



Health Education England

Hello!

Hi there

I mentioned in my last update that we would be changing the way we communicate with you. This message is being sent to you using Pure 360. There are several reasons why we are using this system - it works better on mobile devices, and we can send it to a large number of people in one go! I hope you like this new format. As usual, please feel free to provide [feedback](#) on these bulletins.

In this update:

- Individual Covid-Recovery Training Plans
- Quick Update - Careers Mailbox is now Midlands-wide!
- Leadership and Management update
- Chief Sustainability Officer's Clinical Fellow Scheme
- Doctors for the NHS Essay Prize 2021
- Covid 19 Pandemic - International Response
- Study Leave - we're showing other regions what we do here!

That's a lot of information in one bulletin!

With best wishes.

Gerard O'Reilly
Regional Faculty Support Lead

Individual Covid Recovery Training Plans

From Dr Iain Dods, Associate Postgraduate Dean

As the immediate threat of Covid in the UK diminishes, HEE is accelerating plans to ensure that training is at the forefront of NHS service recovery. Some specialities have been more affected than others, especially the so-called 'craft' specialities. Each school is refining recovery plans to ensure training is restored as fast and fully as possible.

The individual one to one training recovery meeting you will have with your educational supervisor is of chief importance in these plans. This meeting may be incorporated as part of your mid-placement review but should be recorded as a separate event in your portfolio.

These meetings allow a full discussion of your individual training and wellbeing needs. The effects of any redeployments and/or lost training opportunities can be discussed to inform a bespoke individual recovery plan. Specific signposting to a local provider

Wellbeing Lead or national resource may be appropriate. Escalation to the Training Programme Director may be necessary to develop an understanding of any areas of capability/confidence gap areas that may require additional support or training time.

From these meetings, both trainees and trainers will gain a better understanding on training needs for the individual and speciality programme. There will be a clearer understanding of where to seek wellbeing support and whether additional training time is likely to be required.

The [Midlands' Charter](#) recognises the determination of providers to restore and reset education and training and to establish the Midlands region as a beacon for postgraduate education. If your Trust has not yet signed up to this pledge then please discuss at your Trust junior doctor forums what support is being given to enhance your training and wellbeing.

Quick Update: Careers

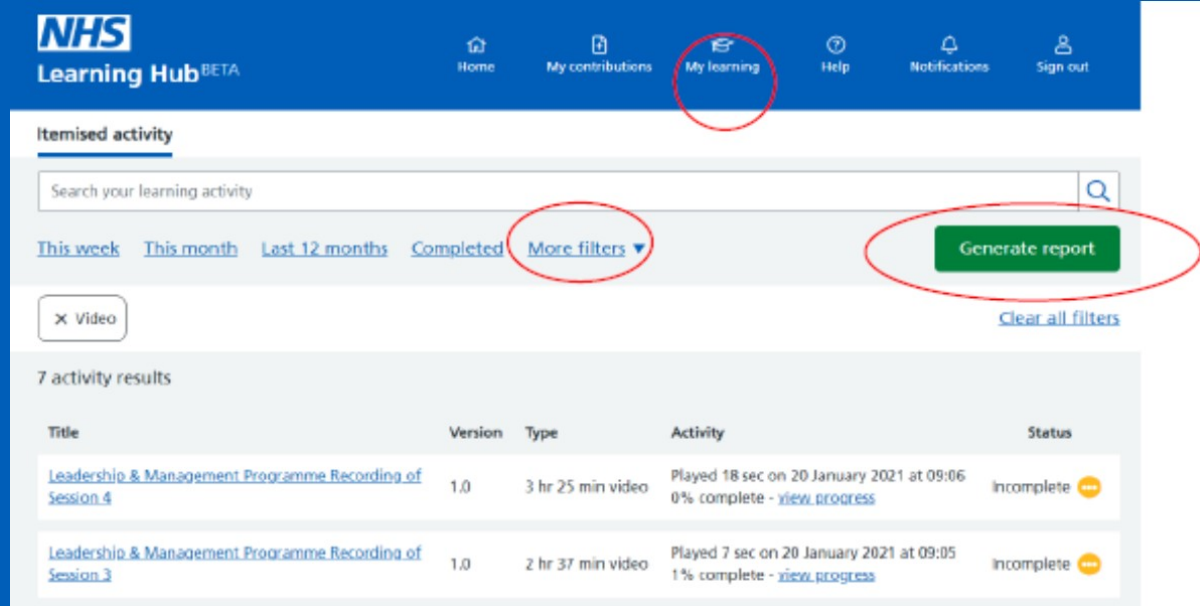
We now have a single email address for Careers across the Midlands! Messages sent to the old East or West accounts are now routed to this new regional account.

