

# Lincolnshire and Nottinghamshire Dental Foundation Training Scheme



**Autumn Term Programme 2022-2023**





# Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

## Lincoln County Hospital Education Centre

Greetwell Road Lincoln LN2 5QY

Tel: 01522 573874

## Kings Mill Hospital Education Centre

Mansfield Road, Sutton-in-Ashfield, NG17 4JL

Tel: 01623 622515

## Midlands Region

Regional Postgraduate Dental Dean

**Mike Foster**

**Fleur Kellett**

Regional Dental Account Manager

**Rivie Mayele-Tamina**

Regional Dental Faculty Support Officer

**Jemma Brighton**

Regional Faculty Support Administrator

**Kapil Nandha**

Postgraduate Centre Manager

**David Powell Sue Elliott**

Scheme Administrator

**Jenny Thomas**

Training Programme Director

**Jonathan Farmer**

BDS, DPDS, MMedSci Clin.ed., FCGDent,  
PgDip Endodontology, FGDP Dip Practice  
Appraisal

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# Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

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# Lincolnshire and Nottinghamshire Dental Foundation Training Scheme

## Lincoln County Hospital Education Centre



Lincoln County Hospital is the main hospital for Lincolnshire. It is now host to a medical school and this means we now have a large education centre which caters for both undergraduate and postgraduate education. There is signage directing you from the main entrance to the education centre.



## Location



Lincoln County Hospital is located on Greetwell Road opposite the prison. There is parking available in patient/visitor car parks. These work by automatic photographing on entry and there are pay terminals located outside the main entrance and elsewhere.



Edit



# Autumn Term

## Venues and Subjects

<b>Friday 2nd September</b>	Scheme Induction Clinical Skills Refresher	<i>Kings Mill Hospital</i>
<b>Friday 9th September</b>	Regional Induction - Welcome and Introduction Using the Dental ePortfolio Introduction to the GDC The NHS Business Services Authority. -- The Role of the Lead Employer in DFT.	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
<b>Friday 16th September</b>	Medico-Legal	<i>Lincoln County Hospital</i>
<b>Friday 23rd September</b>	Periodontology	<i>Lincoln County Hospital</i>
<b>Friday 30th September</b>	Health & Safety in Dental Practice	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
<b>Friday 7th October</b>	NHS Rules & Regulations Oral Cancer	<i>Venue</i>
<b>Thursday 20th October</b>	Communication	<i>Lincoln County Hospital</i>
<b>Friday 21st October</b>	Restorative Day 1 Scheme A	<i>Kings Mill Hospital</i>
<b>Friday 28th October</b>	Restorative Day 1 Scheme B	<i>Kings Mill Hospital</i>
<b>21st and 22nd November</b>	Oral Surgery Group A 21/11/22 Oral Surgery Group B 22/11/22	<i>The Royal Derby Hospital</i>

**28th and 29th November**

Endodontics Group A 28/11/22

Endodontics Group B 29/11/22

*Kings Mill Hospital*

**Friday 9th December**

Paediatric Dentistry

*Lincoln County Hospital*

**Friday 16th December**

Milestone 1

*Virtual Remote Learning Platform - Links to be confirmed.*

## Important Dates and Deadlines

Start of autumn term

Thursday, 1 September 2022

Early Stage Review (ESR) Interviews virtual

Wednesday, 26 October 2022

Milestone 1

Friday, 16 December 2022

Complete E-Learning

16/12/2022



# Friday 2nd September

Kings Mill Hospital

## Morning Session

09.30

### Scheme Induction

CPD Hrs = 3

#### Jonathan Farmer

Scheme Training Programme Director

*Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.*

#### Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

#### Learning Content

- *"Be able to demonstrate an understanding of learning styles and reflection. "*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.*

#### GDC Outcomes: A B C D

12.30

End



# Friday 2nd September

Kings Mill Hospital

## Afternoon Session

### Clinical Skills Refresher

CPD Hrs = 6

#### Navjit Jandu

Education Supervisor

*This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques and processes and to refresh the skills learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.*



#### Objectives

- Be able to evidence the systematic and accurate removal of simulated dental caries.
- Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.
- To have practised cutting a full crown preparation.

