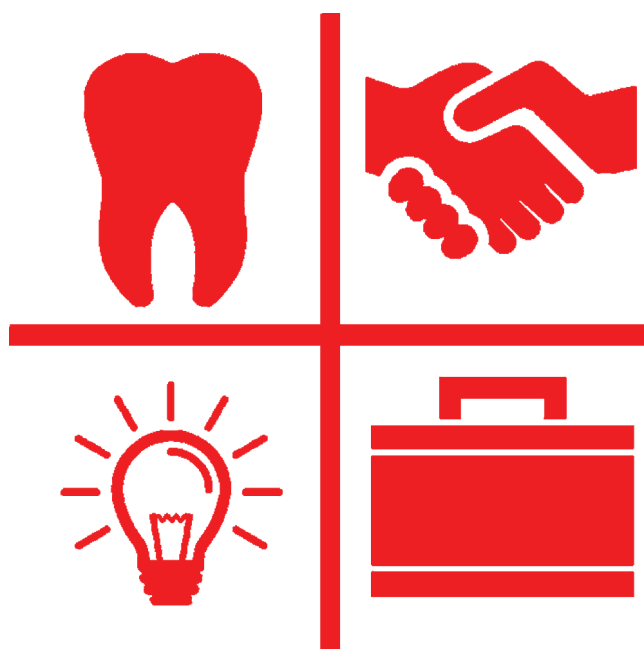


Norfolk and Waveney Dental Foundation Training Scheme

Autumn Term Programme 2022-2023





Norfolk and Waveney Dental Foundation Training Scheme

Postgraduate Education at the Norfolk and Norwich University Hospital

Bob Champion Research & Education Building, Norfolk and Norwich University Hospital

Tel: 01603 286884

East of England Region

Regional Postgraduate Dental Dean

Malcolm Brady

Regional Dental Account Manager

Patti Bradshaw

Regional Dental Faculty Support Officer

TBC

Regional Faculty Support Administrator

Angela Sohi

Postgraduate Centre Manager

Sophie Hudson

Scheme Administrator

Tori Hill

Training Programme Director

Sue Plummer

BDS (Newc)
PG Cert (Dental Education)
Level 7 Diploma in Strategic Management and
Leadership ILM

John G Plummer and associates
Caister medical centre
West Road
Caister-on-Sea
NR30 5AQ

01493 728351

suzanne.plummer@hee.nhs.uk



Norfolk and Waveney Dental Foundation Training Scheme

Index to Autumn Term Programme

East of England Region	2
Index	3
Norfolk and Waveney Scheme Postgraduate Centre	4
List of Study Days for Autumn Term	6
Details of Study Days	8
Calendar for 2022-2023	25
ESs and FDs of Norfolk and Waveney Scheme	28
Buddy ES pairs for Norfolk and Waveney Scheme	30
Online Learning 2022-2023	31
e-LIFT Project 2022-2023	35
Milestones and APLAN 2022-2023	36
Problem Solving and Support Norfolk and Waveney Scheme	37
Claiming Travel and Subsistence 2022-2023	38
Audit Project 2022-2023	39
Practice Equipment List 2022-2023	40
Speakers for Autumn Term	43



Norfolk and Waveney Dental Foundation Training Scheme

Postgraduate Education at the Norfolk and Norwich University



Medical
Education
Administrator



Technical skills
manager



Technical skills
manager

This year we will be taking a blended approach to learning. There will be 10 hands on sessions in the technical skills room NNUH, complemented by 4 meetings at the Bob Champion Research and Education Building and 6 virtual study days delivered on Microsoft Teams.

The speakers have been selected because of their outstanding knowledge and enthusiasm for education and dentistry.

The technical skills room provides a hands on learning experience using 13 phantom heads. The room is maintained by our technical skills managers Neil Redpath and Chris Bligh.

Neil.redpath@nnuh.nhs.uk

Chris.bligh@nnuh.nhs.uk

We are also supported by Sophie Hudson (Deputy Postgraduate Manager) and Tori Hill (Medical education administrator).

Sophie.hudson@nnuh.nhs.uk

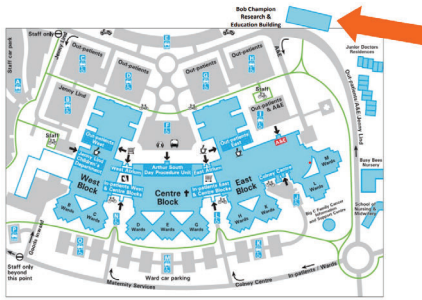
Victoria.hill2@nnuh.nhs.uk

If you have any queries relating to Accent (logging in, updating details or booking courses) please contact dwd.me@hee.nhs.uk.

The Training Programme Director is Sue Plummer. Sue's aim is to help each FD to develop clinically and professionally so that they are prepared for independent practice by the end of the training year. It is hoped that the FD will enjoy exploring the area and meeting new friends while being challenged by the stimulating program.



Norfolk and Norwich University trust hospital



We're situated four miles from the centre of Norwich, close to the University of East Anglia (UEA), to the south west of Norwich, and adjacent to the A47 and A11. If you are using a Sat Nav the postcode you require is NR4 7UY.

Traveling from the A47 by car – leave the A47 at the junction for the B1108 following road signs for the Hospital. At the junction of the B1108 with Colney Lane, turn right and continue straight down Colney Lane through the Norwich Research Park.

Traveling from the A11 by car – leave the A11 at the first roundabout after the Thickthorn A47/A11 junction and follow the road signs for the Hospital.

Travelling from Norwich city centre by car– follow signs for A11 Thetford. Once on the A11 turn right at the Cringleford roundabout and follow the road signs for the Hospital.

The Costessey Park and ride service runs every 15 minutes, Monday to Friday, excluding bank holidays. Starting at 6.30am from the P&R site (NR9 3LX), the last bus leaves NNUH at 8.20pm. The cost is £1 per person return.

Parking is available on site in a NRP multistorey car park (NR4 7UQ) at a charge of £8 for up to 8 hours.

There is also a bus service to the hospital from the Norwich train station. Please allow 20 minutes for this journey.

The technical skills room is located on Level 1, Central block of the Norfolk and Norwich University Trust hospital.

Bob Champion Research and Education Building (NR4 7UQ) is very close to NNUH.



Autumn Term

Venues and Subjects

Friday 2nd September	Clinical Skills Refresher	<i>Technical skills room, Level 1 Central block, NNUH</i>
Friday 9th September	Regional Induction - Welcome and Introduction Using the Dental ePortfolio Introduction to the GDC The NHS Business Services Authority. -- The Role of the Lead Employer in DFT.	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 16th September	Scheme Induction	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 23rd September	NHS rules and regulations Photography	<i>Room 10 and 10a, BCB, NR4 7UQ</i>
Friday 7th October	Treatment planning	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 11th November	Oral surgery	<i>Technical skills room, Level 1 Central block, NNUH</i>
Friday 14th October	Paedodontics	<i>Room 10, BCB, NR4 7UQ</i>
Friday 21st October	Early stage review	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 18th November	Milestone 1 case presentations	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 25th November	Endodontics	<i>Technical skills room, Level 1 Central block, NNUH</i>

Friday 2nd December	Pain and anxiety management Dental emergencies	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 9th December	Medicolegal	<i>Virtual Remote Learning Platform - Links to be confirmed.</i>
Friday 16th December	Communication	<i>Room 10 and 10a, BCB, NR4 7UQ</i>

Important Dates and Deadlines

Early stage review	Friday 21st October 2022
Deadline Milestone 2 upload (A Plan)	Friday 13th January 2023
ES scheme meeting 1pm (Virtual)	Friday 27th January 2023 1pm
Deadline Milestone 2 feedback (A Plan)	Friday 27th January 2023
Deadline e Lift submission (A Plan)	Friday 7th April 2023
ES development day - TBC	Friday 28th April 2023
Deadline e Lift marking	Friday 5th May 2023
ES scheme meeting 1pm (Virtual)	Friday 26th May 2023
Deadline Milestone 3 upload (A Plan)	Friday 2nd June 2023
Deadline Milestone 3 feedback (A Plan)	Friday 16th June 2023
ES preparation day 2023/24 TBC	Friday 16th June 2023
FRCP	Wednesday 12th July 2023



Friday 2nd September

Technical skills room, Level 1 Central block, NNUH

Day Session

09.30

Clinical Skills Refresher

CPD Hrs = 6

Sue Plummer, Kate Pearce and Dan Evans.