Careers.Midlands@hee.nhs.uk

Doctors for the NHS Essay Prize 2021

For more information about this prize, click on the banner above, or copy and paste the link shown below:

<https://www.doctorsforthenhs.org.uk/essay-competition-2021/>



The screenshot shows the NHS Learning Hub interface. The top navigation bar includes the NHS Learning Hub logo and several icons: Home, My contributions, My learning (circled in red), Help, Notifications, and Sign out. Below the navigation bar, the 'Itemised activity' section is visible. It features a search bar for learning activity and a filter menu with options: This week, This month, Last 12 months, Completed, and More filters (circled in red). A green 'Generate report' button is also circled in red. A 'Video' filter is active, and there is a 'Clear all filters' link. The main content area displays '7 activity results' in a table format.

Title	Version	Type	Activity	Status
Leadership & Management Programme Recording of Session 4	1.0	3 hr 25 min video	Played 18 sec on 20 January 2021 at 09:06 0% complete - view progress	Incomplete
Leadership & Management Programme Recording of Session 3	1.0	2 hr 37 min video	Played 7 sec on 20 January 2021 at 09:05 1% complete - view progress	Incomplete

Leadership and Management Update

Update from Dr Toby Delahooke, Associate Postgraduate Dean:

In the last week, many trainees have been frustrated that they have not been able to book onto recently released dates for virtual sessions on the East Midlands Leadership and Management Programme (EMLMP). It is a situation that we are acutely aware of and acknowledge the stress it has caused. This message outlines how we propose to deal with this issue.

Capacity was always going to be a problem for the course as it is available to all trainees (post-Foundation) - around 3000. We currently have a faculty of around ten facilitators. We have tried to improve the situation by reducing the course from twelve half-day sessions to five in total.

We are also going on a post-Covid recruitment drive for facilitators. We have asked for the support of educators in every programme as it is their trainees that will benefit.

To deal with the immediate problem, we have made available on the [NHS Learning Hub](#) (free to register) the following:

- Videos of each of the four Year 1 sessions. These have been edited to about 1-1.5 hours each, in roughly 20-30 minute sections.
- Slide packs of Year 1 content to download.
- Slide packs of Year 2 content to download, as we realise that the Trusts have struggled to provide this in the last year due to Covid.

For those trainees that need to access the training before CCT in the summer, or are keen to get on with this part of the programme, we suggest you watch these videos and go through the slide packs in a self-directed approach. Whilst we know that this is an inferior experience to the (virtual) attendance at the sessions, as you miss out on the breakout sessions/discussions, it does cover all the content. Once you have watched the videos all the way through, you should go to "My Learning" tab at the top of the screen and filter for the videos. A report can be generated and uploaded to your

ePortfolio. A screenshot of the Learning Hub page is provided at the top of this article.

Next, you should write a reflective entry in your ePortfolio that should be reviewed by your Educational Supervisor when discussing leadership training as you come up to your ESR for ARCP. As adult learners, you should be able to take responsibility for recording what you have or have not done, as this is a matter of professionalism and probity.

Do remember we have emphasised that leadership training is more about what you do in your day job than simply attending a course at the end of their training to tick that box. The '[Leadership Conversations](#)' document that we give to you all, sets out this approach very clearly and is supposed to be used by you and your Educational Supervisor to assess your progress. It is also why we have never stated that attending the EMLMP is mandatory for CCT. We have highlighted all the above to your Educational Supervisors, Training Programme Directors and Heads of Schools.

That is not to say that we are not keen to get what we are offering to as many trainees as possible, in as flexible a way as possible. Those of you that have attended have given us excellent feedback, even when we have had to move it online due to Covid.