#### Learning Content

- Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel
- Knowledge of any requirements for targeted support by the ES.

**GDC Outcomes: A B C D**

16.30

End



# Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

## Morning Session

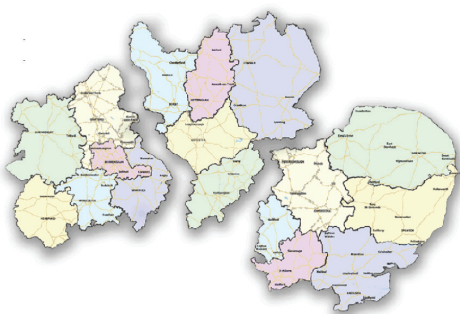
09.00

### Regional Induction - Welcome and Introduction

CPD Hrs = 0.5

#### Mike Foster

Regional Postgraduate Dental Dean, Midlands



*This session is a welcome to all the new Foundation Dentists in the East of England and Midlands Regions and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.*

#### Objectives

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager and APlan.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

#### Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of your peer group and Regional HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations. CP process involved in the satisfactory completion of Dental Foundation Training.

#### GDC Outcomes: A B C D





# Friday 9th September

## Virtual Remote Learning Platform - Links to be confirmed.

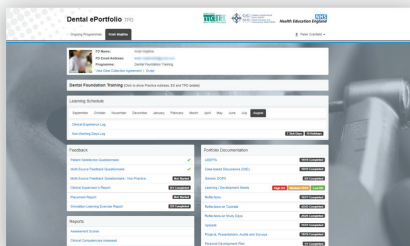
09.30

### Using the Dental ePortfolio

CPD Hrs = 1.5

**Peter Cranfield**

TPD & Regional Advisor for Projects & Innovation



*The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.*

10.50

Break

11.00

### Introduction to the GDC

CPD Hrs = 6

**Elena Scherbatykh**

Policy Manager - General Dental Council



*The General Dental Council is an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.*

#### Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

#### Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

**GDC Outcomes: A B C D**

12.00

Lunch



# Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

## Afternoon Session

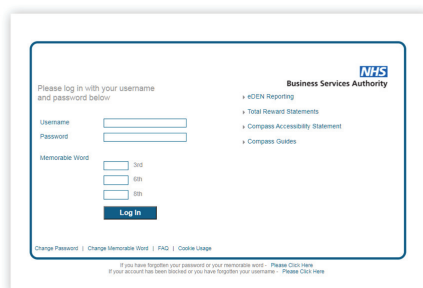
12.30

**The NHS Business Services Authority. --  
The Role of the Lead Employer in DFT.**

CPD Hrs = 1.25

**Nathand Brown -- Lyndsey McLoughlin**

Clinical Advisor NHS Dental Services -- HR Project Support Manager DFT



*The NHS BSA support dental providers and performers. They are responsible for processing the claims we make in practice for the treatment that we provide for our patients:- over 43.6 million dental claims per year.*

*Our access to the BSA is via the Compass portal, where we can see and update information about ourselves as dental performers and our dental claims.*

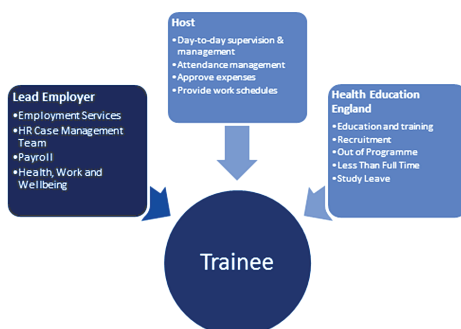
*This webinar will give insight into the work of the BSA and the NHS Dental Regulations.*

---

*The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone*

---

*The session will be completed by a short session from Malcolm Brady, Regional Postgraduate Dental Dean, East of England.*



