

Birmingham and the Black Country Dental Foundation Training Scheme



Autumn Term Programme 2022-2023





Birmingham and the Black Country Dental Foundation Training Scheme

Birmingham Dental Hospital and School of Dentistry

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Birmingham and the Black Country Dental Foundation Training Scheme

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Birmingham and the Black Country Dental Foundation Training Scheme

Birmingham Dental Hospital and School of Dentistry



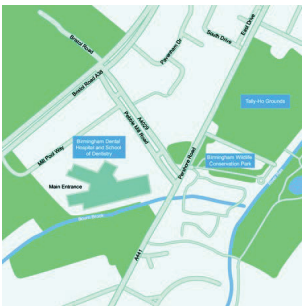
Rob Richardson

We are fortunate to have access to the state of the art educational facilities at the new Birmingham Dental Hospital and School of Dentistry. We have a cohort of experienced and committed educational supervisors whose practices are regularly inspected to ensure that they meet the expected standards of a training practice. Study days are designed to facilitate a safe protected learning environment enabling Foundation Dentists (FD) to support each other throughout the year and beyond. Speakers are selected for their expertise in the field but also their ability to communicate this knowledge in an interesting and accessible way.

The Training Programme Director is Rob Richardson. Rob's aim is to help each FD to develop and grow both professionally and personally so that they are prepared for independent practice by the end of the training year.



Location



If you are using a Sat Nav, the postcode you will require is B5 7SA.

The hospital has limited paid parking spaces. If you are unable to find parking on-site, parking is also available on local residential roads or at the nearby Birmingham Wildlife Conversation Park / Cannon Hill car park which can be accessed via Pershore Road and Russell Road.



Autumn Term

Venues and Subjects

Thursday 1st September	Clinical Skills Refresher	CSL BDH
Friday 2nd September	FD Scheme Induction ES Scheme Induction	SR1 BDH
Friday 9th September	Regional Induction - Welcome and Introduction Using the Dental ePortfolio Introduction to the GDC The NHS Business Services Authority. -- The Role of the Lead Employer in DFT. <i>Virtual Remote Learning Platform - Links to be confirmed.</i>	
Friday 16th September	Course Work NHS GDS Regulations	SR2 BDH
Friday 23rd September	Treatment Planning	SR1 BDH
Friday 30th September	A Practical Guide to Filling Teeth	LT1 BDH
Wednesday 12th October	Communication	Board Room BDH
Friday 14th October	Endodontics Hands On - Part 1	CSL BDH
Thursday 20th October	Oral Surgery - Hands On	CSL BDH
Friday 28th October	Milestone 1 - Emergency Case Presentation	SR1 BDH

Friday 4th November	Dental Emergencies Clinical Photography	<i>SR1 BDH</i>
Tuesday 8th November	Human Factors Training	<i>LT1 BDH</i>
Friday 18th November	Pain and Anxiety Management Health and Safety in Dental Practice	<i>SR1 BDH</i>
Friday 25th November	Anterior Composites	<i>CSL BDH</i>
Friday 2nd December	Hands On Crowns	<i>CSL BDH</i>
Friday 9th December	Law and Ethics	<i>LT1 BDH</i>
Friday 16th December	Orthodontics for the GDP Paediatric Dentistry	<i>SR1 BDH</i>

Important Dates and Deadlines

Induction Complete	Friday, 7 October 2022
Early Stage Review	Friday, 21 October 2022
Milestone 1 - Emergency Case Presentations	Friday, 28 October 2022
Record Card Review Complete	Friday, 25 November 2022
Buddy Visits Complete	Friday, 16 December 2022
Multi Source Feedback Complete	Friday, 30 December 2022



Thursday 1st September

CSL BDH

Afternoon Session

13.00

Clinical Skills Refresher

CPD Hrs = 3

Rob Richardson

TPD

This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

Objectives

- *Be able to evidence the systematic and accurate removal of simulated dental caries.*
- *Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.*
- *To have practised cutting a full crown preparation.*

Learning Content

- *Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel*
- *Knowledge of any requirements for targeted support by the ES.*

GDC Outcomes: C D

16.30

End

Please bring a tunic and eye protection.



