

DUDLEY GROUP OF HOSPITALS NHS TRUST

**ORAL AND MAXILLOFACIAL SURGERY
DENTAL CORE TRAINEE DETAILED POST DESCRIPTION
TIMETABLE & RELEVANT INFORMATION**

Updated 29/01/2024

Introduction

The Dental Core Trainee timetable at Dudley Group of Hospitals promotes active clinical and surgical participation in all areas of the oral and maxillofacial specialty. Emergency cover at junior DCT level in OMFS is done during the day at Russell Hall Hospital in combination with New Cross Hospital at Wolverhampton for long days and nights.

DCTs working for DGH will be covering emergency cover at New Cross Hospital (Long day) from 08:00 hrs to 18:00 hrs according to 1:8 rota shared with the DCTs based at Royal Wolverhampton NHS Trust (New Cross Hospital)

One of the DCTs from New Cross Hospital will come to RHH to replace the DCT from RHH that is doing the long day. The DCT from NC will hold the bleep at RHH from 8:00 hrs to 17:00 hrs. The person in charge of the bleep at RHH has the responsibility to attend any ward call or A & E call as requested, also answer any telephone calls from GPs and GDPs, however, if there is no emergency call he/she still has to attend theatres sessions and OPD clinics depending on the day of the week.

The DCTs working for Dudley Group of Hospitals are not supernumerary; juniors are part of the OMFS team and will have a quota of patients in accordance with each consultant's clinic template and are expected to participate actively GA theatre sessions.

Trainees have responsibilities to participate in our Minor Procedure Room suite (MOS) sessions. (There will always be on site support and backup from middle grades and consultants) It is our duty to train all DCTs equally to achieve a level experience and confidence to work independently in Oral Surgery and familiarise with maxillofacial procedures.

It is mandatory that DCTs attend theatre's surgical lists and be expected to participate in ward rounds of surgical patients, be present in the theatre's briefings as well as assisting and performing some procedures under direct supervision in theatres lists. DCTs will be responsible for filling out discharge letters (TTOs), prescribing the medications in drug charts, discharging patients from the wards.

Annual and study Leave

We run on a strict rule of two (2) DCTs on site always. This rule exceptionally has been broken due to same day sickness of one of the trainees or other very special circumstances. Annual leave and study leave will be granted always in accordance to Trust policies of 8-6 weeks in advance and arrangements of prospective cover. There is a pre-request form that will have to be filled and countersigned by all other DCTs in order to request formal annual leave and study leave. More than 2 weeks of consecutive annual leave cannot not granted. Special circumstances can be

discussed for approval. Leave will be granted only if the two DCT on site rule is not broken or if cover is arranged internally. The Trust does not fund locums as product of annual leave at any level.

Sick leave

Sick leave will be granted in accordance to Trust's policies for sick leave. All sick leave absences will require direct notification (telephone call) to Medical workforce officer in RHH. No indirect notifications by another colleague email and/or text messages are accepted. A post sick leave return to work interview is required for every sick leave episode.

Other type of leave will be considered in accordance to Trust policies.

TIMETABLES

Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|---------------------------|--------------------|----------------------------|----------------------------|-----------------------|
| AM | IV sedation Mr Bruzual | Pre- assessment | OPD Clinic Miss Mahon | Theatres RHH Miss Mahon | Theatres Mr Grew |
| PM | OPD Clinic Mr Bruzual | Pre- assessment | Biopsy clinic/ teaching | Theatres RHH Mr Mahon | OPD Clinic Mr Grew |

Week 2

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|--------------------------|--------------------|----------------------------|----------------------------|-----------------------|
| AM | OPD Clinic Mr Grew | Pre- assessment | OPD Clinic Mr Bruzual | Theatres RHH Mr Bruzual | Theatres Mr Grew |
| PM | OPD Clinic Miss Mahon | Pre- assessment | Biopsy clinic/ teaching | Theatres RHH Mr Bruzual | OPD Clinic Mr Grew |

Week 3

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|----------------------------|--------------------|----------------------------|----------------------------|----------------------------|
| AM | OPD Clinic Mr Grew | Pre- assessment | Minor Procedure room | Theatres Mr Bruzual | Minor Procedure room |
| PM | Minor Procedure room | Pre- assessment | Minor Procedure room | Minor Procedure room | Minor Procedure room |

Week 4

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|----------------------|----------------------|----------------------|------------------------|----------------------|
| AM | Emergency Clinic | Minor Procedure room | Minor Procedure room | Theatres Mr Bruzual | Minor Procedure room |
| PM | Minor Procedure room | Minor Procedure room | Minor Procedure room | Minor Procedure room | Minor Procedure room |

Timetable description:

MONDAYS

Mr Grew's Clinic - 9:00 to 12:00

Run by Specialty Doctor and one DCT.