13.45

End



# Friday 16th September

Lincoln County Hospital

## Day Session

09.30

Medico-Legal

CPD Hrs = 6

### Bryan Harvey

Senior Dento-Legal Advisor DDU

*To provide a comprehensive knowledge base on the medicolegal issues that present themselves in general dental practice and management of complaints that may arise alongside ethical dilemmas.*

### Objectives

- *Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.*
- *To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice*
- *Describe the processes of the GDCs regulation of the profession.*
- *List the regulations and requirements regarding record keeping and dealing with complaints*

### Learning Content

- *Implement appropriate complaints handling in general dental practice.*
- *Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team*
- *Produce effective patient records within dental practice.*

**GDC Outcomes: A B D**

16.30

End



# Friday 23rd September

Lincoln County Hospital

## Day Session

9.30

Periodontology

CPD Hrs = 6

### Shazad Saleem

Dentist with special interest in Periodontology and HGDM Toolkit Developer

*Review the current Classification of Periodontal Diseases 2017 and its implementation in General Dental Practice.*

#### Objectives

- *Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.*
- *Describe how to monitor therapeutic outcomes and ensure that appropriate follow-up care is arranged.*

#### Learning Content

- *Demonstrate understanding of the aetiology, diagnosis and classification of periodontal disease and able to explain this to patients*
- *"Be able to integrate and deliver optimal periodontal care under the existing General Dental Service contract and assess when to refer a patient for more specialised periodontal care or to secondary care services.*
- *Evaluate the periodontal tissues and provide a differential diagnosis of the patient's periodontal condition.*

#### GDC Outcomes: A C

16.30

End



# Friday 30th September

Virtual Remote Learning Platform - Links to be confirmed.

## Day Session

### Health & Safety in Dental Practice

CPD Hrs = 6

#### Dr Sukhvinder Atthi

For participants to increase their understanding and knowledge relating to health and safety in the workplace.

*Explain the principles of occupational health and safety and how to apply this knowledge in the workplace including use of risk assessments and the practical actions to improve health and safety, and therefore prevent accidents.*

#### Objectives

- *State and identify the scope of legal and moral responsibilities whilst at work and determine reasonable methods to control risks associated with all aspects of the working environment.*
- *"Describe principles of accident prevention and the need to report accidents and dangerous occurrences whilst being aware of the hazards and risks associated with the workplace, work equipment, work activities, display screen equipment and hazardous substances.*
- *"*

#### Learning Content

- *Define the key principles and legal requirements that relate to health and safety in the workplace.*
- *Foundation Dentists will be able to explain their own roles with respect to health and safety in their training practice environments.*
- *"Evaluate how well their training practice complies with current health and safety requirements and the changes that could be made.*
- *"*

#### GDC Outcomes: A B D



Friday 7th October

## Morning Session

09.30

### NHS Rules & Regulations

CPD Hrs = 3

#### Jonathan Farmer

TPD and Dental Practice Advisor

*Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.*

#### Objectives

- *Explain how and when to claim for NHS treatment that has been provided to patients.*
- *Define the rules regarding provision of NHS dental care.*
- *Have the ability to talk confidently about what can be provided through NHS dental services.*

#### Learning Content

- *List the structures and content of NHS treatment bands and associated NHS banding charges.*
- *Apply the rules regarding provision of NHS dental care.*
- *Be able to perform within the structure of NHS GDS contracts.*

#### GDC Outcomes: A B D

12.30

Lunch



# Friday 7th October

## Afternoon Session

13.30

Oral Cancer

CPD Hrs = 6

### Hannah Crane

Honorary Registrar in Oral & Maxillo-facial pathology

*Discuss the extent of the problem of oral cancer: current prevalence, detection and diagnosis. Recognise the different clinical forms in which oral malignancy may present and how to recognise this. To stress the role of the dental team in early detection and referral. To understand the treatment involved with oral cancer and the patient journey, including post-operative issues related to living with oral cancer. To understand the restorative dental needs of a head and neck cancer patient and the role the GDP may have in this.*