Friday 2nd September

SR1 BDH

Morning Session

09.30

FD Scheme Induction

CPD Hrs = 3

Rob Richardson

TPD

Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.

Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

Learning Content

- *Be able to demonstrate an understanding of learning styles and reflection.*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and Midlands HEE personnel together with an enhanced ability to work with others as a team.*

GDC Outcomes: A B C D

12.30

End



Friday 2nd September

SR1 BDH

Afternoon Session

13.30

ES Scheme Induction

CPD Hrs = 3

Rob Richardson

TPD

Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.

Objectives

- *To introduce and orientate delegates to the Birmingham and Black Country Scheme*
- *To give delegates tools to develop their role as Educational Supervisors throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

Learning Content

- *Be able to demonstrate an understanding of learning styles and reflection.*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.*

GDC Outcomes: A B C D

16.30

End



Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

09.00

Regional Induction - Welcome and Introduction

CPD Hrs = 0.5

Mike Foster

Regional Postgraduate Dental Dean, Midlands

This session is a welcome to all the new Foundation Dentists in the East of England and Midlands Regions and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

Objectives

- *Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.*
- *Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager and APlan.*
- *Define the RCP process involved in the satisfactory completion of Dental Foundation Training.*

Learning Content

- *Be able to demonstrate an understanding of learning styles and reflection.*
- *Have a recognition of your peer group and Regional HEE personnel together with an enhanced ability to work with others as a team.*
- *Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations. CP process involved in the satisfactory completion of Dental Foundation Training.*

GDC Outcomes: A B C D



Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

09.30

Using the Dental ePortfolio

CPD Hrs = 1.5

Peter Cranfield

TPD & Regional Advisor for Projects & Innovation

The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

10.50

Break

11.00

Introduction to the GDC

CPD Hrs = 6

Elena Scherbatykh

Policy Manager · General Dental Council

The General Dental Council re an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

Objectives

- *To learn about the role and structure of the GDC.*
- *To learn about how the GDC regulates the profession*
- *To learn about professional and ethical responsibilities of registrants*

Learning Content

- *FD's responsibilities as Dental Professionals*
- *How the GDC functions.*
- *What sanctions can be applied to registrants in breach of their professional standards*

GDC Outcomes: A B C D

12.00

Lunch



Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

12.30

The NHS Business Services Authority. --
The Role of the Lead Employer in DFT.

CPD Hrs = 1.25

Nathand Brown -- Lyndsey McLoughlin

Clinical Advisor NHS Dental Services -- HR Project Support Manager DFT

The NHS BSA support dental providers and performers. They are responsible for processing the claims we make in practice for the treatment that we provide for our patients:- over 43.6 million dental claims per year.

Our access to the BSA is via the Compass portal, where we can see and update information about ourselves as dental performers and our dental claims.

This webinar will give insight into the work of the BSA and the NHS Dental Regulations.

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone

The session will be completed by a short session from Malcolm Brady, Regional Postgraduate Dental Dean, East of England.

13.45

End



Friday 16th September

SR2 BDH

Morning Session

09.30

Course Work

CPD Hrs = 3

Rob Richardson

TPD

To reinforce coursework details and expectations from earlier Regional and local induction processes.

Objectives

- *Explain in more detail the work required to complete the e-Lift projects.*
- *Discuss the process of conducting a clinical audit and the preparation required to complete this element of the coursework schedule.*
- *Review the requirements for satisfactory completion of the three Miles Stone Cases.*

Learning Content

- *FDs will be able to outline the requirements for satisfactory submission of their e-Lift project work.*
- *FDs will be able to outline the requirements for satisfactory submission of their Audit Project.*
- *FDs will be able to outline the requirements for satisfactory submission of their Mile Stone Cases.*

GDC Outcomes: A B C D

12.30

Lunch



Friday 16th September

SR2 BDH

Afternoon Session

13.30

NHS GDS Regulations

CPD Hrs = 3

Rob Richardson

TPD

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

Objectives

- *Explain how and when to claim for NHS treatment that has been provided to patients.*
- *Define the rules regarding provision of NHS dental care.*
- *Have the ability to talk confidently about what can be provided through NHS dental services.*

