



Enhance explore: An overview for project supervisors

What is the enhance programme and what does it cover?

Inspired by findings from the Future Doctor report, the enhancing generalist skills programme aims to support learning across the following six domains:

Person-centred practice Treating patients in a holistic, coordinated manner, involving them in their care decisions and supporting them to manage their own health.	Complex multimorbidity Working together to optimise care for patients with complex co-morbidity, through shared decision making with patients, carers and colleagues.	System working Working beyond and across traditional organisational boundaries in integrated and innovative ways to improve health and wellbeing.
Population health Improving health and wellbeing for all through preventive measures, addressing wider determinants of health and reducing health inequalities.	Social justice and health equity Promoting a fair and just society and reducing health inequalities, with an ultimate aim of improving health and wellbeing of populations.	Environmental sustainability Taking responsibility for adoption and spread of sustainable healthcare practices and being an advocate for action on environmental issues.

The programme has 2 parts:

1. **Enhance enable** – self-directed learning supported by module workbooks, online learning and reflection.
2. **Enhance explore** – an opportunity to explore one or more of these themes in a ‘real-life’ setting and understand the broader health priorities of our local area.

We will be asking Foundation trainees to complete or start completing the enhance enable work prior to an enhance explore project to ensure they have the background knowledge to gain the most out of a placement.

What do I need to do to support Foundation Trainees completing an enhance project?

The most important thing to consider is that engagement will look different for every doctor. Participants do not need to experience every domain in order to complete the enhance programme and may explore some themes more than others within a project. To support trainees in their projects you may want to:

- Signpost towards relevant resources or activities that link to their project
- Inspire and motivate trainees to see the ‘real-world’ impact of generalism and how this can be explored beyond Foundation training.
- Prompt trainees to reflect on their experiences and gain perspectives on how the project links to their own clinical work.
- Share your own insights on some of the enhance domains and how this links to your clinical career.

How will trainees complete the project and evidence participation?

The most effective way for trainees to evidence their participation and contextualize their learning is via reflection. This can be done using a ‘REAL’ form (Reflection on enhance activities and learning) or any other suitable form on their eportfolio (eg Leader, LEARN).

They may wish to produce a poster or narrative write-up if appropriate for the project but this is entirely optional and can be discussed between the supervisor and trainee.

We will ask supervisors to complete a ‘sign-off’ sheet at the end of the project to ensure the trainee has attended and engaged with the placement.