### Objectives

- *Identify oral premalignant conditions and identify the appropriate referral pathways, and when specialist advice is necessary.*
- *Describe the extent of surgery involved in some cases and the implications to both patient and their families, alongside how to support patients postoperatively, following radiotherapy, chemotherapy and surgery, and the implications this has on providing dental treatment.*
- *Describe how to educate patients in general dental practice on possible risk factors for oral cancer, including having confidence in delivering 'very brief advice'*

### Learning Content

- *Explain the incidence, diagnosis and prevention of oral lesions and mouth cancer.*
- *Recognise local and national support services and resources in the care of mouth cancer.*
- *Demonstrate the ability to communicate effectively and sensitively with patients about the prevention, diagnosis and treatment of oral lesions, with an improved knowledge of the disciplines involved in the patient journey through diagnosis to treatment of head and neck cancer patients, alongside the role the general dental practitioner may need to play.*

### GDC Outcomes: A B C D

16.30

End



# Thursday 20th October

Lincoln County Hospital

## Day Session

10.00

Communication

CPD Hrs = 6

### Cascade

Cascade uses theatre to develop communication skills

*To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues.*

### Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions.*
- *Identify successful strategies to improve communication.*

### Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *Differentiate the importance of non-verbal communication and active listening.*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

**GDC Outcomes: A B D**

16.45

End



# Friday 21st October

Kings Mill Hospital

## Day Session

9.30

### Restorative Day 1 Scheme A

CPD Hrs = 6

#### Mike Armstrong

Education Supervisor

*To assist Foundation Dentists in choosing which materials, equipment and techniques to employ when directly restoring posterior teeth.*

#### Objectives

- *"Define how isolation/moisture control aids the placement of certain materials.*
- *Evaluate the current status of direct posterior restorations, material selection, cavity design and where relevant, bonding protocols.*
- *Undertake practical exercises to reinforce protocols on contemporary matrix selection, placement of composite and amalgam, alongside shaping, finishing and polishing of these materials.*

#### Learning Content

- *Critique from improved knowledge and ability, when to use which material where for direct posterior restorations.*
- *To have enhanced practical skills in restoring posterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional restoration.*

#### GDC Outcomes: A C

16.30

End



# Friday 28th October

Kings Mill Hospital

## Day Session

9.30

### Restorative Day 1 Scheme B

CPD Hrs = 6

#### Mike Armstrong

Education Supervisor

*Evaluate the current status of direct posterior restorations, material selection, cavity design and where relevant, bonding protocols.*

#### Objectives

- *"Define how isolation/moisture control aids the placement of certain materials.*
- *Evaluate the current status of direct posterior restorations, material selection, cavity design and where relevant, bonding protocols.*
- *Undertake practical exercises to reinforce protocols on contemporary matrix selection, placement of composite and amalgam, alongside shaping, finishing and polishing of these materials.*

#### Learning Content

- *Critique from improved knowledge and ability, when to use which material where for direct posterior restorations.*
- *To have enhanced practical skills in restoring posterior teeth, using a variety of techniques and equipment, to an appropriate form, to provide a functional restoration.*

#### GDC Outcomes: A C

16.30

End



# 21st and 22nd November

The Royal Derby Hospital

## Day Session

09.30

Oral Surgery Group A 21/11/22

CPD Hrs = 6

### Rajashree Srinivasan

Specialist in oral surgery

*Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.*

#### Objectives

- *Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients*

#### Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

#### GDC Outcomes: A C

16.30

End



# 21st and 22nd November

The Royal Derby Hospital

## Day Session

09.30

Oral Surgery Group B 22/11/22

CPD Hrs = 6

### Rajashree Srinivasan

Specialist in oral surgery

*Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.*

#### Objectives

- *Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.*
- *Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.*
- *Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.*
- *Identify appropriate post-operative care and pain management for oral surgery patients*

#### Learning Content

- *Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.*
- *Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.*
- *List the relevant guidance relating to oral surgery care in general dental practice.*

