroke medicine

- CG68. Stroke and TIA in over 16's: diagnosis and initial management, 2008
- CG109. Transient loss of consciousness ('blackouts') in the over 16's, 2010
- CG137. Epilepsies: diagnosis and management, 2012

- CG105. Motor neurone disease: non-invasive ventilation, 2010
- CG186. Multiple sclerosis in adults: management, 2014
- CG173. Neuropathic pain in adults: pharmacological management in non-specialist settings, 2013
- CG35. Parkinson's Disease in over 20's: diagnosis and management, 2006
- [in development] Neurological problems

Oncology & haematology

- CG151. Neutropenic sepsis: prevention and management in people with cancer, 2012
- CG104. Metastatic malignant disease of unknown primary origin in adults: diagnosis and management, 2010
- CG75. Metastatic spinal cord compression in adults: diagnosis and management, 2008
- CG140. Palliative care for adults: strong opioids for pain relief, 2012
- CG143. Sickle cell disease: managing acute painful episodes in hospital, 2012
- NG12. Suspected cancer: recognition and referral, 2015

Renal medicine

- CG169. Acute kidney injury: prevention, detection and management, 2013
- CG182. Chronic kidney disease in adults: assessment and management, 2014

Respiratory medicine

- CG101. Chronic obstructive pulmonary disease in adults: diagnosis and management, 2010
- CG191. Pneumonia in adults: diagnosis and management, 2014
- [in development] Asthma: diagnosis and monitoring
- [in development] Asthma: management

Rheumatology

- CG79. Rheumatoid arthritis in adults: management, 2009
- CG177. Osteoarthritis: care and management, 2014

Toxicology & pharmacology

- CG183. Drug allergy: diagnosis and management, 2014
- CG174. Intravenous fluid therapy in adults in hospital, 2013

Other

- NG31. Care of dying adults in the last days of life, 2015
- CG53. Chronic fatigue syndrome: diagnosis and management, 2007
- CG88. Low back pain in adults: early management, 2009

- PH1. Smoking: brief interventions and referrals, 2006
- SG1. Safe staffing for nursing in adult inpatient wards in acute hospitals, 2014
- [in development] Acute medical emergencies in adults and young people: service guidance