

# General Practice Training



# Chesterfield

General practice provides  
flexible, family-friendly  
routes to training and  
employment



# Why General Practice?

If you're thinking seriously about a career in general practice – you could be about to make the best decision in your professional life since going to medical school.

General practice, without a doubt, gives you the broadest clinical opportunities of all the possible medical careers – the widest scope both to do good for your patients and to feed and satisfy your intellectual curiosity about their problems and diseases.

The East Midlands general practice training programmes are the first in the UK to offer 20 months in a general practice setting. Within each locality based programme there are a variety of training units of which you will read more about in this brochure.

You will have one-to-one and small group teaching with both your GP trainer and the key players in the general practice teams, and you will finish your training by passing exams with a broad, international reputation for fairness, consistency and validity.

General practice provides flexible, family-friendly routes to training and employment. Currently, the range of possible working patterns in general practice – self-employed or employed – is greater than for a generation.

Choosing your career and location in which you want to work isn't easy, therefore this brochure will help guide your decision. It provides you with information on the specific programme, the local area (including location maps, leisure, schooling, house prices, health issues) and quotes from current trainees and GPs in the area.

So, are you ready to earn the respect of your patients? Are you ready to contribute to and perhaps lead your team to greater patient benefit and for satisfying, well-rewarded work?

**The choice is yours!**



# Welcome to our programme

*Chesterfield is a splendid place to live and work whilst undertaking GP training. It's a friendly town, with good community spirit and a wealth of history and tradition. Major cities of Sheffield, Derby and Nottingham are within easy travelling distance.*

*Supporting trainees, trainers and programme directors is what I do, and in common with everyone connected to the scheme, I do it with pride, and a will to continuously improve the services and training we offer, by listening to our students.*

*Our programme is friendly and popular with a great reputation. Many of our GP trainees think that it's an excellent place to learn and continue to practice in the Chesterfield area once completing their training.*

*I look forward to welcoming you to the Chesterfield Programme.*

**Sarah Bradley**  
**Programme Manager**

# Why Chesterfield?

Chesterfield is a friendly and popular scheme with a great reputation. It offers excellent, forward-thinking training, which aims to produce high calibre general practitioners. The scheme is long established, having been formed in 1973, before specialist GP training became compulsory.

One of our great strengths is a very well-established health community, and we have close links with the Chesterfield Royal Hospital and the Derbyshire Mental Healthcare Trust, both of which offer high quality training placements for GP trainees. We have developed a close relationship with consultant trainers, and we benefit from a shared administration team based at the Royal's Education Centre, which has excellent facilities.

Training practices are spread throughout North Derbyshire, from Alfreton in the South, Dronfield to the North, Darley Dale to the West, and Clowne to the East. This provides potential for a variety of experience, from town centre surgeries, small ex-mining town communities, and rural villages on the edge of the Peak District.

GP trainees are based in general practice for 20 of their 36 months training. The remaining 16 months are spent in four-month hospital posts, all selected for their relevance to general practice.

Training activities include full and half day release seminars, delivered by wide variety of speakers and organisations - all tailored to general practice. We cover topics in a group setting which are designed to complement the regular training sessions, on offer within specialty placements. In addition, we run two residential training modules per year. These are extremely popular and receive excellent evaluation.

*"I trained on the Chesterfield VTS, considered both then and now as one of the most excellent schemes in the country, based in a beautiful location on the edge of the Peak District. I've never looked back! I now practice in the area and have subsequently become a trainer for the same scheme.*

*The Chesterfield programme provides an innovative learning environment, whether in general practice or in hospital posts, supported through the day release and other educational programmes. The scheme is just big enough to provide a good breadth, yet small enough to still feel cosy and know everyone. A good choice!"*

*Richard Bull  
Retired GP Trainer, Dronfield Woodhouse*



If you have any queries, please contact Sarah Bradley, Chesterfield GP Training Specialty Programme Coordinator, on 01246 512057, or email [Sarahbradley4@nhs.net](mailto:Sarahbradley4@nhs.net).

Please also visit the Chesterfield GP Specialty Training Programme website at [www.chesterfield-gpspt.org.uk](http://www.chesterfield-gpspt.org.uk).