Finally, we have recruited a Leadership Fellow from the summer to work on developing a full eLearning offering, with an assessment, as an alternative to the course covering the same content. In the end,

with a mixture of all these approaches with some flexibility from us and from you, we might be reach universal coverage.

Kind regards

Dr Toby Delahooke
Associate Postgraduate Dean

Chief Sustainability Officer's Clinical Fellow Scheme (closes 2023)

New fellowship seeks aspiring Clinical Leaders with a passion for the environment

The Chief Sustainability Officer's Clinical Fellow scheme presents a career defining opportunity for clinicians with a particular interest in sustainability and carbon reduction within our health service.

This scheme will grant clinical fellows with the unique chance to work on the new Green National Programme with a broad remit of delivering a net zero health service and learning how sustainability and carbon reduction principles align with delivering high quality care and patient wellbeing.

One of the biggest potential opportunities for carbon reduction comes from embedding sustainable approaches into the way that care is designed, developed and delivered across the health system and embedding digital technology into service development. This will involve using sustainability as an additional factor in care design.

The scheme is open to following professional groups that meet the essential eligibility requirements:

- Allied Health Professionals
- Doctors in training
- Nurses
- Midwives
- Public Health Specialist Registrar Trainees

Doctors must have completed both years of foundation training and not have gained a Certificate of Completion of Training (CCT). Nurses, midwives, and allied health professionals must have experience at team leader level equivalent to an NHS Band 7 role. All applicants must also meet the eligibility criteria outlined in the information pack available on the FMLM website.

Clinical fellows will meet regularly with senior members of the Greener NHS team, wider teams and key partners such as the Royal Colleges, to reflect on their learning and support the development of Greener NHS programmes.

Successful candidates will be employed directly with host organisations by way of a full-time secondment for 12 months and will begin their clinical fellowship on 1 September 2021, or 1 August 2022.

[Applications](#) opened on Friday 30 April 2021 and will close on Monday 24 May 2021.

Covid 19 Pandemic - International Response

This message is from:

- Dr Jonathan Corne, Postgraduate Dean
 - Dr Nigel Scarborough, Primary Care Dean
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- Dr Rob Powell, Secondary Care Dean

As some semblance of normality tentatively returns to society in the United Kingdom, we can see from events in the news that this pandemic is far from over in the world.

For some, the impact of Covid has diminished. For others with families, friends and colleagues in effected parts of the world the impact is currently more acute, personal and distressing. As the situation improves in the UK, we would like to reassure you that we remain committed to supporting those who are affected by events abroad. There are a number of resources available at [Covid-19 Support](#) and more direct support is available from the PSW unit. If this difficult situation is impacting on your training, then please do discuss this with your educational supervisors.

For all of you, please take time to look after your colleagues with families who are affected. We need to look after ourselves as people and professionals, ask people how they are doing and whether their families are safe and well.

Some of you may wish to offer practical support. The links below are examples of how you may wish to do this:

- [Send colleagues in affected areas the link to HEEs free online covid learning resource](#)
- Donate to charities supporting the Covid response worldwide eg [Disasters Emergency Committee](#), [UNICEF](#)

- Offer support through the International Doctors' Associations and Communities including but not exclusively (listed alphabetically):
- [Association of Pakistani Physicians and Surgeons \(UK\)](#)
- [British Association of Physicians of Indian Origin \(BAPIO\)](#)
- [British International Doctors Association](#)
- [Medical Association of Nigerians across Great Britain \(MANSAG\)](#)
- [Sri-Lankan Medical and Dental Association in the UK \(SLMDA\)](#)

Thank you again for commitment you have shown and continue to show.

Study Leave - we're sharing with others!

You might know that we have been managing study leave using Leave Manager since 2013. We modified the system in 2014 and improved our processes. Since then we have continued to manage the system centrally, working with our network of Study Leave Co-ordinators and others to bring you an online application and approval portal.

We recently had the opportunity to demonstrate our system to colleagues around the country, and are happy to be involved in 'discovery' work to find out whether others around the country might like to do the same (or similar). HEE has a mission to

provide a 'One HEE' offering where it can, so we're really pleased to be working with our colleagues around the country!



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