TPD and ESs.

This session is an opportunity to carry out clinical work in a skills room and to revisit many straightforward clinical techniques learned whilst at dental school. It is an opportunity for peer review and guidance from some of the Scheme's Educational Supervisors.

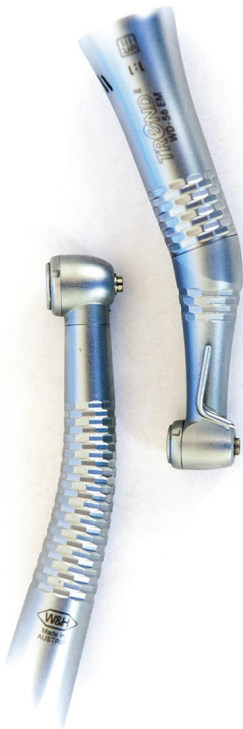
Objectives

- Be able to evidence the systematic and accurate removal of simulated dental caries.
- Have an opportunity to refresh dental preparation skills on a simulator prior to starting work in general dental practice.
- To have practised cutting a full crown preparation.

Learning Content

- Appreciation of the importance of accurate caries removal and the preservation of sound dentine and supported enamel
- Knowledge of any requirements for targeted support by the ES.

GDC Outcomes: C D



16.30

End



Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

Morning Session

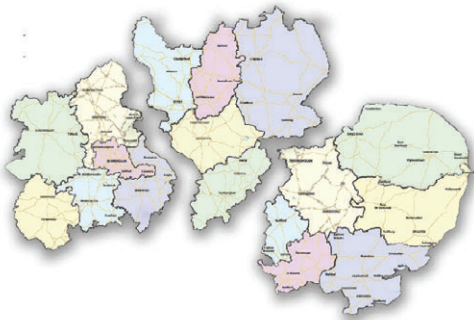
09.00

Regional Induction - Welcome and Introduction

CPD Hrs = 0.5

Mike Foster

Regional Postgraduate Dental Dean, Midlands



This session is a welcome to all the new Foundation Dentists in the East of England and Midlands Regions and to introduce and orientate them to their Dental Foundation Training year. It will help everyone develop their role as a Foundation Dentist throughout the year by providing information about the content and timelines that have to be maintained. Completion of Dental Foundation Training has specific requirements and these will be outlined and discussed.

Objectives

- Explain what the Dental Foundation Training year involves, the induction process, the support services available and the commitment needed to complete the year.
- Provide experience, access to and navigation of the Dental Foundation Training e-portfolio, Intrepid Course Manager and APlan.
- Define the RCP process involved in the satisfactory completion of Dental Foundation Training.

Learning Content

- Be able to demonstrate an understanding of learning styles and reflection.
- Have a recognition of your peer group and Regional HEE personnel together with an enhanced ability to work with others as a team.
- Recognise the need for professional and ethical behaviour and have knowledge of the NHS rules and regulations. CP process involved in the satisfactory completion of Dental Foundation Training.

GDC Outcomes: A B C D





Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

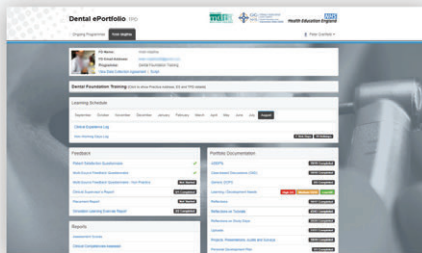
09.30

Using the Dental ePortfolio

CPD Hrs = 1.5

Peter Cranfield

TPD & Regional Advisor for Projects & Innovation



The Dental ePortfolio is an online record of your progress and development throughout the Foundation Training year. Not only does it contain your reflective comments on your experiences and learning, but it also records all your achievements and their assessments. It provides tools for gaining feedback from the dental team around you, and also from your patients. It also logs your clinical work and growth. Timely completion of the ePortfolio is essential and this session is an opportunity to learn about the content and hidden depths of the ePortfolio.

10.50

Break

11.00

Introduction to the GDC

CPD Hrs = 6

Elena Scherbatykh

Policy Manager · General Dental Council



The General Dental Council is an independent organisation which regulates dentists and dental care professionals in the UK. They set dental standards, hold a register of qualified dental professionals, quality assure education and investigate concerns about treatment or conduct.

Objectives

- To learn about the role and structure of the GDC.
- To learn about how the GDC regulates the profession
- To learn about professional and ethical responsibilities of registrants

Learning Content

- FD's responsibilities as Dental Professionals
- How the GDC functions.
- What sanctions can be applied to registrants in breach of their professional standards

GDC Outcomes: A B C D

12.00

Lunch



Friday 9th September

Virtual Remote Learning Platform - Links to be confirmed.

Afternoon Session

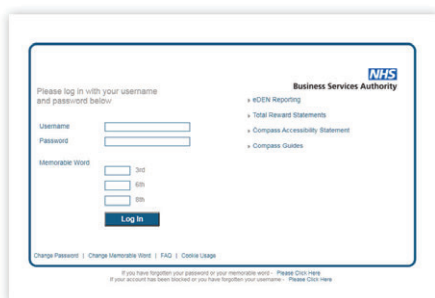
12.30

**The NHS Business Services Authority. --
The Role of the Lead Employer in DFT.**

CPD Hrs = 1.25

Nathand Brown -- Lyndsey McLoughlin

Clinical Advisor NHS Dental Services -- HR Project Support Manager DFT



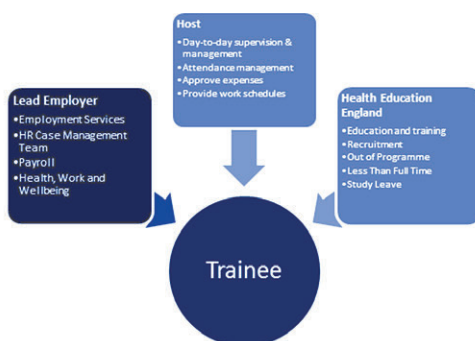
The NHS BSA support dental providers and performers. They are responsible for processing the claims we make in practice for the treatment that we provide for our patients:- over 43.6 million dental claims per year.

Our access to the BSA is via the Compass portal, where we can see and update information about ourselves as dental performers and our dental claims.

This webinar will give insight into the work of the BSA and the NHS Dental Regulations.

The Lead Employer in Dental Foundation Training covers many roles and functions. This presentation will provide information and guidance for everyone

The session will be completed by a short session from Malcolm Brady, Regional Postgraduate Dental Dean, East of England.