#### GDC Outcomes: A C

16.30

End



# 28th and 29th November

Kings Mill Hospital

## Day Session

09.30

Endodontics Group A 28/11/22

CPD Hrs = 6

### Philip Mullen

GDP with special Interest in Endodontology

*To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.*

### Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

### Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

### GDC Outcomes: A C

16.30

Break



# 28th and 29th November

Kings Mill Hospital

## Day Session

09.30

Endodontics Group B 29/11/22

CPD Hrs = 6

**Philip Mullen**

GDP with special Interest in Endodontology

*To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.*

### Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

### Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

**GDC Outcomes: A C**

16.30

End



# Friday 9th December

Lincoln County Hospital

## Day Session

09.30

### Paediatric Dentistry

CPD Hrs = 6

#### Michael Cranfield

Clinical Director and dentist with special interest in paediatric dentistry

*The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises).*

#### Objectives

- Review and explore methods and techniques for providing high quality dental care to children from a range of backgrounds.
- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

#### Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma. Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.
- "List current treatment protocols in managing symptomatic/ asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios.
- "Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.

#### GDC Outcomes: A C

16.30

End



# Friday 16th December

Virtual Remote Learning Platform - Links to be confirmed.

## Day Session

09.30

Milestone 1

CPD Hrs = 6

### Jonathan Farmer

Training Programme Director

*This session will be used for Foundation Dentists to present their Milestone 1 case.*

### Objectives

- *Learn to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision together with improved presentation skills.*
- *To develop case presentation skills*
- *To be able to feedback constructively on peer cases*

### Learning Content

- *Be able to understand different approaches to urgent care*
- *Knowledge and experience of the power of self and peer reflection in personal development.*
- *Improvement in the provision of patient care through use of reflection, analysis and planning.*

