

Information on the New Trainers' Course/ Postgraduate Certificate in Medical Education

Introducing the principles and practice of becoming a GP Trainer

In order to become a Trainer, you will need to undertake the New Trainers' Course and obtain the Nottingham Trent University Postgraduate Certificate in Clinical Education. The course consists of two modules, with a three to four-month gap between each.

Each module lasts for three days and includes a number of relevant topics:

- Learning and teaching theory and practice
- Critical analysis and studying at master's (M) level
- Learning styles and skills
- Introduction to assessment including MRCGP and the e-portfolio
- Management of teaching
- Developing the learning environment
- Giving and receiving feedback
- Teaching consultation skills
- Use of video for teaching and assessment
- Education planning
- Helping the Trainee who is not progressing at the expected rate

Why undertake this course

- Supported by HEE's East Midlands local office and Nottingham Trent University
- Learning can be extended to take individuals requirements into account.
- Offers GPs an opportunity to develop the learning and specialist skills which will equip them to be effective trainers of future GPs and other primary healthcare professionals.
- The course is subsidised by HEE; therefore, you only need to contribute £500 (VAT inclusive) towards this cost (this is less than 40% of the total cost of the course).

Entry requirements for the Certificate

- Applicants must work in the East Midlands region
- Evidence of ability to work at this level
- Evidence of previous study at either degree or master's level
- Knowledge and skills equivalent to first level professional register
- At least two years' experience in general practice. This can be either as a principal or salaried doctor or assistant in a GMS or PMS practice
- A minimum of four sessions per week regular commitment to the practice and be a Member or Fellow of the Royal College of General Practitioners
- Must have applied to be a GP Trainer

Programme

The Certificate programme is delivered via a blended learning style on a part-time basis - normally over one academic year, but this can be extended to take individual requirements into account. The Certificate comprises two modules, each worth 30 credits.

The first module is entitled *Developing a Learning Culture* and will incorporate many aspects of understanding the learning environment and organisation within primary care and the expectations of a training practice. It also includes a basic introduction to GP training. It will focus upon the teacher/learner relationships and the application of the theory of adult learning and teaching within primary care.

The second module is called *Education Skills and Practice*, which reviews the models of consultation. It also highlights the value of using the consultation as a teaching tool and a variety of teaching methods, examining the differences between one-to-one and small group teaching. It will examine curriculum development and the development of a learner centred curriculum and the ability to negotiate the learning agenda with the learner.

Teaching and assessment

Workshop style lectures will enable an information exchange between the learner and educator and between learners. Practice based learning will be self-directed undertaken as they work towards completion of their assignments. Learners will also be expected to work with current students, eg in delivering one-to-one teaching. Learners will be part of a learning set facilitated by an experienced Primary Care Educator. The learning set will be a forum for discussion, reflection and support. There will be a range of coursework assessment; currently including reflection on a personal development plan, case studies about the learning environment and a lesson plan and reflective account on a demonstration of feedback skills.

Further information

The Postgraduate Certificate consist of two modules, each taking approximately three months to complete and incorporates a range of teaching and learning techniques, including:

- Compulsory attendance at six full days (the core New Trainers' Course) across the two
 modules which are taken in one academic year please see dates provided.
- Work-based learning supported by your group leader and local established trainers' workshops throughout the course.
- In order to be awarded the Postgraduate Certificate, you are required to complete four summative assignments.
- The Certificate counts for 60 'M' level credits one third of a master's degree. Further
 modules are now becoming available, making it possible for you to proceed on to other M
 level courses.
- By taking the Postgraduate Certificate you will gain a recognisable and transferable qualification, which may be used as a stepping-stone to a master's degree. It will help you to progress further within postgraduate education.

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