13.45

End



Friday 16th September

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Scheme Induction

CPD Hrs = 6

Sue Plummer, Biran Shah, Nick Stolls

Scheme Training Programme Director

Learn about the Dental Foundation Training year, the induction process, the support services available and the commitment needed to complete the year.

Objectives

- *To introduce and orientate delegates to the Dental Foundation Training programme.*
- *To give delegates tools to develop their role as a Foundation Dentist throughout the year.*
- *Inform delegates of the requirements of Foundation Training and to develop teamwork skills.*

Learning Content

- *"Be able to demonstrate an understanding of learning styles and reflection."*
- *Define the timeline of the Dental Foundation Training year.*
- *Have a knowledge of their peer group and Midlands & East HEE personnel together with an enhanced ability to work with others as a team.*

GDC Outcomes: A B D





Friday 23rd September

Room 10 and 10a, BCB, NR4 7UQ

Morning Session

09.30

NHS rules and regulations

CPD Hrs = 3

Tom Norfolk

General Dental Practitioner, Joint Chair of the Local Dental Network

Provide Foundation Dentists with a working knowledge of the rules and regulations applying to the provision of NHS dental care for their patients and to ensure they are able to inform patients appropriately of the availability of NHS services.

Objectives

- *Explain how and when to claim for NHS treatment that has been provided to patients.*
- *Defines the rules regarding provision of NHS dental care.*
- *Have the ability to talk confidently about what can be provided through NHS dental services.*

Learning Content

- *List the structures and content of NHS treatment bands and associated NHS banding charges*
- *Apply the rules regarding the provision of NHS dental care.*
- *Be able to perform within the structure of NHS GDC contracts.*

GDC Outcomes: A B D



Adam Smith and Andy Bell

ES Norfolk and Waveney

To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.

Objectives

- *To review the terminology and basic functions of cameras and accessory equipment used in dental clinical photography, allowing the Foundation Dentist to take good quality clinical images.*
- *Identify the importance of obtaining valid consent from patients and keeping full and contemporaneous records alongside consent policies and procedures required when taking, storing and publishing clinical photographic images.*
- *Evaluate use of the most optimal equipment, camera settings and accessory equipment to produce high quality clinical images and to be able to diagnose if how to improve suboptimal images.*

Learning Content

- *Demonstrate consistent, high quality clinical images to be used for patient education, building their own clinical portfolio and for coursework submissions throughout the training year.*
- *Evaluate their own clinical images to troubleshoot how to improve them where issues arise.*
- *Construct a systematic approach to make clinical photography routine in the Foundation Dentist's daily workflow.*

GDC Outcomes: A C

Please bring your practice photographic equipment to this session





Friday 7th October

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Treatment planning

CPD Hrs = 6

Nick Lamb

Dental Professional Adviser to NHS England East. GDP.

This session is designed to explore the structure behind efficient and effective treatment planning.

As a professional dentist it is vital that we provide our patients with optimal treatment but also follow the guidance and regulations that support the provision of primary care dentistry in England.



Objectives

- *Explore the multiple factors involved in the development of a patients' treatment plan for NHS care.*
- *Review the methods of assessing a patient's needs, wishes, requirements, and the treatment options available for each patient in relation to the NHS regulations.*
- *Evaluate the skills necessary to be able to manage, involve and communicate to a patient the options for treatment plan including patient's responsibilities and preventive regimes, or any need for referral.*

Learning Content

- *Identify and clarify a patient's treatment needs and requirements in relation to their wishes and expectations.*
- *Formulate suitable and effective treatment plans for patients including options for treatment modalities within the NHS regulations, including the need for referral.*
- *Recognize the level of communication required to discuss with a patient an effective treatment plan in a manner that manages their expectations, wishes, and requirements in an ethical and professional manner.*

GDC Outcomes: A B C D



Friday 11th November

Technical skills room, Level 1 Central block, NNUH

Day Session

09.30

Oral surgery

CPD Hrs = 6

Rachel Grimmer and Kate Rustage

Specialty Grade Doctor at The Norfolk and Norwich University Hospital

Allow participants to become more competent in oral surgery procedures undertaken in primary care, including the use of flaps and bone removal where appropriate.

Objectives

- Explain the importance of patient medical history for oral surgery procedures as part of the overall pre-operative assessment processes and the relevance of National guidelines in this context, and when to refer to secondary care.
- Define local anaesthetic pharmacology, appropriate use of local anaesthetics and potential complications and their management.
- Provide practical training in the principles of assessment, flap design, bone removal and sectioning of teeth that require this approach for removal, including discussion of instrument selection (the surgical armamentarium) to undertake minor oral surgery procedures in general dental practice.
- Identify appropriate post-operative care and pain management for oral surgery patients

Learning Content

- Evaluate and demonstrate application in the diagnosis, treatment and aftercare of patients requiring exodontia in general dental practice.
- Demonstrate greater skill and knowledge of methods of providing simple oral surgery and the instruments used to aid this.
- List the relevant guidance relating to oral surgery care in general dental practice.

GDC Outcomes: A B C D





Friday 14th October

Room 10, BCB, NR4 7UQ

Day Session

09.30

Paedodontics

CPD Hrs = 6

Callum Limer

MSc in paediatric dentistry

The aim of this day is to review current best practice in the dental management of paediatric patients. This will be discussed using a series of case studies (plus the use of models to conduct hands on exercises.

Objectives

- Review and explore methods and techniques for providing high quality dental care to children from a range of backgrounds.
- Assess and list our responsibilities in relation to paediatric management within in general dental practice.
- Demonstrate the use of stainless steel crowns on models to help develop the skills to use the Hall technique in a reliable manner.

Learning Content

- Perform a clinical assessment, special investigations and immediate management of acute dental trauma. Be able to evaluate our responsibilities to provide safeguarding for children within a general dental environment.
- "List current treatment protocols in managing symptomatic/asymptomatic primary teeth and be able to apply current restorative techniques to manage various scenarios."
- Recognise when a stainless steel crown is the preferred treatment option in and demonstrate delivery of this treatment modality.

GDC Outcomes: A C



Please bring your Halls crowns to todays session



Friday 21st October

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Early stage review

CPD Hrs = 0

Sue Plummer

TPD

An opportunity for a one to one meeting between the Training Programme Director and the FD after a period of initial induction.

This is an informal and confidential meeting to discuss various topics to include: practice life, portfolio work and progress in the earlier period of training.

There is an opportunity for FDs to highlight any issues, be that clinical, wellbeing, practical or pastoral.



Learning Content

- To ensure a solid and full induction has happened.
- To highlight any issues and plan timely and appropriate corrective interventions.
- Opportunity for the FD to highlight any of their concerns.

GDC Outcomes: A B D

Ensure your portfolio is up to date and all outstanding tasks completed.



Friday 18th November

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Milestone 1 case presentations

CPD Hrs = 6

ES panel

ES Norfolk and Waveney

Dental Milestones are an assessment and learning process that occurs throughout the DFT year. At key stages Foundation Dentists are asked to produce clinical case reports / case presentations which increase in complexity through the year.

Milestone 1 is a clinical case that demonstrates treatment planning skills, it can be based around an emergency dental appointment with relevant treatment and long term plans or a treatment plan for a patient with dental disease.

You will present your Milestone 1, using PowerPoint, to the members of the Scheme and ESs for peer review. You will also receive formative feedback from the ESs and your TPD. This will help to highlight any learning needs highlighted by the clinical case and presentation.

