1. **Information**
2. **Training**

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| **Where to find more information on Occupational Health (OH) and Occupational Medicine (OM) careers*** [**WHO (World Health Organisation) Occupational Health**](https://www.who.int/health-topics/occupational-health)
* [**CIPD (Chartered Institute of Personnel Development) Occupational Health**](https://www.cipd.co.uk/knowledge/culture/well-being/occupational-health-factsheet#gref)
* [**SOM (Society of Occupational Medicine) Work and Health**](https://www.som.org.uk/work-and-health)
* [**SOM Careers**](https://www.som.org.uk/careers)
* [**Faculty of Occupational Medicine**](https://www.fom.ac.uk/)
* [**Journal of Occupational Medicine**](https://academic.oup.com/occmed)
* [**NSOH**](https://www.eastmidlandsdeanery.nhs.uk/occupational-health/national-school-occupational-health)link to useful websites relating to OH
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[**YouTube video Occupational Medicine**](https://www.youtube.com/watch?v=B57kkThcT7k)

[**A recorded webinar**](https://www.youtube.com/watch?v=7Z7MaySfUbg&feature=youtu.be) by Sarwar Chowdhury on a career in Occupational Medicine

[**BMJ, An Occupational Medicine career**](https://www.bmj.com/careers/article/the-complete-guide-to-becoming-an-occupational-medical-physician)

[**Blog – Q & A on moving into OM**](https://open.substack.com/pub/workandhealth/p/thinking-about-a-career-in-oh?r=27qhsq&utm_campaign=post&utm_medium=web)

[**Considering a career as an OH Doctor?**](https://open.substack.com/pub/workandhealth/p/thinking-about-a-career-in-oh?r=27qhsq&utm_campaign=post&utm_medium=web) **Blog**

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| 1. **Training**

The different levels of specialism are accredited by the [Faculty of Occupational Medicine (FOM)](https://www.fom.ac.uk/education) and include: -* FFOM, OH Consultant Fellow who has been Elected by the FOM to be a Fellow and provides strategic leadership.
* MFOM, OM Consultant Member. They are a Consultant Specialist in OH on the GMC specialist register and often a Medical Director of an organisation. They passed an approved training course; Part 2 AFOM exam, have evidence of 4 years full time (or equivalent practical experience and have submitted a dissertation, OR CESR route, 5 years of professional experience and met the competencies of the OM curriculum. They provide Strategic leadership in health for the OH team and organisations as well as clinical governance.
* AFOM, OH Physician (OHP), An Associate of the FOM, has met a level of competence, has had 1 year of practice, and has passed the Dip Occ Med and the AFOM exams. They focus on the protection of the health of the workforce and the prevention of Occupational diseases, Ill Health retirements, complex cases, and Workplace risk assessment.
* OHP (Physician) has passed the [FOM Dip Occ Med](https://www.fom.ac.uk/education/examinations/diplomas/doccmed) and is working in OH.
* Many OHP’s become registered HSE specialists for example Lead, Asbestos, Ionising Radiation etc.

Training routes include :[CCT](https://www.fom.ac.uk/?s=CCT)Lived experience article here <https://ioh.org.uk/2023/05/occupational-medicine-as-a-trainee-consultant/> [CESR](https://www.fom.ac.uk/education/cesr) Lived experience article here <https://ioh.org.uk/2023/05/certificate-of-eligibility-for-specialist-registration/> Many start with undertaking the FOM Diploma in Occupational Medicine ([DOccMed](https://www.fom.ac.uk/education/examinations/diplomas/doccmed)). There are a number of training establishments, and exams set by the Faculty which include a multiple choice questionnaire, a workplace needs assessment and a viva.  |