

Guidance on which service to refer a doctor in training with health problems covering Professional Support & Wellbeing (PSW) or local occupational health service.

This is only generic guidance, and you should make a decision on which service is most suitable for each individual. There is obviously an overlap between the two groups.

Local Occupational Health Service

The medical conditions here are those which are likely to be short term and self limiting, and the recovery is predictable. The condition is also unlikely to be any impact on engagement with formal training.

Examples

Limb fractures, bacterial & viral infections, mental upsets likely to be short term (eg post bereavement).

Professional Support & Wellbeing (PSW)

Any condition likely to have a significant impact on engagement with training shown by completion of ARCPs, e portfolio, Work Based Assessments, Professional Examinations.

Non exhaustive list of examples

Neurodiverse conditions,
eg Dyslexia, ADHD, Dyspraxia etc.

Longer term mental disorders affecting cognition, concentration, motivation.
eg Long term depression, severe anxiety, personality disorders etc.

Substance misuse,
eg alcohol misuse, drug misuse including unprescribed or recreational drugs.

Long term physical conditions affecting mobility, or dexterity
eg severe arthritis, muscle disorders, neurodegenerative disorders