Objectives

- *Learn to use the case of a patient with dental trauma or a dental emergency to reflect on clinical skills of analysis and care provision together with improved presentation skills.*
- *Improvement in the provision of patient care through use of reflection, analysis and planning.*

GDC Outcomes: A C D





Friday 25th November

Technical skills room, Level 1 Central block, NNUH

Day Session

09.30

Endodontics

CPD Hrs = 6

Daniel Vaz de Souza

LMD, Dip Rest Dent FGDP RCSEng, MClinDent, MEndo, RCSEd

To give Foundation Dentists greater confidence, knowledge and technical ability in diagnosis and treatment of apical and pulpal pathology, and understand modern concepts in its prevention. To allow Foundation Dentists to understand the factors involved in restoring the endodontically treated tooth.

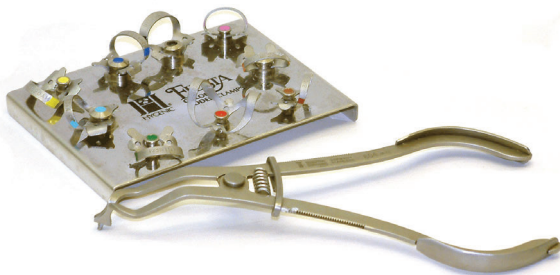
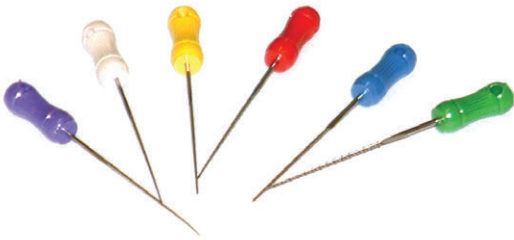
Objectives

- Review current concepts in the prevention of apical and pulpal pathology.
- Describe the pathophysiology of the pulp-dentine complex and the symptoms of pulp-dentine pathology.
- Undertake practical training to have a greater knowledge of the principles of endodontic access, canal preparation, canal irrigation, obturation and the restoration of the endodontically treated tooth.

Learning Content

- Demonstrate an enhanced knowledge and ability to manage patients with endodontic problems.
- Demonstrate greater skill in the treatment of endodontically involved teeth.
- Evaluate how to restore the endodontically treated tooth.

GDC Outcomes: A C





Friday 2nd December

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Pain and anxiety management

CPD Hrs = 3

Kara Gates and Ganga Allen

Community dental services.

To give knowledge, understanding and practical ability to be able to successfully manage an anxious patient with particular focus to IV sedation with midazolam.

Objectives

- Define the current standards in conscious sedation in relation to primary dental care.
- Compare and discuss the mechanisms of action, roles and limitations of premedication, inhalation sedation, oral sedation, intravenous sedation and general anaesthesia.
- Describe when to refer.

Learning Content

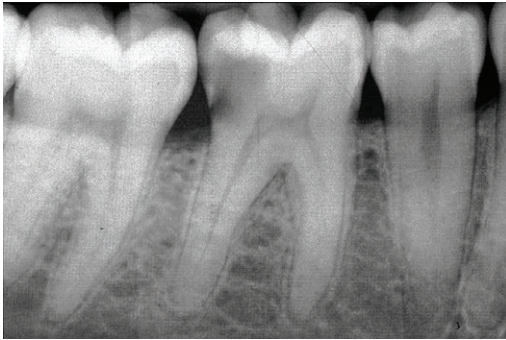
- List the current standards/guidance in conscious sedation in primary dental care.
- Differentiate between different treatment options for anxious patients, define 'conscious sedation' and its indications/contraindications, alongside recognising physiological norms as part of the patient assessment and monitoring.
- Compare the presentation and pharmacology of Midazolam and Flumazenil for use in Intravenous Sedation and recognise medical emergencies that may arise during use of these drugs and how to act.

GDC Outcomes: A B C



Jill Geaney

ES and part time lecturer at Royal London Dental school.



To help Foundation Dentists to be more competent in the diagnosis and management of dental emergencies, causes and types of pain and be aware the role the entire team play in this respect.

Objectives

- *Identify the importance of thorough history taking, special tests, diagnosis and treatment planning for dental emergencies, including informed consent.*
- *Evaluate appropriate management strategies for patients that present with dental trauma and pain.*
- *Discuss the need to be confident in liaising with the wider team to help schedule emergency appointments so there is sufficient time to manage them appropriately.*

Learning Content

- *Content Foundation Dentists will be able to describe how to competently manage commonly occurring dental emergencies, including trauma.*
- *Organise and manage their own diaries to be able to cope with dental emergencies in a consistent, stress-free environment.*

**GDC Outcomes: A C**



Friday 9th December

Virtual Remote Learning Platform - Links to be confirmed.

Day Session

09.30

Medicolegal

CPD Hrs = 6

Nick Barker

Professor of Oral Health Sciences & MSc Module Lead at University of Essex,

Explore and discuss various elements of the medico-legal and regulatory framework covering dentistry

Objectives

- *List the regulations and requirements regarding record keeping and dealing with complaints.*
- *Explore the legal and ethical responsibilities of dentists and the team including the provision of dental care within the structure and principles of providing NHS dental care.*
- *To learn about the regulations surrounding the process of correct management of patient complaints within General Dental Practice.*
- *Describe the processes of the GDCs regulation of the profession.*

Learning Content

- *Produce effective patient records within dental practice.*
- *Implement appropriate complaints handling in general dental practice*
- *Identify the role of an indemnity provider in the support of the practice team and be able to define the professional responsibilities of all members of the dental team.*

GDC Outcomes: A B C D





Friday 16th December

Room 10 and 10a, BCB, NR4 7UQ

Day Session

09.30

Communication

CPD Hrs = 6

Anthony Asquith

To demonstrate the importance of communication and introduce Foundation Dentists to a range of skills they can use to communicate effectively with patients, team members and colleagues

Objectives

- *Raise awareness of the importance of communication skills.*
- *Evaluate and assess clinician and patient interactions.*
- *Identify successful strategies to improve communication.*

Learning Content

- *Participants will be able to describe how stress affects their own communication with others and define the factors that affect the behaviours and communication of others.*
- *Differentiate the importance of non-verbal communication and active listening.*
- *Explain the range of skills required for dealing with a complaint and for providing feedback to colleagues.*

GDC Outcomes: A B D





Calendar 2022-2023

Thursday 1st September 2022

FD in practice

Friday 2nd September 2022

Clinical skills refresher course - Technical skills room NNUH

Friday 9th September 2022

DFT 26 Regional induction (9-4.30) Virtual

Friday 16th September 2022

DFT 02 Local Induction and well being - Virtual

Friday 23rd September 2022

DFT 18 NHS rules and regulations (9-12.30) BCC NNUH
DFT 06 Photography (1.30-4.30) BCC NNUH
Proposed scheme event evening

Friday 30th September 2022

FD in practice
SMT training eLH deadline

Friday 7th October 2022

DFT 03 Treatment planning - Virtual (9 - 4.30)

Friday 14th October 2022

DFT 14 Paediatric dentistry BCC NNUH
DFT 15 Orthodontics BCC NNUH
ES and FD ESR report deadline

Friday 21st October 2022

FD in practice
ESR - 30 minute virtual appointment times to be confirmed
Induction deadline

Friday 28th October 2022

FD in practice
Mental capacity, alcohol and tobacco intervention, MECC eLH deadline.