**GDC Outcomes: A B C D**

16.30

End



# Educational Supervisors and Foundation Dentists



**Chandan Sharma**

**Mehul Vithlani**



**Stephanie Pey Ling  
Jong**



**Claire Simpson**



**James William Edwards**

01442 252614



**Israr Razaq**



**Imran Rafiq**



**Ayaaz Ahmed**

Dental School



**Kamal Missan**

**Bilal Sheikh**



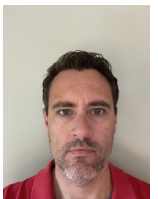
**Saquib Aziz**



**Michael Armstrong**



**Alice Gomm**



**Peter Butcher**



**Laura Cook**



**Nilesch Dayaram**

**Vinay Mehta**

**Sammy Gilam**



**Graham wilkinson**

**Riten Patel**

**Atif Hussain**



**Riten Patel**

**Graham Wilkinson**

**Tayyib Ali**



**Lewis Hamill**



**Hibah Abrar**



**Vitesh Patel**

**Mayur Patel**



**Amrish Rajdev**



**Mohammed Saleem**

**Waseem Farooq**



**Usman Bux**



**Navjit Jandu**

**Anna Vila Berguet**



**Sahand Abbasi Tabrizi**

**Reena Patel**



**Vijaya Shah-Bangshi**



**Amit Rehan**



**Lucy Beddows**



**Ogbemudia Adeghe**



**Maria Padilla**



**Rabeeyah Cheema**

Dental School



## Lincolnshire and Nottinghamshire Scheme Buddy ES Pairings 2022-2023

<b>Foundation Dentist</b>	<b>Educational Supervisor(s)</b>	<b>Buddy ES(s)</b>
Stephanie Pey Ling Jong	Chandan Sharma/Mehul Vithlani	Lewis Hamill
James William Edwards	Claire Simpson	Peter Butcher
Ayaaz Ahmed	Israr Razaq/Imran Rafiq	Mohammed Saleem/Waseem Farooq
Bilal Sheikh	Kamal Missan	Nilesh Dayaram/Vinay Mehta
Alice Gomm	Saqib Aziz/Michael Armstrong	Mayur Patel/Vitesh Patel
Laura Cook	Peter Butcher	Claire Simpson
Sammy Gilam	Nilesh Dayaram/Vinay Mehta	Kamal missan
Atif Hussain	Graham Wilkinson	Riten Patel
Tayyib Ali	Riten Patel	Graham Wilkinson
Hibah Abrar	Lewis Hamill	Chandan Sharma/Mehul Vithlani
Amrish Rajdev	Mayur Patel/Vitesh Patel	Saqib Aziz/Michael Armstrong
Usman Bux	Mohammed Saleem/Waseem Farooq	Israr Razaq/Imran Rafiq
Sahand Abbasi-Tabrizi	Navjit Jandu/Anna Vila Burguet	Reena Patel
Vijaya Shah-Bangshi	Reena Patel	Navjit Jandu/Anna Vila Burguet
Lucy Beddows	Amrit Rehan	Maria Padilla/Ogbemudia Adeghe
Rabeeyah Cheema	Ogbemudia Adeghe/Maria Padilla	Amrit Rehan



# Online Learning

2022-2023

## List of Mandatory E-Learning

As part of your Foundation training year within the Midlands and the East of England Regions you will undertake a number of online e\_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

## e-Learning for Health

Once you have received your login details from e\_Learning for Health you can access all the necessary modules by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

This takes you to a portal which leads to the **Midlands and East - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

## Modules Course Sections

### **Statutory and Mandatory Training (SMT) Completion by Early Stage Review**

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

### **Mental Capacity Act (MCA) Completion by IRCP**

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins  
Relationship Between the MCA and the MHA 20 mins  
Mental Capacity Act and Young People aged 16 or 17 20 mins  
Research Involving People Who Lack Capacity 20 mins  
Mental Capacity Act and Adult Safeguarding 20 mins  
Settling Disputes and Disagreements 20 mins

**Alcohol and Tobacco Brief Interventions Completion by IRCP**

Introduction to treating and preventing ill health 15 mins  
Very Brief Advice on Smoking 15 mins  
Alcohol Brief Advice 15 mins  
Bringing It Together - Multiple Risk Factors 15 mins  
Assessment 10 mins

**Making Every Contact Count (MECC) Completion by IRCP**

What is MECC and why is it important 30 mins  
How to have a MECC conversation 30 mins  
Signposting 15 mins  
Five Ways to Wellbeing 30 mins  
Assessment 10 mins

**HEE Rubber Dam Placement video Completion by IRCP**

Using your login details for e\_Learning for Health you can access this module by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

**Script** - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module, this information will be passed to your e-Portfolio but you may wish to download a completion certificates for your CPD records.

**Modules Completion by FRCP**

Prescription Documentation and the Drug History 60 mins  
Medication Errors and Adverse Drug Reactions 60 mins  
Special Patient Groups 60 mins  
Utilising the BNF 60 mins  
Medical Emergencies 60 mins  
Periprocedural Prescribing 60 mins  
Dental Infection 60 mins  
Pain, Ulceration, and Inflammation 60 mins  
Prescription Documentation and the Drug History 60 mins  
Medication Errors and Adverse Drug Reactions 60 mins

# BDA & Cancer Research UK Oral Cancer Recognition Toolkit

[https://www.doctors.net.uk/eclientopen/cruk/oral\\_cancer\\_toolkit\\_2015\\_open/](https://www.doctors.net.uk/eclientopen/cruk/oral_cancer_toolkit_2015_open/)

Although this topic may be covered in a study day, the toolkit is very valuable, and it is advised this is still completed irrespective of a scheme running an oral cancer study day. The completion certificates should be uploaded to your e-Portfolio

## Module Completion by FRCP

BDA-CRUK Oral Cancer Recognition Toolkit 3 hours

## List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the webpage and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

### e-Den Module

#### 1 Patient Assessment

Profiling the Patient Assessment Methods and Techniques

Good Practice Health Promotion and Disease Prevention

Patient Assessment Profiling the Patient

#### 2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry Medical Emergencies In Dentistry

#### 3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain Mediators of Central Pain

Dental Local Anaesthesia Dental Local Anaesthetic Technique

Management of Dental Pain Non-Pharmacological Anxiety Management

Intravenous Sedation Inhalation Sedation

Dental General Anaesthesia

#### 4 Periodontal Disease and Management

Aetiology of Periodontal Disease

Periodontal Diagnosis and Determination of Prognosis Periodontal Treatment Options

