

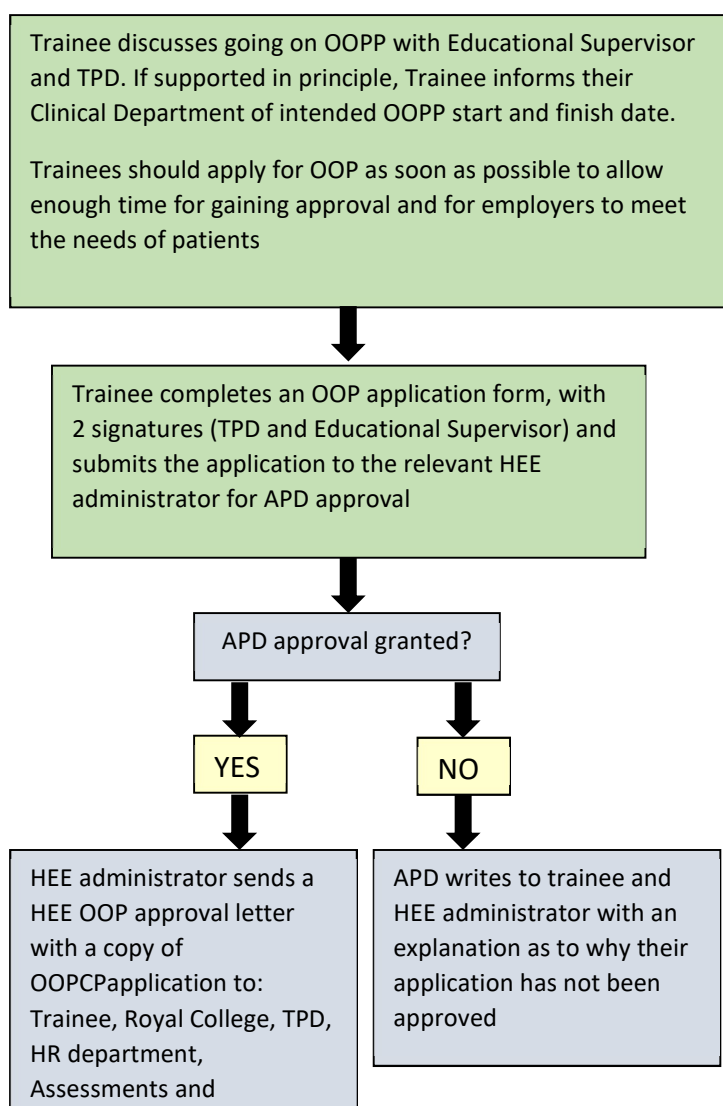
OUT OF PROGRAMME – The “OOP” Process – Pause in training – (OOP-P)

Specialist and Specialty Registrars may apply to take time “Out of Programme” or to extend an existing Out of Programme arrangement.

1. **OOP-P | Pause in Training** | This does not count towards CCT

Similar to OOPC but during an OOP-P the doctor can still work as a doctor, but without pressures of training such as exams etc

Here is the Process Flowchart for OOP-P:



Please click on the link for your relevant Deanery to access the application form and additional information:

[East Midlands](#)

[East of England](#)

[West Midlands](#)



Health Education England