Friday 4th November 2022

FD in practice
HEE rubber dam and BDA OC tool kit deadline.

Friday 11th November 2022

DFT 07 Oral Surgery - Technical skills room NNUH

Friday 18th November 2022

DFT 21 Milestone 1 - Virtual

Friday 25th November 2022

DFT 04 Endodontics part 1 - Technical skills room NNUH

Friday 2nd December 2022

DFT 09 Anxiety & Pain management - Virtual
DFT 16 Dental emergencies - Virtual
Record card audit deadline.
Complete surgical ADEPT

Friday 9th December 2022

DFT 08 Medicolegal - Virtual

Friday 16th December 2022

DFT 05 Communication (9am start) BCC NNUH
Proposed scheme social evening

Friday 23rd December 2022

FD in practice

Friday 30th December 2022

FD in practice
MSF and PSQ deadline

Friday 6th January 2023

FD in practice
SCRIPT deadline

Friday 13th January 2023

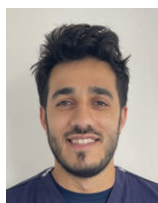
DFT 13 Restorative dentistry - amalgam
Technical skills room NNUH
Upload MS2 onto A Plan deadline

Friday 20th January 2023	DFT 04 Endodontics part 2 - Technical skills room NNUH
Friday 27th January 2023	DFT 25 Accounts, finance & contracts - Virtual (9 - 12.30) FD Scheme meeting (1.30-3) Virtual MS2 Feedback deadline
Friday 3rd February 2023	DFT 22 Milestone 2 - BCB NNUH Scheme social evening ES IRCP report written
Friday 10th February 2023	FD in practice ES scheme meeting virtual 1-2
Wednesday 22nd February 2023	IRCP
Thursday 23rd February 2023	DFT 13 Restorative dentistry -Tooth wear Technical skills room NNUH
Friday 24th February 2023	DFT 20 Occlusion - Technical skills room NNUH
Friday 3rd March 2023	DFT 13 Restorative dentistry- Virtual
Friday 10th March 2023	DFT 13 Restorative dentistry- composites Technical skills room NNUH
Friday 17th March 2023	DFT 10 Removable prosthetics Technical skills room NNUH
Friday 24th March 2023	FD in practice
Friday 31st March 2023	FD in practice
Friday 7th April 2023	FD in practice E lift submission deadline
Friday 14th April 2023	Good Friday
Friday 21st April 2023	DFT 25 Accounts, finance & contracts part 2 Virtual DFT 24 Clinical audit presentations - Virtual
Friday 28th April 2023	FD in practice ES developement day - TBC Submit audit project
Friday 5th May 2023	DFT 11 Periodontics Technical skills room NNUH E Lift marking deadline
Friday 12th May 2023	DFT01 Behavioural Change - Virtual
Friday 19th May 2023	FD in practice E Lift resubmission deadline
Friday 26th May 2023	FD in practice ES meeting 1-2 pm Virtual
Friday 2nd June 2023	FD in practice MS3 submission deadline
Friday 9th June 2023	FD in practice
Friday 16th June 2023	FD in practice ES preparation day - TBC MS3 feedback deadline E Lift resubmission marking deadline
Thursday 22nd June 2023	DFT 23 Milestone 3 am only Virtual
Friday 23rd June 2023	DFT 23 Milestone 3 am only Virtual

Friday 30th June 2023	FD in practice
Friday 7th July 2023	ALL DFT27 Regional showcase - TBC
Friday 14th July 2023	FD in practice ES FRCP reports to be completed
Friday 21st July 2023	FD in practice
Tuesday 25th July 2023	FRCP
Friday 28th July 2023	FD in practice
Friday 4th August 2023	FD in practice
Friday 11th August 2023	FD in practice
Friday 18th August 2023	FD in practice
Friday 25th August 2023	FD in practice



Educational Supervisors and Foundation Dentists



Arman Maqbool

Manningtree Dental Practice, 17a High Street, Manningtree, CO11 1AG



Chanvir Singh Mankoo

University of Bristol

01206 391065



**Ben Warminger
Adam Smith**

John G Plummer and associates, 5 Upper Stafford Ave, New Costessey, NR5 0AB



India Casey

Liverpool Dental School

01603 744007



**Biran Shah
Adam Smith**

John G Plummer and associates, 5 Upper Stafford Ave, New Costessey, NR5 0AB



Fahad Khawaja

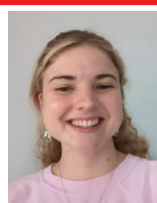
Queen Mary University of London

01603 744007



**Jill Geaney
Kate Pearce**

Wedgwood House Dental Practice, 100 Bury Street, Stowmarket, IP14 1HF



Daisy Ridsdill Smith

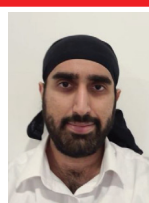
University of Sheffield

01449 771700



**Jill Geaney
Kate Pearce**

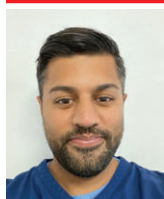
Wedgwood House Dental Practice, 100 Bury Street, Stowmarket, IP14 1HF



Rajdeep Dhamu

King's College London

01449 771700



Cheerag Raval

Tavern Street Dental Practice, 5 Tavern Street, Stowmarket, IP14 1PJ



Payman Sanamirad

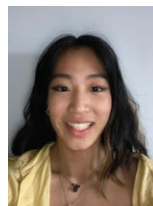
Queen's University Belfast

01449 612181



Daniel Evans
Joshua Davies

Hooker House Dental Practice, Quay Street, Halesworth, IP19 8EP



Julia Lee

University of Manchester

01986 872113



Ashley Pettit

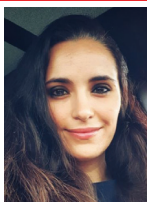
Capel Dental, 63 Thorney Road, Capel St Mary, Ipswich, IP9 2LL



Abdullah Moin

Queen Mary University of London

01473 311130



Ifaniyi Oshiga
Carla Martins

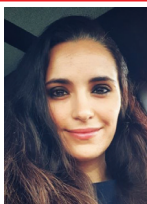
Beechcroft Dental Practice, Beechcroft, Norwich, NR5 0RS



Aya Layth Qased Al-Harbawee

Mosul University College of Dentistry

01493 747651



Ifaniyi Oshiga
Carla Martins

Beechcroft Dental Practice, Beechcroft, Norwich, NR5 0RS



Habiba Abu-Elmagd

University of Bristol

01603 747651



Ganga Allen
Kara Gates

Hillside Clinic, 7 Hillside Road, Bury St Edmunds, IP32 7EA



Jonathan Gould

University of Plymouth

03005556667 option 2



Andrew Bell
Richard McCormick

John G Plummer and Associates, Caister medical centre, West road, Caister on Sea NR30 5AQ



Eliza Van Vredenburg

Universidad Catolica de Valencia

01493 728351



Sam Ssenyonga

John G Plummer and associates, Corton Road, Lowestoft NR32 4PH

01502 567519



Norfolk and Waveney Scheme Buddy ES Pairings 2022-2023

Foundation Dentist	Educational Supervisor(s)	Buddy ES(s)
Chanvir Singh Mankoo	Arman Maqbool	Cheerag Raval
Fahad Khawaja	Biran Shah Adam Smith	Ifaniyi Oshiga Carla Martins
Julia Ridsdill Smith	Jill Geaney Kate Pearce	Ganga Allen Kara Gates
Rajdeep Dhamu	Jill Geaney Kate Pearce	Dan Evans Josh Davis
Payman Sanamirad	Cheerag Raval	Ash Pettit
Julia Lee	Daniel Evans Joshua Davies	Jill Geaney
Mohammad Abdullah Moin	Ashley Pettit	Arman Maqbool
Aya Layth Qased Al-Harbawee	Ifaniyi Oshiga Carla Martins	Biran Shah Adam Smith
Habiba Abu-Elmagd	Ifaniyi Oshiga Carla Martins	Ben Warminger
Jonathan Gould	Ganga Allen Kara Gates	Kate Pearce
Eliza Van Vredenburg	Andrew Bell Richard McCormick	Sam SSenyonga
Eyvone James	Sam SSenyonga	Andrew Bell Richard McCormick



Online Learning

2022-2023

List of Mandatory E-Learning

As part of your Foundation training year within the Midlands and the East of England Regions you will undertake a number of online e_Learning modules.