Patient Education and self-Performed Plaque Control Non-Surgical Periodontal Therapy

Surgical Periodontal Therapy

#### 5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment Exodontia

Surgical Dentistry Advanced Trauma Life Support (ATLS)

Management of Un-Erupted, Impacted, Ectopic Management of Benign Soft Tissue lesions and Supernumerary Teeth

## **6 Surgical and Non-Surgical Management of Head and Neck Disease**

Accurate Drug History and Relevance of Allergies Odontogenic Infections

Management of Oral Mucosal Diseases Craniofacial Pain Disorders

Neoplastic and Non Neoplastic Disease of the Head and Neck

## **7 Management of the Developing Dentition**

Orthodontic Indices Assessment for interceptive Treatment

Space Maintenance Simple Removable Appliances

Oral Habits and Occlusal Trauma in the Mixed Dentition

Emergency Care and Management of Orthodontal Problems

Contemporary Orthodontics Normal Facial Growth and Dental Development

Abnormalities of Facial Growth and Dental Development

## **8 Restoration of Teeth**

Caries Restoration of Permanent Teeth

Crowns Restoration of Deciduous Teeth

Aesthetic Dentistry Dental Biomaterials

Tooth Surface Loss Endodontics

Dental Trauma

## **9 Replacement of Teeth**

Bridgework Occlusion

Complete Dentures Partial Dentures

Implantology Miscellaneous

## **10 Communication**

Patient and the Family Teamworking

Other Professionals

## **11 Professionalism**

Ethics Self

The Clinical Team and Peers

## **12 Management and Leadership**

The Need for Effective leadership and Management Quality in Healthcare

Risk Management Self-Management

Change Management Managing a Business

Healthcare Systems Professional Practice

Management and Leadership

## **13 Sustainable Dentistry**

Introduction to Sustainable Dentistry Measuring carbon in Healthcare



# e-LIFT Project

**2022-2023**

Project `e-LiFT' stands for Evidence-linked Learning in Foundation Training. This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four modules underpinned by evidence of their own work completed in the training practice. The modules are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

The reflective learning exercise for each module, allows for flexibility for the FD to hone in on specific learning or development points that have influenced them the most in their training year. Each of the modules will entail reflective writing amounting to 1000 - 1250 words, each module supported by 4- 6 pieces of evidence.

Guidance documents and templates are available on the website at:

<https://heeoee.hee.nhs.uk/node/2567>

The modules will be assessed by anonymous ESs using the APLAN platform. All four Modules are to be completed and uploaded to APLAN **7<sup>th</sup> April 2023**. You will be notified of the date of the start of the submission period; there is no room for late submission of cases or feedback reviews.

If you have any further queries please contact your TPD.



# Milestones and APLAN

**2022-2023**

## Milestones and APLAN

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

**APLAN** (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

**Milestone 2 Upload Deadline 13<sup>th</sup> January 2023**

**Milestone 3 Upload Deadline 19<sup>th</sup> May 2023**

You will be notified of the date of the start of the submission period; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

## Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



# Problem Solving and Support

**Lincolnshire and Nottinghamshire 2022-2023**

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further support that can be obtained from the Regional Trainee Support.

## Contacts for Support

### **Training Programme Director**

Jonathan Farmer

Phone: 07748965706

Email: [jonathan.farmer@hee.nhs.uk](mailto:jonathan.farmer@hee.nhs.uk)

Email: [DentalTraineeSupport.ME@hee.nhs.uk](mailto:DentalTraineeSupport.ME@hee.nhs.uk)



# Claiming Travel and Subsistence

**2022-2023**

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be submitted on the appropriate form issued by your TPD. This form should be fully completed, easily readable, and signed by your TPD who will check all claims are valid. They will also cross through any incomplete lines to stop any claims being added after signing.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Note that the mileage calculated from the home address to venue will be adjusted by NHS England once your form is submitted to them. Your usual mileage from your home to the dental practice will be deducted from the amount (you do not need to enter this separately on the form, NHS England will calculate this).

