NHS England

**Deferral Request Form – Midlands Region**

The [Gold Guide](https://www.copmed.org.uk/gold-guide-7th-edition/the-gold-guide-7th-edition) states that: "...The start of training for foundation, core and specialty training may normally only be deferred on statutory grounds (e.g. maternity/paternity/adoption leave, ill health). For the Defence Medical Academy only, training may also be deferred to meet Defence Medical Services operational requirements.”

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| **Personal Information *(Completed by Applicant)*** |
| Surname: |  | Forename: |  |
| GMC/GDC No. |  | Contact number: |  |
| Email Address: |  |
| Do you require a Skilled Worker visa from HEE to commence your training programme? *If ‘Yes’ please also notify* *england.sponsorship@nhs.net* *of your request to defer* | Yes / No |

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| **Appointment Information *(Completed by Applicant)*** |
| Specialty appointed to: |  |
| Grade appointed to start at: |  |
| Date offer received: |  |
| Start date stated in offer: |  |

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| **Deferral Request *(Completed by Applicant)*** |
| Requested deferred/new start date: |  |
| Reason for deferral:*(Please highlight one reason)* | Statutory parental (maternity/paternity) leave: *Please include start and end dates and provide copy of MatB1 form*Statutory sick leave: *Please indicate current return to work date and provide letter from GP or OH*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Other (please specify): |
| Please provide further information about your reasons for requesting a deferred start date: |

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| **Trainee Declaration *(Completed by Applicant)*** |
| I am requesting Dean approval to defer the start of my training programme as detailed above. I understand that:* If my request is not approved (rejected), I must commence my training programme on the start date stated in my offer letter **or** resign/withdraw from the training programme. *(GPs may defer their score)*
* If I resign from the training programme, I may be required to work a period of notice by the employing organisation for my first placement. To re-enter training, I will need to re-apply in open competition.
* Extensions to the approved deferral period will require submission of an additional Deferral Request Form and approval.
* The placement/rotation originally allocated to me may not be available to me when I start my training programme. I may be allocated to any placement within my appointed programme at the discretion of the Training Programme.
* Where applicable, I will not be issued with my National Training Number (NTN) until I reach the agreed deferred start date and commence my training programme.
* I must inform the Programme Support Team if my contact details change at any point during the deferral period.
* *GP Trainees only*: Where Step-on Step-off training applies I accept I am required to confirm a date for the start of the deferred Programme at least six months before the planned start date; or a minimum of three months’ notice where the duration of the period out of programme is less than six months.
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| Signature: |  | Dated: |  |

Please return this form to:

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| Foundation | england.foundationprogrammes.midlands@nhs.net |
| GP  | gpprogrammes.em@hee.nhs.uk |
| Secondary Care | england.secondarycareprogrammes.midlands@nhs.net |
| Public Health | england.publichealth.midlands@nhs.net  |
| Academic | england.academicprogrammes.midlands@nhs.net |

**Programmes Team – *Office Use Only:***

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| **Decision (Completed by Associate Postgraduate Dean/Foundation School Director)**  |
| **REQUEST APPROVE / NOT APPROVED\*** \*Circle as appropriate |
| Name / Signature: |  | Dated: |  |
| Approved Start Date: *(if differs from request)* |  |
| Any other Comments: |  |

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| **Process/Check** | **Tick** |
| Excel spreadsheet/tracker updated |  |
| Evidence Required/Received and tracker updated |  |
| *If applicable*: Sponsorship team notified |  |
| Recruitment team Updated and re-offer made if required |  |
| E-mail sent to trainee confirming new start date |  |
| Training Programme Director (Or Associate/Manager) notified |  |