Held at RHH / B6 OPD - first floor.

Mr Bruzual's Minor Procedure Room (MRR) IV sedation surgical list 9:00 to 12:00

Run by Consultant (Mr Bruzual) and Oral Surgery Specialty trainee and DCT.

Held at RHH / Oral and Maxillofacial Unit, Ground floor – Minor Procedure room.

OMFS Emergency clinic

Run by Specialty doctor and DCT (Bleep).

Held at RHH / Oral and Maxillofacial Unit, Ground floor – Minor Procedure room.

Mr Bruzual's - Oral Surgery Clinic - 13:00 to 14:30

Run by Mr Bruzual, Specialty doctor and DCT.

Held at RHH / Oral and Maxillofacial Unit, Ground floor.

Mr Grew's Minor Procedure Room (MRR) IV sedation surgical list / 13:00 to 17:00

Run by Specialty Doctor and DCT.

Held at RHH / Oral and Maxillofacial Unit, Ground floor – Minor Procedure room.

TUESDAYS

Miss Mahon's Clinic. Wisdom teeth clinic - OMFS Department - Ground floor - 9:00 to 12:30

Run by Specialty doctor and/or DCT.

Miss Mahon's OMFS Clinic. OMFS Department - Ground floor – 13:00 to 16:30

Run by OMFS Specialty Trainee and/or Specialty doctor.

IV sedation pre-Assessment Clinic - OMFS Department - Ground floor 9:00 to 12:00 and 13:00 to 16:30

Run by DCTs and nurses.

Minor Procedure Room (MRR) IV sedation surgical list 9:00 to 12:00 / 13:00 to 17:00

Run by Specialty Doctor and DCT.

Held at RHH / Oral and Maxillofacial Unit, Ground floor – Minor Procedure room.

WEDNESDAYS

Weekly Consultant lead clinics

Mr Bruzual's Clinic - RHH / B6 OPD second floor - 8:30 to 13:00

Run by Consultant and Specialty doctor.

Miss Mahon's Clinic - RHH / B6 OPD second floor - 8:30 to 13:00

Run by Consultant, Specialist Registrar and Specialty doctor.

Minor Procedure Room (MRR) IV sedation surgical list 9:00 to 12:00 17:00

Run by Specialty Doctor and DCT.

Held at RHH / Oral and Maxillofacial Unit, Ground floor – Minor Procedure room.

Biopsy clinic - OMFS Departmental Ground floor Minor procedure room – Run by Specialty doctor and / DCT 13:00 to 14:40

OMFS Departmental teaching - Educational Centre at Russells Hall Hospital or Postgraduate Centre at Russell Hall Hospital 14:45 to 17:00**

** The DCT holding the bleep has to attend / is allowed to leave if called.

THURSDAYS

Ward round - for Main Theatres patients - Meeting point / Day Case at Russells Hall Hospital 7:45 to 8:00

Miss Mahon - Main theatre 6 list - Second floor 8:00 to 17:00 alternative weeks.

Mr Bruzual's Main theatre 6 list - Second floor 8:00 to 17:00 alternative weeks.

Ward round - in-patients 16:30 to 17:00.

Specialty doctor's LA Minor procedure room session - Ground floor OMFS Department

13:00 to 16:30

FRIDAYS

Ward round - Meeting point / B5 station 3 of any inpatients or round of surgical patients / Day Case at Russell's Hall Hospital 7:45 Run by Specialty doctor and DCT

Russell Hall Hospital

Mr Grew's - RHH / Day Case theatre 2 list - Second floor AM 8:00 to 12:30.

Mr Grew's Clinic - RHH / B6 second floor 13:00 to 16:30.

Minor procedure room.

8:00 to 12:30.

13:30 to 16:30.

