1. **Information**
2. **Training**

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| **Where to find more information on Occupational Health (OH)**   * [**WHO (World Health Organisation) Occupational Health**](https://www.who.int/health-topics/occupational-health) * [**CIPD (Chartered Institute of Personnel Development Occupational Health**](https://www.cipd.co.uk/knowledge/culture/well-being/occupational-health-factsheet#gref) * [**SOM (Society of Occupational Medicine) Work and Health**](https://www.som.org.uk/work-and-health) * [**SOM Careers**](https://www.som.org.uk/careers) |

Occupational psychologists aim to increase the effectiveness of the organisation and improve the job satisfaction of individuals. The speciality is broader in scope and less formalised than many areas of psychology and it touches on diverse fields, including ergonomics, personnel management and time management, [British Psychological Society Division of Occupational Psychology](https://www.bps.org.uk/member-networks/division-occupational-psychology)

[Occupational Psychologist in OH YouTube](https://www.youtube.com/watch?v=QTUUskpxrks)

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| To obtain a qualification in Occupational Psychology, a degree in psychology is required. Specific training is undertaken over 2 to 4 years. More information can be found [here](https://www.bps.org.uk/qualification-occupational-psychology)  Occupational Psychologists, often support Neurodiversity in the workplace, assessing individuals and advising employers on the support needed. |