

NHS England East Midlands

Primary Care Newsletter

November 2023

Monday 6 – Friday 10 November Midlands Greener Primary Care Week

This will bring together a wide range of stakeholders across primary care. The sessions will showcase examples of how care delivery can and should be greener.

The guest speakers will explore how these actions can improve health for current and future generations, help to deliver high-quality care and overall save money.

We hope to

- Showcase ongoing greener primary care examples to inspire action.
- Bring together key stakeholders across the whole of primary care.
- Begin and facilitate a discussion about how greener activities can be incorporated and embedded into care delivery.

The bite-sized, flexible sessions are open to all primary care staff (not just in the Midlands) and all the sessions will be recorded and made available afterwards.

Please register using the link below:

<https://www.events.england.nhs.uk/events/midlands-greener-primary-care-week>

You can request to receive calendar invites for specific sessions using the link below:

<https://forms.office.com/e/SwKkJxJ5Du>

If you have any questions, please email: england.nhsmidlandsgreener@nhs.net

There is also an offer for training programmes:

Addressing the Population and Planetary Health area of the RCGP curriculum by covering the following topic areas:

1. An introduction to the interconnection between the Climate Crisis and Health.
2. The four principles of Sustainable Healthcare: Prevention, Patient self-care, Lean service delivery, Low carbon alternatives.
3. The carbon hotspots in Primary Care and changes that you can make in clinical practice to address this (noting that medicines & chemicals account for 25% of the NHS' carbon footprint) while optimising the outcome for your patient(s).

4. High quality low carbon asthma care.
5. Maximising sustainable value through sustainable quality improvement projects, by delivering the best possible health outcomes with minimum financial and environmental costs, while adding positive social value at every opportunity.
6. Using case-based discussions to view clinical practice through a planetary lens: How does planetary health impact on this patient or population's health? How does patient/population health management impact on planetary health?

The session would be a mixture of presentation and small group discussion.

In terms of resources, we have pooled the most useful into one place on the Midlands Greener NHS Future Page in the Primary Care section:

<https://future.nhs.uk/MidlandsGreenerNHS>

You must register with NHS Future first. This includes a link to the RCGP Net Zero Hub (including e-learning modules) and the Greener Practice website with their High-Quality Low Carbon Asthma Toolkit.

Rosaline West

GP and NHSE Midlands Net Zero Primary Care Engagement Lead

Greener Practice East Midlands Co-Chair <https://www.greenerpractice.co.uk/>

The Midlands Greener NHS Primary Care Week

We believe we can improve health for future generations, deliver high quality care and save money. We can do this by reducing the negative impacts the NHS has on the environment. Learn from clinicians, practitioners and leaders across the country, including:

- Dr Rajiv Kalia, Associate Medical Director for Primary Care & PCNs
- Dr Terry Kemple, RCGP Lead for Green Impact Toolkit and former RCGP President
- Maria Walawander, Research Fellow at Lancet Countdown

Scan the QR code to sign-up to the Midlands Greener Primary Care Week, taking place from Monday 6 – Friday 10 November.

The bite-sized, flexible sessions open to all primary care staff will be recorded and made available afterwards.



Nottingham Medical School Admissions

We are due to start recruiting interviewers for the Medicine Admissions 2024 entry. The interviews will be online again this year from 13 December 2023 to 2 February 2024.

In past years we have had a good number of GPs and GP trainees volunteer to be interviewers. It is important that we have good representation from GPs on the interview days.

Kind regards
Mandy

Mandy Hampshire
Director of Undergraduate Medicine Admissions
UK Foundation Programme Lead
Widening Participation Champion for Derbyshire
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RCGP Message on CEPS

Clinical Examination and Procedural Skills (CEPS) – **new guidance** from August 2023.

It has always been a requirement to provide evidence of competence in Clinical Examination and Procedural Skills (CEPS) within WPBA.

In addition to the GMC mandated 'intimate' CEPS that all postgraduate doctors in training need to be competent in by the end of ST3, postgraduate doctors in training should also complete a range of 'non-intimate' CEPS.

When grading postgraduate doctors in training within the CEPS capability, Educational Supervisors agree that **“By signing the postgraduate doctor in training off as competent you are satisfied that you have seen the postgraduate doctor in training examine patients and you have no concerns in their ability to examine patients correctly across a wide range of systems”**.

As such, the Clinical Examination and Procedural Skills section in the postgraduate doctors in training Portfolio will include **seven additional observed and assessed CEPS categories from August 2023**.

The guidance and documentation will also be clear to encourage the use of these CEPS to provide evidence for Educational Supervisors when grading the CEPS capability. While these additional CEPS will not initially be mandatory, completion of a range of them along with the GMC mandated CEPS will allow postgraduate doctors in training to demonstrate competence in the CEPS capability and defines more clearly what is meant by a range of non-intimate CEPS.

The seven CEPS categories that will be introduced from August 2023 are:

- Respiratory system
- Ear Nose and Throat
- Abdominal system
- Cardiovascular system
- Musculoskeletal system
- Neurological examination
- Child 1-5 years

The full guidance on CEPS and all other WPBA Assessments can be found on the RCGP website: <https://www.rcgp.org.uk/mrcgp-exams/wpba/assessments>

RCGP Message on SCA

Candidates will have more examination opportunities, with the examination taking place in at least nine months of the year. To enable this to happen there will be a new examination reservation process so candidates are able to plan up to 12 months in advance.

The examination itself will consist of **twelve simulated consultations each lasting twelve minutes**, with an additional three minutes of reading and preparation time between each case.

Consultations will examine a postgraduate doctor in training ability to integrate and apply clinical, professional and communication skills.

The MRCGP examination is a tripos, so the GMC has agreed that physical examination is more authentically assessed in Workplace Based Assessment (WPBA).

Simulated Consultation Assessment (SCA) (rcgp.org.uk)

- An assessment of twelve simulated consultations, each lasting twelve minutes.
- Conducted remotely in a local GP surgery.
- Undertaken only during ST3 training year.
- Delivered across nine months of the year - [see full info on exam dates and booking windows](#)
- The exam fee will be £1,180 - [see the full exam fee breakdown and explanation](#)

Key dates

	Booking period	SCA test date	Results published* (all 17:00 hours)
SCA January 2024	20 November - 24 November 2023	9 January 2024	25 January 2024
SCA February 2024	11 December - 15 December 2023	6 February 2024	29 February 2024
SCA March 2024	15 January - 19 January 2024	5 March - 8 March 2024	27 March 2024

	Booking period	SCA test date	Results published* (all 17:00 hours)
SCA April 2024	12 February - 16 February 2024	2 April - 5 April 2024	25 April 2024
SCA May 2024	18 March - 22 March 2024	8 May - 9 May 2024	30 May 2024
SCA June 2024	15 April - 19 April 2024	4 June - 5 June 2024	27 June 2024

[See full info on exam dates and booking windows](#)

On behalf of all of us in the East Midlands GP School

GP Registrar Forum Update

Hello from the GP registrar forum! We are a group of GP postgraduate doctors in training from across the East Midlands who have decided to come together to discuss ideas and share thoughts on how to improve the GP training scheme across the region. If you are interested in joining, please email us directly gpreistrarforum@gmail.com or Katie Hickin (NHSE Faculty Support Administrator) katie.hickin2@nhs.net

The GP registrar forum provides the opportunity to discuss and feedback matters and concerns related to training, to the GP School Board.

Reema Akhter GPST3 Derby, GP registrar forum chair

Please email any ideas for future content to christine.johnson@nottingham.ac.uk