All of these e-learning modules have specific completion dates.

Most of the e-Learning can be accessed from the e-LFH (e-Learning for Health) website, but the Script modules can be accessed directly from your e-Portfolio using the tab at the top of the dashboard page.

e-Learning for Health

Once you have received your login details from e_Learning for Health you can access all the necessary modules by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

This takes you to a portal which leads to the **Midlands and East - Dental Foundation Trainees** learning path.

Here is a list of all the modules. Once each module has been completed the assessment for that module should also be completed and the certificate of completion uploaded to the e-Portfolio.

Modules Course Sections

Statutory and Mandatory Training (SMT) Completion by Early Stage Review

- Conflict Resolution Level 1 40 mins
- Data Security Awareness Level 1 70 mins
- Equality and Diversity and Human Rights Level 1 20 mins
- Fire Safety Level 1 30 mins
- Moving and Handling Level 1 40 mins
- Preventing Radicalisation - Basic Prevent Awareness 35 mins
- Safeguarding Adults Level 1 40 mins
- Safeguarding Adults Level 2 40 mins
- Safeguarding Children Level 1 30 mins
- Safeguarding Children Level 2 35 mins

Mental Capacity Act (MCA) Completion by IRCP

- Mental Capacity Act as Part of Human Rights 20 mins
- Assessing Mental Capacity 20 mins
- Planning Ahead Using the MCA 20 mins
- Best Interests 20 mins
- Restraint 20 mins

Deprivation of Liberty 20 mins
Relationship Between the MCA and the MHA 20 mins
Mental Capacity Act and Young People aged 16 or 17 20 mins
Research Involving People Who Lack Capacity 20 mins
Mental Capacity Act and Adult Safeguarding 20 mins
Settling Disputes and Disagreements 20 mins

Alcohol and Tobacco Brief Interventions Completion by IRCP

Introduction to treating and preventing ill health 15 mins
Very Brief Advice on Smoking 15 mins
Alcohol Brief Advice 15 mins
Bringing It Together - Multiple Risk Factors 15 mins
Assessment 10 mins

Making Every Contact Count (MECC) Completion by IRCP

What is MECC and why is it important 30 mins
How to have a MECC conversation 30 mins
Signposting 15 mins
Five Ways to Wellbeing 30 mins
Assessment 10 mins

HEE Rubber Dam Placement video Completion by IRCP

Using your login details for e_Learning for Health you can access this module by using this link:

<https://portal.e-lfh.org.uk/Component/Details/660298>

Script - An eLearning programme to improve prescribing competency

Please use the link in your e-Portfolio to access the Script site. When you have completed a module, this information will be passed to your e-Portfolio but you may wish to download a completion certificates for your CPD records.

Modules Completion by FRCP

Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins
Special Patient Groups 60 mins
Utilising the BNF 60 mins
Medical Emergencies 60 mins
Periprocedural Prescribing 60 mins
Dental Infection 60 mins
Pain, Ulceration, and Inflammation 60 mins
Prescription Documentation and the Drug History 60 mins
Medication Errors and Adverse Drug Reactions 60 mins

BDA & Cancer Research UK Oral Cancer Recognition Toolkit

https://www.doctors.net.uk/eclientopen/cruk/oral_cancer_toolkit_2015_open/

Although this topic may be covered in a study day, the toolkit is very valuable, and it is advised this is still completed irrespective of a scheme running an oral cancer study day. The completion certificates should be uploaded to your e-Portfolio

Module Completion by FRCP

BDA-CRUK Oral Cancer Recognition Toolkit 3 hours

List of Supplementary E-Learning Dentistry (e-Den) e-Learning for Health

<https://portal.e-lfh.org.uk>

This is a series of modules about dentistry known as e-Den. You will find these modules helpful when used in conjunction with your Study Days. References to particular modules may be included in the information for each Study Day. Accessing the relevant module before the Study Day will help you to gain more from the interactive learning session.

To locate the e-Den modules in the e-Learning for Health Website, click on '**My e-Learning**' at the top of the webpage and then enter the **Dentistry** name in the search box. When the search results appear, you will see the **Dentistry** module listed with an icon; click on '**Enrol**' and the Module will be added to your account. You will then be able to see each of the e-Den Modules and Course Sections in 'My e-Learning'.

e-Den Module

1 Patient Assessment

Profiling the Patient Assessment Methods and Techniques
Good Practice Health Promotion and Disease Prevention
Patient Assessment Profiling the Patient

2 Human Diseases and Medical and Dental Emergencies

Medical Topics and Dentistry Medical Emergencies In Dentistry

3 Anxiety and Pain Control in Dentistry

Principles of Dental Pain Mediators of Central Pain
Dental Local Anaesthesia Dental Local Anaesthetic Technique
Management of Dental Pain Non-Pharmacological Anxiety Management
Intravenous Sedation Inhalation Sedation
Dental General Anaesthesia

4 Periodontal Disease and Management

Aetiology of Periodontal Disease
Periodontal Diagnosis and Determination of Prognosis Periodontal Treatment Options
Patient Education and self-Performed Plaque Control Non-Surgical Periodontal Therapy
Surgical Periodontal Therapy

5 Hard and Soft Tissue Surgery

Pre- and Post-operative Assessment Exodontia
Surgical Dentistry Advanced Trauma Life Support (ATLS)

Management of Un-Erupted, Impacted, Ectopic Management of Benign Soft Tissue lesions and Supernumerary Teeth

6 Surgical and Non-Surgical Management of Head and Neck Disease

Accurate Drug History and Relevance of Allergies Odontogenic Infections

Management of Oral Mucosal Diseases Craniofacial Pain Disorders

Neoplastic and Non Neoplastic Disease of the Head and Neck

7 Management of the Developing Dentition

Orthodontic Indices Assessment for interceptive Treatment

Space Maintenance Simple Removable Appliances

Oral Habits and Occlusal Trauma in the Mixed Dentition

Emergency Care and Management of Orthodontal Problems

Contemporary Orthodontics Normal Facial Growth and Dental Development

Abnormalities of Facial Growth and Dental Development

8 Restoration of Teeth

Caries Restoration of Permanent Teeth

Crowns Restoration of Deciduous Teeth

Aesthetic Dentistry Dental Biomaterials

Tooth Surface Loss Endodontics

Dental Trauma

9 Replacement of Teeth

Bridgework Occlusion

Complete Dentures Partial Dentures

Implantology Miscellaneous

10 Communication

Patient and the Family Teamworking

Other Professionals

11 Professionalism

Ethics Self

The Clinical Team and Peers

12 Management and Leadership

The Need for Effective leadership and Management Quality in Healthcare

Risk Management Self-Management

Change Management Managing a Business

Healthcare Systems Professional Practice

Management and Leadership

13 Sustainable Dentistry

Introduction to Sustainable Dentistry Measuring carbon in Healthcare



e-LIFT Project

2022-2023

Project '**e-LiFT**' stands for Evidence-linked Learning in Foundation Training. This is simply project work covering the non-clinical elements of the DFT curriculum which are the domains of communication, professionalism, management and leadership.