Description of elective surgical activities

Monday's MPR LA-IV sedation session

This is a weekly consultant lead surgical list that runs every Monday. It is an all day surgical list under IV sedation. Complex dento-alveolar cases will be done in this surgical list. DCTs are encouraged to participate as assistants, supervised operators and sedationists. DCTs are encouraged to take formal training in sedation by completing certified courses.

Tuesday's MPR LA session

This is a weekly specialty doctor lead surgical list that runs every Tuesday. It is an all-day surgical list local anesthesia. Dento-alveolar cases will be done in this surgical list. DCTs are encouraged to participate as assistants and supervised operators.

Wednesdays', Thursdays' LA Minor Oral Surgery (MPR) sessions

This is a weekly list at the OMFS Department at Russell Hall Hospital ground floor. The list is lead by one of the DCTs. This is a half day LA session starting at 8:00. DCTs will be expected to perform under minimal or no supervision. Supervision will be available from middle grades or other DCTs with higher level of experience.

Procedures done in this session include:

- Simple extractions
- Surgical extractions of roots and grossly decayed teeth

Thursdays' weekly GA list – Miss Mahon / Mr Bruzual Main theatre 2 list Russell Hall Hospital (second floor)

This is a GA surgical list done on a weekly basis at RHH every Thursday. A DCT will always attend and be expected to participate assisting and performing surgical procedures with direct supervision of a consultant, specialty doctor or consultant.

The meeting point is Day Case ward at 7:45 AM at RHH second floor to see all adult patients for this list. Children are admitted in C2 (Children's ward located in the third floor. Children are seen after the adults as they get admitted at 8:00 AM.

In this list DCTs will expect to see complex dento-alveolar cases as well as maxillofacial procedures such as:

- Osteotomy cases (orthognathic surgery)
- Mayor salivary gland surgery
- Enucleation of mandibular and maxillary odontogenic cysts and tumours
- Temporo-mandibular arthrocentesis and open surgery.
- Minor head and neck procedures
- Children's elective surgical procedures are done only at RHH in the Thursday and Friday morning list
- Maxilla-Mandibular reconstruction (non oncologic)

Fridays' weekly MPR

In this list you will expect to see complex dento-alveolar cases as well such as:

- Complex impaction of third molars
- Apicectomies and retrograde filling
- Impacted canines
- Multiple surgical extractions in anxious patients
- Intraoral biopsies

Fridays' weekly GA list - Consultant: Mr Grew - RHH Day Case Unit, theatre 2

This is a 5 to 6 patient surgical list done on a weekly basis at Russells Hall Hospital every Friday. A DCT will always attend and be expected to participate assisting and performing surgical procedures with direct supervision.

The meeting point to see and asses adult patients for this clinic is Day Case in second floor. Children are admitted in C2 (Children's ward located in the third floor. Children are seen after the adults as they get admitted at 8:00 AM.

In this list you will expect to see complex dento-alveolar cases as well such as:

- Complex impaction of third molars
- Apicectomies and retrograde filling
- Impacted canines
- Multiple surgical extractions in anxious patients
- Intraoral biopsies
- Minor head and neck procedures
- Head and Neck / Oral cancer biopsies

Medical and Dental Staff

Consultants:

Russells Hall Hospital:

Mr NR Grew – Consultant Oral/Maxillofacial, Head and Neck
 Mr L Bruzual – Consultant Oral Surgeon
 Miss N Mahon – Consultant Oral/Maxillofacial, Head and Neck
 Dr Basheer Dawood – Consultant Orthodontist
 Dr Luis Marval – Locum Consultant Orthodontist
 Dr Ayesha Hammad - – Locum Consultant Orthodontist

New Cross Hospital:

Mr NR Grew – Consultant Oral/Maxillofacial, Head and Neck
 Mr N Pigadas – Consultant Oral/Maxillofacial, Head and Neck
 Mr K Rehman – Consultant Oral/Maxillofacial, Head and Neck
 Mr S Shetty – Consultant Oral/Maxillofacial, Deformity
 Miss N Mahon – Consultant Oral/Maxillofacial, Head and Neck
 Mr J Prabhu - Consultant Orthodontist

Junior Staff:

New Cross Hospital:

OMFS Specialist Trainee: 3
 Specialty Doctors: Miss C Perez
 Dental Core Trainees: 5

Russells Hall Hospital:

OMFS Specialist Trainee: 1
 Specialty Doctors:
 Mr Imran Syed
 Miss Jyoti Rehsi
 Dental Core Trainees: 4