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| **Foundation School (Delete as appropriate)** | | | | **Programme No. (eg. L006 OR T102)\*:** | | |
| LNR | | | | L013 | | |
| **Year (Delete as appropriate)** | | **Specialty:** | | | **Subspecialty (If appropriate):** | |
| F1 | | General surgery | | | Colorectal surgery | |
| **Site:** | | | | **Trust:** | | |
| Leicester Royal Infirmary | | | | University Hospitals of Leicester NHS Trust | | |
| **Main duties:** | | | | | | |
| The colorectal foundation year 1 job at the LRI is busy but fun.  The foundation trainee will be part of a team of six consultant colorectal surgeons, four specialty registrars, two F2 trainees and four F1 trainees. This busy team treats a variety of general surgery and colorectal conditions, from day case general surgery to complex colorectal cancer surgery. On the elective side, the trainee will participate in daily consultant-led ward rounds of all patients. The trainee will be principally based on the wards, providing continuous management of in-patients. The trainee will also have the opportunity to and will be encouraged to attend outpatient clinics, operating theatre and endoscopy. At the weekly Friday team meeting, all team members discuss plans for the following week and the registrars allocate the clinical commitments – the foundation trainees are very welcome to get involved.  In the emergency setting, the trainee’s role is to assess and provide initial management tourgent and emergency GI surgical admissions; patients can be extremely unwell and the trainee will learn to manage a deteriorating patient with direct support from senior surgical on call team and nursing staff. There is also a second on call rota, where the trainee covers ward patients from 5 – 8pm. The consultants provide hands-on support to trainees of all grades.  The foundation trainee will be able to satisfy requirements of the Foundation Curriculum and will be supported by the more senior trainees and consultants on the unit. The placement offers direct supervision of clinical practice and workplace based assessments, alongside a clearly delineated role to permit the trainee to meet their Intended Learning Objectives for the foundation programme. You will choose a clinical supervisor from the six consultants to provide direct support. | | | | | | |
| **Example Timetable** | | | | | | |
| **For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc** | | | | | | |
|  | **Mon** | | **Tues** | **Weds** | **Thurs** | **Fri** |
| **AM** | Ward round  Endoscopy | | Ward round  Theatre and outpatients | Ward round  Theatre and endoscopy | Ward round  Theatre | Ward round  Theatre and endoscopy |
| **Lunchtime** | GI radiology meeting 1-2pm | | IBD MDT | FY1 teaching 1-2pm |  | Whole team planning meeting |
| **PM** | Ward duties  Colorectal MDT 3.30 – 5pm  Registrar review round | | Ward duties  Registrar review round | Ward duties  Outpatients  Registrar review round | Ward duties  Outpatients  Registrar review round | Ward duties  M&M meeting  Registrar review round |
| **Educational Activities:** | | | | | | |
| The daily ward round is consultant led and is a prime opportunity for learning teamworking and communication skills. Trainees will learn how to assess and manage surgical patients. They will also learn how to manage the deteriorating patient and septic patient. Quality in end of life care is also a priority.  The team work closely with other allied specialties, and so trainees will learn to manage patients jointly with teams such as gastroenterology, anaesthesia and critical care, and elderly medicine.  For interested trainees, there will be the opportunity to learn procedural skills in theatre and endoscopy.  Medical students are allocated to the team and so trainees will learn teaching and leadership skills of their own.  The weekly colorectal cancer MDT discusses all patients with colorectal cancer and is an ideal learning opportunity to learn about cancer pathways.  The monthly morbidity and mortality meeting allows frank discussion and reflection on challenging cases. | | | | | | |
| **Other Comments (if appropriate):** | | | | | | |
| Previous foundation trainees have commented that the job is busy, but ‘good busy’. The colorectal team at the LRI pride themselves on great teamwork, with friendly interactions and constant learning opportunities. Interested students are welcome to contact any one of the consultants to ask more about the job.  **Disclaimer: Please note that the placement information is subject to change.** | | | | | | |
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