

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
LNR		AL007			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>	<b>Subspecialty (If appropriate):</b>			
F1	General Psychiatry	Old Age Psychiatry			
<b>Site:</b>		<b>Trust:</b>			
Bennion Centre, Glenfield Hospital		University Hospitals of Leicester			
<b>Main duties:</b>					
<p>In this post you will be working in a multidisciplinary team on Kirby Ward at the Bennion Centre. Kirby ward is a 24 bed ward caring for female patients with functional mental health problems over the age of 65.</p> <p>You will be 1 of 4 early years doctors on the ward working with another F1 and 2 CT doctors supervised by 2 consultant psychiatrists. The patients are a heterogeneous group which offers an opportunity to gain experience of diagnosing and managing a range of functional mental health problems - mood disorders, psychosis and personality disorders as well as patients who may be in the early stages of dementia. Many of the patients have co morbid medical problems and you will have the opportunity to acquire physical healthcare competencies whilst in this post. You will also have the opportunity to visit patients at home, undertake outpatient assessments and gain experience with the FOPALS team working in University Hospitals of Leicester providing assessment of older patients with mental health problems in an acute hospital setting as part of the placement. In addition, bespoke taster sessions in other subspecialties in psychiatry will be facilitated depending on the interests and career intention of the trainee.</p> <p>Generic competencies which are transferable across any area in medicine will be obtained, including a well-developed MDT working model, communication in difficult situations, gaining an understanding of the legal frameworks such as the Mental Health Act and Mental Capacity Act, clinical audit and teaching medical students.</p> <p>All trainees working in a psychiatry post will receive 1 hour per week face to face consultant supervision which is a feature of training in the specialty. <b>Please note: All foundation year 1 doctors in their first 4 month rotation in psychiatry will also spend some time on an acute medical unit to ensure that they are not disadvantaged when starting their second post. This is likely to be a day a week on acute medical unit or a similar arrangement</b></p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	ward round	Ward work	ward round	Audit	
<b>Lunchtime</b>	Consultant supervision	Site Journal club /case conference	FY 1 teaching Glenfield Hospital		Post graduate teaching
<b>PM</b>	ward work	community/OPD	ward round	Ward work	ward work
<b>Educational Activities:</b>					
<p>You will have the opportunity to attend weekly journal clubs and postgraduate teaching as well as mandatory Foundation Year teaching. We will support and encourage trainees to engage in the clinical audit process.</p>					
<b>Other Comments (if appropriate):</b>					
<p>Leicester Partnership Trust places a keen focus on the education and training of junior doctors. This post will provide excellent opportunities to develop your clinical skills and competencies ensuring that you meet the objectives set in the foundation training curriculum.</p> <p>Working within Old Age Psychiatry, you will have the opportunity of assessing and treating patients with a range of physical and mental health needs in both hospital and community settings. With treatment focussing on the whole of the patient, you will gain an insight into holistic healthcare and the increasing importance of managing chronic health problems in the community, closely allied with the objectives of the Foundation Curriculum.</p> <p>With excellent senior support, including a minimum of an hour of clinical supervision with a named clinical supervisor per week, we will support you as you expand and refine your clinical skills. We will assist you in developing safe clinical practice through supervised learning events and through involvement in our in house academic programme. We will ensure that you are exposed to multidisciplinary team working, with the patient at the centre of care and where possible, we will offer the opportunity for exploring special interests in the field.</p> <p>Along with developing your knowledge and treatment of both mental and physical disorders, you will have the opportunity to expand on a wide range of skills that will be applicable across multiple domains of medicine. This includes experience in leadership, communication skills, audit and research, the management of long term conditions, ethics and legal aspects of healthcare.</p> <p>Having a working knowledge of the diagnosis and treatment of mental health disorders will be advantageous in a wide variety of clinical career paths, and this rotation would allow you to gain that knowledge and skill in a supportive environment.</p>					

\*can be found on the Trent/LNR Allocations Spreadsheet

## Disclaimer:

Please note that the placement information provided is subject to change.