Learning Content

- *List the structures and content of NHS treatment bands and associated NHS banding charges.*
- *Apply the rules regarding provision of NHS dental care.*
- *Be able to perform within the structure of NHS GDS contracts.*

GDC Outcomes: A B C D

16.30

End



Friday 23rd September

SR1 BDH

Day Session

9.30

Treatment Planning

CPD Hrs = 6

Graham Stokes

GDP

To be able to provide a comprehensive treatment plan the patient understands and meets the patients' needs.

Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options and content of a treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for any referral.*
- *Recognise the level of communication required to discuss with a patient an effective treatment plan in a manner which manages their expectations, wishes and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D

16.30

End



Friday 30th September

LT1 BDH

Day Session

09.30

A Practical Guide to Filling Teeth

CPD Hrs = 6

Louis McKenzie

GDP

To assist Foundation Dentists in choosing which materials, equipment and techniques to employ when directly restoring posterior teeth.

Objectives

- *Evaluate the current status of direct posterior restorations, material selection, cavity design and where relevant, bonding protocols.*
- *"Define how isolation/moisture control aids the placement of certain materials."*
- *Undertake practical exercises to reinforce protocols on contemporary matrix selection, placement of composite and amalgam, alongside shaping, finishing and polishing of these materials.*

Learning Content

- *Critique from improved knowledge and ability, when to use which material where for direct posterior restorations.*
- *To have enhanced practical skills in restoring posterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional restoration.*

GDC Outcomes: A B C D

16.30

End



Wednesday 12th October

Board Room BDH

Day Session

10.00

Communication

CPD Hrs = 6

Cascade

Communication Training

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.

Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions.*
- *"Identify successful strategies to improve communication."*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *"Differentiate the importance of non-verbal communication and active listening."*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B C D

17.00

End



Friday 14th October

CSL BDH

Day Session

09.30

Endodontics Hands On - Part 1

CPD Hrs = 6

Andy McRobert

GDP

To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A B C D

16.30

End



Thursday 20th October

CSL BDH

Morning Session

09.30

Oral Surgery - Hands On

CPD Hrs = 6

Kaushik Paul

GDP

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- *Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients*

Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

GDC Outcomes: A B C D

12.30

End



Friday 28th October

SR1 BDH

Day Session

09.30

Milestone 1 - Emergency Case Presentation

CPD Hrs = 6

Rob Richardson

TPD

This session will be used for Foundation Dentists to present their Milestone 1 case.

Objectives

- *Learn to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision together with improved presentation skills.*

GDC Outcomes: A B C D

16.30

End



Friday 4th November

SR1 BDH

Morning Session

09.30

Dental Emergencies

CPD Hrs = 3

Simon Clarke

GDP

To help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies, causes and types of pain and be aware the role the entire team play in this respect.

Objectives

- *Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.*
- *Evaluate appropriate management strategies for patients that present with dental trauma and pain.*
- *Discuss the need to be confident in liaising with the wider team to help schedule emergency appointments so there is sufficient time to manage them appropriately.*

Learning Content

- *Foundation Dentists will be able to describe how to competently manage commonly occurring dental emergencies, including trauma.*
- *Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.*

GDC Outcomes: A B C D

12.30

Lunch



Friday 4th November

SR1 BDH

Afternoon Session

13.30

Clinical Photography

CPD Hrs = 3

Mike Sharland

Clinical Photographer

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*
- *Recognise the use of the wider team to aid image production of a high standard and how to use software to prepare images for use in presentations and projects.*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.*

GDC Outcomes: A C

16.30

End

Please bring the practice's digital SLR camera with ring flash for this session.



Tuesday 8th November

LT1 BDH

Day Session

09.30

Human Factors Training

CPD Hrs = 6

Black Box Dentistry

Human Factors Training

An interactive day that will allow FDs to appreciate how every individual operates within a system that is subject to Human Factors influence and challenge.

