

Survive and Thrive

at the virtual
'Doctors Mess'

National Guardian
Freedom to Speak Up

“Freedom to Speak Up is not just for COVID”

A workshop by

Dr Henrietta Hughes OBE FRCGP
National Guardian for the NHS

9th June 3.30-4.30 and 11th June 6.30-7.30

We are a group of compassionate and positive medical educationalists, coaches and appraisers running twice weekly small groups and CPD on Zoom to help doctors to flourish. There will be a Doctors mess on both these evenings alongside the workshop so there is an opportunity to attend both the workshop and mess this week should you wish to.

Every Tuesday at 3.30-4.30 and Thursday 6.30 – 7.30 since April 2020

In order to receive updates and Zoom links email contactdoctorsmess@gmail.com with your GMC number, name and email to be part of this *confidential* safe and welcoming space.

This Doctors Mess is run on a voluntary basis by a group of passionate doctors who aim to provide a "Doctors Mess " as a safe place to share and re-energise. It was set up and sponsored by RVA, a not for profit organisation and is supported by NHS England.