FDs are expected to complete what are essentially reflective learning exercises in four modules underpinned by evidence of their own work completed in the training practice. The modules are core topics for the FD to reflect upon:

- Infection control
- Radiology
- Medical emergencies
- Clinical communication

The reflective learning exercise for each module, allows for flexibility for the FD to hone in on specific learning or development points that have influenced them the most in their training year. Each of the modules will entail reflective writing amounting to 1000 - 1250 words, each module supported by 4- 6 pieces of evidence.

Guidance documents and templates are available on the website at:

<https://heeoee.hee.nhs.uk/node/2567>

The modules will be assessed by anonymous ESs using the APLAN platform. All four Modules are to be completed and uploaded to APLAN **7th April 2023**. You will be notified of the date of the start of the submission period; there is no room for late submission of cases or feedback reviews.

If you have any further queries please contact your TPD.



Milestones and APLAN

2022-2023

Milestones and APLAN

The Milestones are three clinical cases that Foundation Dentists (FDs) will present throughout the DFT year. The cases will increase in complexity as the year progresses and will be part of the formative assessment for IRCP and FRCP. The FDs will present each of their cases at their own scheme study day. The cases will be peer reviewed on the day by your own scheme members and educational supervisors. This process facilitates learning, self-assessment, reflection and insight. Milestone One is peer reviewed only. Milestones Two and Three use APLAN for additional anonymous feedback and scoring.

APLAN (Anonymous Peer Learning and Assessment Network) is an online tool which allows your cases to be distributed to other FDs and ESs across the Midlands and the East of England regions. Your cases will be anonymously reviewed by three FDs and three ESs. In addition, you will be asked to provide anonymous feedback for three cases submitted by other FDs.

The deadlines for the case submission and review feedback on APLAN are set at the beginning of the DFT year:

Milestone 2 Upload Deadline 13th January 2023

Milestone 3 Upload Deadline 2nd June 2023

You will be notified of the date of the start of the submission period; there is no room for late submission of cases or feedback reviews. The window for giving feedback on cases will open within 48 hours of the case upload deadline closing and will remain open for two weeks. Failure to meet the deadlines may impact your IRCP and FRCP outcome.

Case Guidance

You will find information on the SharePoint for FDs that covers the Milestone cases and guidance on how to present them. General guidance for case presentation includes:

- Ensure you have written consent from your patient for the use of photographs, radiographs and clinical records;
- Start identifying cases as soon as possible, and have a few cases spare as back-up in case of patient non-attendance;
- Look at the marking criteria to help guide your presentation;
- Keep your case presentation concise and avoid using a lot of text on slides;
- Reflect on your case and provide modifications you would make in future; and
- Maximum presentation time is 10 to 15 minutes which is then followed by Q&A for around 10 minutes.

If you have any further queries please contact your TPD.



Problem Solving and Support

Norfolk and Waveney 2022-2023

During the Foundation Training year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to problems communicating with the Dental Nurse. As a Foundation Dentist you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your Practice the main source of assistance in problem solving is, of course, your Educational Supervisor. During normal working hours you can approach your ES for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Your Training Programme Director is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a Study Day meeting; so contact your TPD by phone or email early on if you have a problem or concern. Early resolution of that burning issue will help prevent any further worry. Remember that patient safety is paramount and confidentiality is assured, if required.

The DFT group is also a very useful forum to air problems and to seek a solution. Opportunities for group discussion occur in nearly every session of the Day Release Course. Naturally openness and frankness is usually required, but all members of the group will respect our rule of confidentiality outside the sessions.

Additionally there is further support that can be obtained from the Regional Trainee Support.

Contacts for Support

Training Programme Director

Sue Plummer

Phone: 01493728351

Email: suzanne.plummer@hee.nhs.uk

Regional Trainee Support

Email: DentalTraineeSupport.ME@hee.nhs.uk



Claiming Travel and Subsistence

2022-2023

For payment of Dental Foundation Training claims, Foundation Dentists must adhere to the following guidance:

All claims must be submitted on the appropriate form issued by your TPD. This form should be fully completed, easily readable, and signed by your TPD who will check all claims are valid. They will also cross through any incomplete lines to stop any claims being added after signing.

Travel claims must reflect the actual mileage undertaken, or travel costs incurred, in attending your Study Day Programme only. Note that the mileage calculated from the home address to venue will be adjusted by NHS England once your form is submitted to them. Your usual mileage from your home to the dental practice will be deducted from the amount (you do not need to enter this separately on the form, NHS England will calculate this).

(Current mileage rate = £0.24 per mile, dentists carrying one or more named eligible dentists to the same course = an additional £0.05 per mile) Where passengers are being claimed for, their full names, contract number and performer number is required.

FDs should travel only by second class if they travel by rail and should attach tickets or receipts to their claim forms.

Taxis should not be used and cannot be claimed - if their use is required due to particular circumstances then the reasons need to be discussed with the Postgraduate Dental Dean, or Deputy, and you will need to get approval in advance, in writing, and provide it with the claim form.

Within Midlands & East overnight accommodation is not claimable except in very specific authorised circumstances, therefore claims for accommodation or evening meal allowance should be not be made.

A daily lunch allowance is payable: (applicable when more than five hours away from practice, including the times between 12:00 - 2:00pm) = up to a maximum of £5.00, itemised receipts must be provided when making a claim. Please note that bank statements are not acceptable forms of receipt and no reimbursements can be made on alcoholic drinks.

All claim forms must be completed accurately and honestly. You may only claim for actual expenses incurred and must not exaggerate claims, provide alternative or fabricated receipts or deliberately incur unnecessary expense. False claims are fraudulent and may be investigated by the NHS England Area Team, with onward referral to NHS Fraud Investigators and/or the GDC.

Claims must be submitted within 3 months of the event and receipts must be included for all travel, meals and car parking. Trainees are advised keep a copy of the claim form and the submitted receipts, and to send claim forms by signed delivery service (you may not claim this postage cost) or email.

Claim forms should be sent Completed Claim forms should be submitted to the BSA via your BSA Compass login. You can access an information leaflet about this from here:

http://www.copdend.org/dfthandbook/FD_Handbook/The_Scheme/T_-_S_Expenses/FD_Travel_and_Subsistence_claims_via_Self_Service_in_Compass.pdf

Your payments will appear on the training practice BSA schedule and your Educational Supervisor will pay them to you as non-taxable expenses.



Audit Project

2022-2023

Introduction

It is a requirement of the Dental Foundation Training Curriculum that a minimum of two clinical audit cycles are to be completed by the end of the ninth month of Dental Foundation Training by each Foundation Dentist.

Submission of a formal Clinical Audit Report is a mandatory requirement for the Satisfactory Completion of Foundation Training in the Midlands and East Region.

Detailed guidance on the completion of your Audit Project will be provided in a separate document.