Objectives

- *To introduce Human Factors and theory models.*
- *To demonstrate how Human Factors have proven effective in other quality-critical industries, specifically aviation.*
- *To demonstrate how tools can be used to understand and optimise human performance and reduce the risk of negative outcomes within dentistry.*
- *To facilitate the integration of Human Factors principles into the Dental Team*

Learning Content

- *To understand how human performance can be improved through Human Factors training.*
- *To be able to recognise the relevance and importance of continual professional development.*
- *To be able to recognise and manage workload including mitigating the effects of overload.*
- *Content*

GDC Outcomes: A B C D

16.30

End

Each FD should be accompanied by their usual nurse from the practice.



Friday 18th November

SR1 BDH

Morning Session

09.30

Pain and Anxiety Management

CPD Hrs = 3

Nasser Syed

GDP

To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam.

Objectives

- Define the current standards in conscious sedation in relation to primary dental care.
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia.
- Describe when to refer.

Learning Content

- List the current standards/guidance in conscious sedation in primary dental care.
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring.
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of these drugs and how to act.

GDC Outcomes: A B C D

12.30

Lunch



Friday 18th November

SR1 BDH

Afternoon Session

13.30

Health and Safety in Dental Practice

CPD Hrs = 3

Sukhi Athi

GDP

For participants to increase their understanding and knowledge relating to health and safety in their workplace.

Objectives

- *Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety, and therefore prevent accidents.*
- *State and identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.*
- *"Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances."*

Learning Content

- *Define the key principles and legal requirements that relate to health and safety in the workplace.*
- *Foundation Dentists will be able to explain their own roles with respect to health and safety in their training practice environments.*
- *"Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made."*

GDC Outcomes: A B D

16.30

End



Friday 25th November

CSL BDH

Day Session

09.30

Anterior Composites

CPD Hrs = 6

Louis McKenzie

GDP

To assist Foundation Dentists in choosing which equipment and techniques to employ when directly restoring anterior teeth.

Objectives

- *Evaluate the different composite systems available, the nature of their composition and how this may impact on material selection choice when restoring anterior teeth, alongside application of the knowledge of the anatomy of anterior teeth.*
- *Define current bonding techniques, matrixing systems, techniques for composite build-ups/placement, use of stents, alongside shaping and finishing protocols, to produce a life-like final restoration.*
- *Undertake a series of practical exercises to reinforce protocols associated with direct anterior restorations using a phantom head: class IV restoration and a direct composite veneer.*

Learning Content

- *Critique from improved knowledge and ability, when to use which technique for direct anterior restorations.*
- *To have enhanced practical skills in restoring anterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional and aesthetic restoration.*

GDC Outcomes: A C

16.30

End



Friday 2nd December

CSL BDH

Day Session

09.30

Hands On Crowns

CPD Hrs = 6

Hussein Patanwalal

GDP

To provide Foundation Dentists with an update on contemporary materials, equipment, posture, clinical techniques for the fabrication of final restorations for full coverage crowns.

Objectives

- *Describe the principles involved in the ideal preparations and how to modify techniques when the ideal cannot be achieved.*
- *Identify appropriate use of material choice for each type of preparation.*
- *Undertake a series of practical exercises to reinforce protocols associated with indirect anterior and posterior preparations and provision of temporaries.*

Learning Content

- *Evaluate and critique their own preparations when they return to their training practices.*
- *To have enhanced practical skills in indirect preparations of anterior/posterior teeth, using a variety of techniques and equipment.*
- *Assess material selection for different types of indirect preparations*

GDC Outcomes: A B C D

16.30

End



Friday 9th December

LT1 BDH

Morning Session

09.30

Law and Ethics

CPD Hrs = 6

Leo Briggs

DDU

To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints that may arise alongside ethical dilemmas.

Objectives

- *List the regulations and requirements regarding record keeping and dealing with complaints*
- *Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.*
- *To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice*
- *Describe the processes of the GDCs regulation of the profession.*

Learning Content

- *Produce effective patient records within dental practice.*
- *Implement appropriate complaints handling in general dental practice.*
- *Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team*

GDC Outcomes: A B C D

16.30

End

Save the Children Day - please wear your Christmas Jumper and make a donation.