(Current mileage rate = £0.24 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

FDs should travel only by second class if they travel by rail and should attach tickets or receipts to their claim forms.

Taxis should not be used and cannot be claimed - if their use is required due to particular circumstances then the reasons need to be discussed with the Postgraduate Dental Dean, or Deputy, and you will need to get approval in advance, in writing, and provide it with the claim form.

Within Midlands & East overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

All claim forms must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense. False claims are fraudulent and may be investigated by the NHS England Area Team, with onward referral to NHS Fraud Investigators and/or the GDC.

Claims must be submitted within 3 months of the event and receipts must be included for all travel, meals and car parking. Trainees are advised keep a copy of the claim form and the submitted receipts, and to send claim forms by signed delivery service (you may not claim this postage cost) or email.

Claim forms should be sent Completed Claim forms should be submitted to the BSA via your BSA Compass login. You can access an information leaflet about this from here:

[http://www.copdend.org/dftthandbook/FD\\_Handbook/The\\_Scheme/T\\_-\\_S\\_Expenses/FD\\_Travel\\_and\\_Subsistence\\_claims\\_via\\_Self\\_Service\\_in\\_Compass.pdf](http://www.copdend.org/dftthandbook/FD_Handbook/The_Scheme/T_-_S_Expenses/FD_Travel_and_Subsistence_claims_via_Self_Service_in_Compass.pdf)

Your payments will appear on the training practice BSA schedule and your Educational Supervisor will pay them to you as non-taxable expenses.



# Audit Project

2022-2023

## Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

## Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

## E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



# Practice Equipment List

2022-2023

## Practice Specifications

**Electronic records** - Full computer based clinical records and appointment management system.

**Digital radiography**

**Internet access**

**Infection control** - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

**NHSmal account**

## Specification for FD Room

**Size** - Minimum floor area 9m<sup>2</sup>.

**Ventilation** - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

## Equipment for FD Room

**Dental chair** - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

**Stool for dentist**

**Stool for nurse**

**Handwash sink**

**X-ray set** - Rectangular collimation. Isolation switch outside the controlled area.

**Amalgam mixer**

**Light cure lamp**

**Telephone**

**Workstation** - Clinical records and appointment management software. Internet access.

**Turbines** - Minimum of 3.

**Contra-angle handpieces** - Minimum of 3.

**Straight handpiece** - Minimum of 1.

**Ultrasonic scaler** - Magnetostrictive or piezo.

## Instrumentation for FD Room

### Autoclavable tray system

**X-ray film holders** - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

**Rubber dam kit** - Latex free.

**Conservation** - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

**Periodontics** - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

**Extractions** - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

**Oral Surgery** - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

**Prosthetics** - Full range of prosthetic instruments including shade and mould guides.

**Endodontics** - Full range of stainless-steel hand files and NiTi rotary files.

## Materials and Disposables for FD Room

**Respirator** - Fit tested FFP3 mask or powered hood for FD use.

### Type II R Fluid Resistant Surgical Masks

**Gloves** - Latex free.

**Bibs**

**Aprons**

**Gowns**

### Paper and cotton goods

**Safe Sharps System** - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

**Waste containers** - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

### Disposable 3 in 1 syringe tips

**Conservation** - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

**Prosthetics** - Full range of prosthetic materials including impression compound and greenstick.

**Endodontics** - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

## Available in the Practice for Use by the FD When Required

**Dedicated Digital Camera** - SLR or equivalent with lens, ring flash, retractors, and mirrors.

**Conservation** - Face bow and semi-adjustable articulator.

**Prosthetics** - Surveyor.

**Endodontics** - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

**Clinical Digital Thermometer**

**Digital Communication** - Computer or tablet with MS Teams including webcam, speakers, and microphone.