# What is your challenge?

In Derbyshire:

- The number of mothers who breastfeed is generally lower than the national average and there are significant differences within the county, with some areas having rates as low as 55%.
- Around one fifth of people in Derbyshire live in poverty, which means families are living on a household income that is 60% or less than the national average. This, and other inequalities, have a major impact on peoples' day to day lives, often resulting in poor health and premature death.
- It is estimated that over 130,000 people in Derbyshire have a drinking problem and compared with England and the East Midlands, the county has high rates of alcohol associated admissions to hospitals, including children, especially in the North of the county.
- There is an increasingly ageing population. If the health of older people is not improved, then by 2025 there will be a 50% increase in conditions that mainly affect older people, such as strokes and fractured hips.
- There are more people living in Derbyshire, including those of working age, who are limited because of illness or disability than the national average – The most common conditions associated with long-term illness include heart and circulatory problems, respiratory diseases and musculoskeletal disorders.

## **Take on the challenge and make a difference.**

You could be part of working towards goals of the NHS in Chesterfield, below are some of the priorities:

- Encourage people to learn about staying healthy.
- Promote and support healthy living and lifestyles – moving from treating illnesses to preventing them.
- More integration between healthcare and other services in the community.
- Better support for carers.
- Better mental healthcare and support for mental wellbeing.
- Improve services for people who have suffered a stroke, heart attack or major trauma.
- Create a wider range of services for older people with mental health problems.

# How to find us





# Plenty to see and do

Chesterfield itself is an attractive historic market town, famous for the Church of St Mary and All Saints, known locally as the 'Crooked Spire'. The Derbyshire Peak District is five minutes away and an area of outstanding natural beauty.

From historic houses to boat trips on the canal, there's a lot to do in Chesterfield and the surrounding area.

Exploring Chesterfield town centre:

- The 'Crooked Spire' – take a trip up the tower to the base of the spire for a bird's eye view of Chesterfield.
- Chesterfield Market – browse the stalls packed into the town centre every Monday, Friday and Saturday, or search for a priceless antique in disguise at the flea market.
- Chesterfield Museum – discover the story of Chesterfield from the day the Romans marched up Ryknield Street to the arrival of George Stephenson and the industrial era.
- Queen's Park – a leafy retreat from the bustle of the Market Place.

What else can you do in the surrounding area:

- Chatsworth – House and Gardens.
- Hardwick Hall.
- Bolsover Castle.
- Renishaw Hall Gardens.
- Barrow Hill Roundhouse Railway Centre.
- Chesterfield Canal.
- Revolution House.

The major cities of Sheffield, Derby and Nottingham are within very easy travelling distance, and the town enjoys benefits of being centrally placed, with excellent road and rail networks.

There are a number of websites you can visit that will help you find information about moving to Chesterfield. A useful link for accessing information about schooling, housing and the local economy is the Derbyshire County Council website, visit [www.derbyshire.gov.uk](http://www.derbyshire.gov.uk).

# We welcome you to **Chesterfield**

If you have any queries, please contact Sarah Bradley,  
Chesterfield GP Specialty Programme Manager, on 01246 512057, email  
[Sarahbradley4@nhs.net](mailto:Sarahbradley4@nhs.net) or visit [www.chesterfield-gpspt.org.uk](http://www.chesterfield-gpspt.org.uk).

## About Health Education England

Health Education England (HEE) exists for one reason only: to support the delivery of excellent healthcare and health improvement to the patients and public of England by ensuring that the workforce of today and tomorrow has the right numbers, skills, values and behaviours, at the right time and in the right place.

### **Health Education England – East Midlands**

Westbridge Place  
1 Westbridge Close  
Leicester  
LE3 5DR

Telephone: 0300 303 3603  
Email: [communications.em@hee.nhs.uk](mailto:communications.em@hee.nhs.uk)

Visit: [www.hee.nhs.uk/hee-your-area/east-midlands](http://www.hee.nhs.uk/hee-your-area/east-midlands)  
Follow: @HEE\_EMids

Quotes supplied by GP trainees and programme managers.

Published October 2017