Friday 16th December

SR1 BDH

Morning Session

09.30

Orthodontics for the GDP

CPD Hrs = 3

Jaspal Panesar

Consultant Orthodontist

This session will use case-based studies to discuss current concepts around orthodontic assessment and treatments.

Objectives

- *Identify how to conduct a thorough orthodontic assessment in general dental practice.*
- *Explain appropriate times to refer to secondary care or specialist practice.*
- *Explore current guidance documents relating to orthodontics.*

Learning Content

- *"Improved knowledge of how to carry out an orthodontic assessment in general dental practice."*
- *Recognise when to follow appropriate referral pathways.*

GDC Outcomes: A B C D

12.30

Lunch



Friday 16th December

SR1 BDH

Afternoon Session

13.30

Paediatric Dentistry

CPD Hrs = 3

Tanika Gohill

Consultant Paediatric Dentistry

The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises.

Objectives

- Review and explore methods and techniques for providing high quality dental care to children from a range of backgrounds.
- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma. Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.
- "List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios."
- Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.

GDC Outcomes: A B C D

16.30

End



Calendar 2022-2023

September 2022

Thursday 1st September

Skills Refresher

Friday 2nd September

FD Induction

Friday 9th September

[Regional Induction](#)

Friday 16th September

Course Work / NHS GDS Regulations

Friday 23rd September

Treatment Planning

Friday 30th September

A Practical Guide to Filling Teeth

October 2022

Friday 7th October

Review Induction Materials and Update ePortfolio

Wednesday 12th October

Communication

Friday 14th October

Endodontics Hands On Part 1

Thursday 20th October

Oral Surgery Hand On

Friday 21st October

[Statutory and Mandatory Training / Mental Capacity Act](#)

Friday 28th October

Milestone 1 - FD Emergency Case Presentations

November 2022

Friday 4th November

Dental Emergencies / Clinical Photography

Tuesday 8th November

Human Factors in Dental Practice

Friday 11th November

[Brief Interventions / MECC / BDA Oral Cancer Toolkit](#)

Friday 18th November

Pain & Anxiety Management / Health & Safety

Friday 25th November

Anterior Composites

December 2022

Friday 2nd December

Hands On Crowns

Friday 9th December

Law and Ethics

Friday 16th December

Paediatric Dentistry/Ortho for the GDP

Friday 23rd December

[Script](#)

Friday 30th December

[Preparation for MS2](#)

January 2023

Friday 6th January

[Audit/eLiFT](#)

Friday 13th January

[Audit/eLiFT](#)

Friday 20th January

[Audit/eLiFT](#)

Friday 27th January

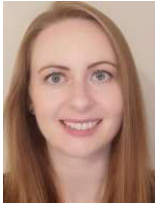
[Audit/eLiFT](#)

February 2023

Friday 3rd February	In Practice
Friday 10th February	In Practice
Friday 17th February	Endodontics Hands On Part 2
Friday 24th February	In Practice
March 2023	
Friday 3rd March	Complete Dentures
Friday 10th March	Periodontology and Implants
Friday 17th March	Occlusion
Friday 24th March	Milestone 2 - FD Endodontic Case Presentations
Friday 31st March	In Practice
April 2023	
Friday 7th April	Good Friday
Friday 14th April	In Practice
Friday 21st April	Indirect Adhesive Restorations
Friday 28th April	In Practice
May 2023	
Friday 5th May	In Practice
Friday 12th May	Preparation for MS3
Friday 19th May	In Practice
Friday 26th May	In Practice
June 2023	
Friday 2nd June	In Practice
Friday 9th June	Milestone 3 - FD Case Presentations
Friday 16th June	In Practice
Friday 23rd June	Finance, Accounts and Contracts
Friday 30th June	HEE Midlands and East Showcase
July 2023	
Friday 7th July	CGDent Annual Symposium - Managing Tooth Wear
Friday 14th July	In Practice
Friday 21st July	In Practice
Friday 28th July	In Practice
August 2023	
Friday 4th August	In Practice
Friday 11th August	In Practice
Friday 18th August	In Practice
Friday 25th August	In Practice



