

## Updated OOPR Process – JRCPTB PGDiT

May 2024

Following the updated guidance released by the JRCPTB in October 2023, NHS England Education East Midlands (formerly HEE East Midlands) has updated the ARCP process for Postgraduate Doctors in Training (PGDiT) on Out of Programme Research (OOPR).

The following guidance applies to those doctors who are undertaking clinical work as part of their OOPR and who may wish to apply for this to count towards their CCT.

The new guidance from the JRCPTB clarifies that you do not need to apply prospectively for it to be counted (in addition to seeking approval by the GMC, you can also choose to apply for it after your OOPR has been approved).

**As this will be a PGDiT-led process, if you decide to take no action, we will assume you do not wish to count any of your OOPR time towards your CCT.**

There will be no change for those doctors who are not undertaking clinical work or those who do not wish to count any clinical work they are doing (for whatever reason).

If you have prospectively applied for your OOPR time to count towards your CCT, please refer to the flowchart on page 3 as the process has changed slightly.

If you now wish to apply for a period of your OOPR to count towards your training (and did not prospectively apply), please follow the guidance below:

1. You must notify your TPD and ES as soon as possible, ideally within 1 month of starting your OOPR.
2. You should notify the Assessments Team as soon as possible so that we can ensure you are included on the clinical ARCP list for your specialty.
3. You must meet regularly with your named clinical ES during your OOPR and they must complete an ES report prior to your ARCP documenting your progress in the previous year.
4. You must gather clinical evidence to support your competencies, as detailed in the decision aid. This includes the WBPAs, MSF, MCRs, CiP sign-offs, etc as required by your next training year.
5. At least 12 weeks prior to your clinical ARCP, you must complete the Microsoft Form to confirm you would like to present evidence to count part of your OOPR towards training. This will include the number of months total you are hoping to count throughout your OOPR. (note: for ARCPs in June and July 2024, you should complete the application as soon as possible and the 12-week requirement does not apply).

6. You will undertake an annual clinical ARCP review which will agree the progress you have made towards the months you are hoping to count.
7. The final clinical ARCP before the end of your OOPR will confirm how many total months you are able to count towards your OOPR, if any. They can decide to not approve any months if you have not demonstrated evidence of competencies. This panel will also confirm your updated CCT date.
8. You will still undertake an OOPR ARCP each year as usual. The details from your clinical ARCP review will be sent to the OOPR ARCP panel and will be included on the OOPR ARCP form. You will not have a clinical ARCP form.
  - a. If your OOPR finishes in September to April, instead of feeding into the summer OOPR ARCP panel, your final clinical ARCP panel will complete an 'Interim Review' form on the e-portfolio to agree the progress you have made, the number of months you may discount from your training and your updated CCT date.
9. You may withdraw your request to count OOPR time towards your training at any time if you no longer wish to count the time or you feel you do not have enough evidence. In that case, no clinical ARCP will be undertaken but an OOPR ARCP will still take place.

Link to the application form:

[https://forms.office.com/Pages/ResponsePage.aspx?id=sITDN7CF9Ueylge0jXdO44V\\_d6zkT2BJj2a0iKAAVFpUOTVDOFBZNkdFSkIERURWRUwwWURMT1kzSy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=sITDN7CF9Ueylge0jXdO44V_d6zkT2BJj2a0iKAAVFpUOTVDOFBZNkdFSkIERURWRUwwWURMT1kzSy4u)

Please refer to the flowchart on page 3 for a visual representation of the changes.

Thank you

## Flowchart – new OOPR Process for JRCPTB

Follow the below flowchart to see whether this change in guidance affects you and how.