Process for marking

Your Clinical Audit Report will be marked by a Buddy ES using a Feedback Form approved by the Region. When complete you should email a copy of your Clinical Audit Report to your TPD and Buddy ES.

The Buddy ES will complete the Feedback Form then forward the completed Feedback Form to your TPD for moderation. Your TPD will forward the moderated Feedback Form to you and your ES for discussion at a tutorial.

E-Portfolio upload

You should complete a Tutorial Reflection and upload the completed Feedback Form to the **FD Projects, Presentations and Audits** section of the e-Portfolio. At the same time upload your completed Clinical Audit Report to the **Uploads** section of the e-Portfolio.

The TPD for your Scheme will set the submission and marking deadlines for that Scheme. They will also allocate a Buddy ES to each FD.

Your Audit Report and the completed Feedback Form must be uploaded to the e-Portfolio at least two weeks before FRCP.



Practice Equipment List

2022-2023

Practice Specifications

Electronic records - Full computer based clinical records and appointment management system.

Digital radiography

Internet access

Infection control - Up to date policies, protocols, and operating procedures including effective decontamination facilities with sufficient capacity and storage.

NHSmal account

Specification for FD Room

Size - Minimum floor area 9m².

Ventilation - Natural or mechanical ventilation must be provided. The fresh-air supply rate should not normally fall below 5 to 8 litres per second, per occupant - HSE Workplace (Health, Safety and Welfare) Regulations 1992.

Equipment for FD Room

Dental chair - Low seated design. Operating light. Delivery unit. Cuspidor. Suction. Amalgam separation.

Stool for dentist

Stool for nurse

Handwash sink

X-ray set - Rectangular collimation. Isolation switch outside the controlled area.

Amalgam mixer

Light cure lamp

Telephone

Workstation - Clinical records and appointment management software. Internet access.

Turbines - Minimum of 3.

Contra-angle handpieces - Minimum of 3.

Straight handpiece - Minimum of 1.

Ultrasonic scaler - Magnetostrictive or piezo.

Instrumentation for FD Room

Autoclavable tray system

X-ray film holders - Full range of holders for bitewing and periapical views - including full range of endodontic film holders.

Rubber dam kit - Latex free.

Conservation - Full range of instruments for normal restorative work including a single use matrix system (eg Automatrix) and a sectional matrix system (eg Composi-tight).

Periodontics - Full range of periodontal instruments including a measuring probe (eg Williams Probe) and a full set of scaling instruments (eg Gracey Curettes).

Extractions - Full range of extraction forceps (upper and lower); elevators and a set of Luxators.

Oral Surgery - Full range of surgical instruments including scalpel blades and handle, periosteal elevator, solution for irrigations, syringe for irrigation, surgical handpiece, selection of surgical burs, root tip picks, bone rongeurs, needle driver, toothed tweezers, non-toothed tweezers and suture scissors.

Prosthetics - Full range of prosthetic instruments including shade and mould guides.

Endodontics - Full range of stainless-steel hand files and NiTi rotary files.

Materials and Disposables for FD Room

Respirator - Fit tested FFP3 mask or powered hood for FD use.

Type II R Fluid Resistant Surgical Masks

Gloves - Latex free.

Bibs

Aprons

Gowns

Paper and cotton goods

Safe Sharps System - Incorporating a shield or cover that slides or pivots to cover the needle after use - HSE Health and Safety (Sharp Instruments in Healthcare) Regulations 2013.

Waste containers - For sharps, clinical waste, non-clinical waste, gypsum waste. Containers with mercury suppressant for amalgam waste, amalgam capsules and extracted teeth.

Disposable 3 in 1 syringe tips

Conservation - Full range of restorative materials including paediatric stainless-steel crowns and 016 stainless-steel orthodontic wire for trauma cases.

Prosthetics - Full range of prosthetic materials including impression compound and greenstick.

Endodontics - Full range of endodontic materials including a tooth sleuth, hypochlorite sourced from a dental supplier and Endo-Frost.

Available in the Practice for Use by the FD When Required

Dedicated Digital Camera - SLR or equivalent with lens, ring flash, retractors, and mirrors.

Conservation - Face bow and semi-adjustable articulator.

Prosthetics - Surveyor.

Endodontics - Electric pulp tester, apex locator, handpiece & motor for rotary endodontic system.

Clinical Digital Thermometer

Digital Communication - Computer or tablet with MS Teams including webcam, speakers, and microphone.



Speakers

Autumn Term 2022-2023

Tom Norfolk

26 St Mary's St, Ely CB7 4ES

tomnorfolk@nhs.net



Adam Smith

83 Mary Chapman Cl, Norwich NR7 0UD

as@plummers.co.uk



Andy Bell

The Old Medical Centre, Beccles Rd, Bradwell,
Great Yarmouth NR31 8HB

ab@plummers.co.uk



Nick Lamb

5, Quay Point, Station Rd, Woodbridge IP12 4AL

nlamb@nhs.net



Callum Limmer

7 Hillside Road, Bury Saint Edmunds IP32 7EA

callum.limmer@nhs.net



Rachel Grimmer

Oral and maxillofacial department, NNUH, Colney
Lane NR4 7UY

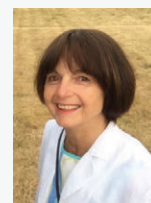
r8chel100@hotmail.com



Kate Rustage

Oral and maxillofacial department, NNUH, Colney
Lane NR4 7UY

kate.rustage@nnuh.nhs.uk



Daniel De Souza

42 Prince of Wales Rd, Norwich NR1 1LG

danielvs.endo@gmail.com



Ganga Allen

7 Hillside Road, Bury Saint Edmunds IP32 7EA

ganga.allen@nhs.net



Kara Gates

7 Hillside Road, Bury Saint Edmunds IP32 7EA

kara.gates@nhs.net



Jill Geaney

Wedgwood House Dental Practice, 100 Bury
Street, Stowmarket, IP14 1HF

jill.geaney@nhs.net



Nick Barker

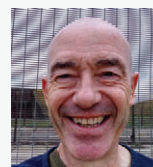
Bromley Road Dental Surgery, 13A Bromley Rd,
Colchester CO4 3JE

nick.barker@nhs.net



Anthony Asquith

anthonyasquith@ntlworld.com



Nick Stolls

stolls.fam@btinternet.com



Richard Keeler

Sixty Six, N Quay, Great Yarmouth NR30 1HE

r.keeler@lovewell-blake.co.uk



Ahmed Al-Khyatt

Restorative department, Duckworth Ln, Bradford
BD9 6RJ

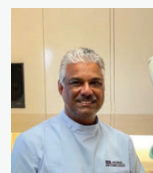
Ahmed.Al-Khayatt@bthft.nhs.uk



Denver Fester

3 & 4, Sainsbury's site, Pound Ln, Norwich NR7
0SR

df@plummers.co.uk



Hoda Sepehrara

3 & 4, Sainsbury's site, Pound Ln, Norwich NR7
0SR

hodasepehrara@gmail.com



Rachel Doogan

Dental Healthcare Suffolk
Cambridgeshire Community Trust

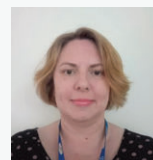
rachel.doogan@nhs.net



Clare Davis

Dental Healthcare Suffolk
Cambridgeshire Community Trust

claire.davies72@nhs.net



Sukhvinder Atthi

The School of Dentistry
5 Mill Pool Way
Edgbaston
Birmingham
B5 7EG
United Kingdom

ssatthi@hotmail.com