Educational Supervisors and Foundation Dentists



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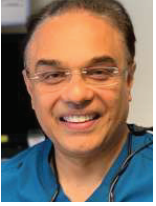
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Birmingham and the Black Country Scheme Buddy ES Pairings 2022-2023

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Sharon Jose;	Aisha Awan, NazimDad;	Ronak Osnman, David Law;
Lewis O'Callaghan;	Mohammed Binamin;	Abhi Pal, Fatimah Jawaid;
Mahdis Seghatchi;	Harpreet Chowlia;	Cyrus Parvis;
Wesaal Uriakhil;	Abid Hussain;	Ralitsa Patanwala, Hussein Patanwala;
Rahma Anis;	Isabel Kane;	Anjum Saghir, Jatinder Sidhu;
Beant Thandi;	Nicola Kavanagh, Damian Kavanagh;	VijaySudra;
Amman Shergill;	Arvinder Khatkar, Shirley Leung ;	Ramandeep Uppal;
Kamron Dalvair;	Amit Kohli;	Prasad Vishnupurikar;
Amario Chander;	Ronak Osman, David Law;	Aisha Awan, Nazim Dad;
Umber Khan;	Abhijit Pal, Fatimah Jawaid;	Mohammed Binamin;
Sushanto Chanda;	Cyrus Parvis;	Harpreet Chowlia;
Fiona Moore;	Ralitsa Patanwala, Hussein Patanwala;	Abid Hussain;
Muneet Rai;	Anjum Saghir, Jatinder Sidhu;	Isabel Kane;
Meena Samra;	Vijay Sudra;	Nicola Kavanagh, Damian Kavanagh;
Deip Sohal;	Ramandeep Uppal;	Arvinder Khatkar, Shirley Leung;
Hassan Khan;	Prasad Vishnupurikar;	Amit Kohli;



List of Mandatory E-Learning

As part of your Foundation training year within the Midlands and the East of England Regions you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

This takes you to a portal which leads to the **Midlands and East - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module, this information will be passed to your e-Portfolio but you may wish to download a completion certificate for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins

BDA & Cancer Research UK Oral Cancer Recognition Toolkit

https://www.doctors.net.uk/eclientopen/cruk/oral_cancer_toolkit_2015_open/

Although this topic may be covered in a study day, the toolkit is very valuable, and it is advised this is still completed irrespective of a scheme running an oral cancer study day. The completion certificates should be uploaded to your e-Portfolio

Module Completion by FRCP

BDA-CRUK Oral Cancer Recognition Toolkit 3 hours

List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the webpage and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient Assessment Methods and Techniques
Good Practice Health Promotion and Disease Prevention
Patient Assessment Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry Medical Emergencies In Dentistry

3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain Mediators of Central Pain
Dental Local Anaesthesia Dental Local Anaesthetic Technique
Management of Dental Pain Non-Pharmacological Anxiety Management
Intravenous Sedation Inhalation Sedation
Dental General Anaesthesia

4 Periodontal Disease and Management

Aetiology of Periodontal Disease
Periodontal Diagnosis and Determination of Prognosis Periodontal Treatment Options
Patient Education and self-Performed Plaque Control Non-Surgical Periodontal Therapy
Surgical Periodontal Therapy

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment Exodontia
Surgical Dentistry Advanced Trauma Life Support (ATLS)

Management of Un-Erupted, Impacted, Ectopic Management of Benign Soft Tissue lesions and Supernumerary Teeth

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies Odontogenic Infections

Management of Oral Mucosal Diseases Craniofacial Pain Disorders

Neoplastic and Non Neoplastic Disease of the Head and Neck

7 Management of the Developing Dentition

Orthodontic Indices Assessment for interceptive Treatment

Space Maintenance Simple Removable Appliances

Oral Habits and Occlusal Trauma in the Mixed Dentition

Emergency Care and Management of Orthodontal Problems

Contemporary Orthodontics Normal Facial Growth and Dental Development

Abnormalities of Facial Growth and Dental Development

8 Restoration of Teeth

Caries Restoration of Permanent Teeth

Crowns Restoration of Deciduous Teeth

Aesthetic Dentistry Dental Biomaterials

Tooth Surface Loss Endodontics

Dental Trauma

9 Replacement of Teeth

Bridgework Occlusion

Complete Dentures Partial Dentures

Implantology Miscellaneous

10 Communication

Patient and the Family Teamworking

Other Professionals

11 Professionalism

Ethics Self

The Clinical Team and Peers

12 Management and Leadership

The Need for Effective leadership and Management Quality in Healthcare

Risk Management Self-Management

Change Management Managing a Business

Healthcare Systems Professional Practice

Management and Leadership

13 Sustainable Dentistry

Introduction to Sustainable Dentistry Measuring carbon in Healthcare



e-LIFT Project

2022-2023

Project `e-LiFT' stands for Evidence-linked Learning in Foundation Training. This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four modules underpinned by evidence of their own work completed in the training practice. The modules are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

The reflective learning exercise for each module, allows for flexibility for the FD to hone in on specific learning or development points that have influenced them the most in their training year. Each of the modules will entail reflective writing amounting to 1000 - 1250 words, each module supported by 4- 6 pieces of evidence.

Guidance documents and templates are available on the website at:

<https://heeoee.hee.nhs.uk/node/2567>

The modules will be assessed by anonymous ESs using the APLAN platform. All four Modules are to be completed and uploaded to APLAN **7th April 2023**. You will be notified of the date of the start of the submission period; there is no room for late submission of cases or feedback reviews.

If you have any further queries please contact your TPD.



Milestones and APLAN

2022-2023

Milestones and APLAN

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2 Upload Deadline 13th January 2023

Milestone 3 Upload Deadline 19th May 2023

You will be notified of the date of the start of the submission period; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Birmingham and the Black Country 2022-2023

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further support that can be obtained from the Regional Trainee Support.

Contacts for Support

Training Programme Director

Robin Richardson

Phone: 07736629872

Email: robin.richardson@hee.nhs.uk

Email: DentalTraineeSupport.ME@hee.nhs.uk



Claiming Travel and Subsistence

2022-2023

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be submitted on the appropriate form issued by your TPD. This form should be fully completed, easily readable, and signed by your TPD who will check all claims are valid. They will also cross through any incomplete lines to stop any claims being added after signing.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Note that the mileage calculated from the home address to venue will be adjusted by NHS England once your form is submitted to them. Your usual mileage from your home to the dental practice will be deducted from the amount (you do not need to enter this separately on the form, NHS England will calculate this).

(Current mileage rate = £0.24 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

FDs should travel only by second class if they travel by rail and should attach tickets or receipts to their claim forms.

Taxis should not be used and cannot be claimed - if their use is required due to particular circumstances then the reasons need to be discussed with the Postgraduate Dental Dean, or Deputy, and you will need to get approval in advance, in writing, and provide it with the claim form.

Within Midlands & East overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

All claim forms must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense. False claims are fraudulent and may be investigated by the NHS England Area Team, with onward referral to NHS Fraud Investigators and/or the GDC.

Claims must be submitted within 3 months of the event and receipts must be included for all travel, meals and car parking. Trainees are advised keep a copy of the claim form and the submitted receipts, and to send claim forms by signed delivery service (you may not claim this postage cost) or email.

Claim forms should be sent Completed Claim forms should be submitted to the BSA via your BSA Compass login. You can access an information leaflet about this from here:

http://www.copdend.org/dft handbook/FD_Handbook/The_Scheme/T_-_S_Expenses/FD_Travel_and_Subsistence_claims_via_Self_Service_in_Compass.pdf

Your payments will appear on the training practice BSA schedule and your Educational Supervisor will pay them to you as non-taxable expenses.



Audit Project

2022-2023

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2022-2023

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmial account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.



Speakers

Autumn Term 2022-2023

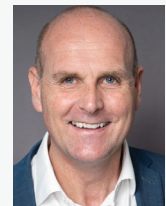
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