

Professional Support Unit

Newsletter – Summer 2018

Headlines

- Support Return to Training (RTT)
- Revised Referral Form
- Website Updates
- New Video and Podcast

Developing people
for health and
healthcare



SuppoRRT

As part of the 2016 junior doctors' contract negotiations, inconsistencies were highlighted across England with the level of support available for doctors returning to training following an approved period of time away from clinical practice, for example - OOP or parental leave.

This presented HEE with an opportunity to change this and ensure that consistent and appropriate time, resource and support are invested in our returning trainees. Consequently, HEE is pleased to announce the launch of the 2018-19 Supported Return to Training (SuppoRTT) initiative.

HEE has allocated funding to each region to deliver the initiative. Funding will be held centrally, delivered locally and be used to support all EM Trainees.

In the East Midlands, the Professional Support Unit will be managing the initiative with Laura Meaney as Project Lead, Lynne Cooke as Project Support Officer and Dr Craig Smith as APD. Funding will cover the following areas:

- Local Office KIT events
- East Midlands-wide awareness events
- Educational Supervisor upskilling
- Trainee Support e.g. Coaching
- SIM Centre Days by Trust and by School
- Awareness documents
- Shadowing Support for Trainees



So far, the following has been put into place:

- HEE EM held a successful Launch event entitled Enhancing Junior Doctors Lives at the Nottingham Belfry on June 22nd which invited trainees and educators to attend and take part in discussions around enhancing junior doctors lives and supporting trainees returning to training
- HEE has already engaged with the East Midlands SIMs Network and provided funding to allow the development of a coordinated provision of trainee focused SIMs support. HEE further supported the purchase of IRIS – an online web-based simulation platform for the use of all EM Trainees
- Educational Supervisor Training Days are being arranged to ensure consistent approaches to supporting trainees and provide support for Supervisors
- A Productivity Retreat has been arranged for OOP Trainees at the Nottingham Belfry on Sept 26th
- SuppoRTT coaching has been arranged for OOP Trainees from our Coaching Providers

There will also be funding for:

- Access to Bespoke Training
- Reimbursement of childcare costs and travel expenses for KIT/SPLIT days

More information will follow in the next newsletter and will always be updated on our website.

Revised Referral Form

We have changed our referral form to fit in line with our new processes. This means that we will only accept the most up to date form. Our referral form is found on the homepage of the Professional Support Unit section of the deanery website. A reminder is also sent via an automatic reply email from our inbox.

In addition, we require the referral form to be shared with the trainee before being sent. They must read and sign the referral agreement. An electronic signature is acceptable.

Outdated forms and those without appropriate signatures will be sent back to the referrer.

Website

We now have a new website that holds all resources for the Professional Support Unit that will benefit both trainees and trainers. This is updated regularly and houses all our publications such as our referral form, ARCP guidance and provider information.

If you need to know more information about us, then please look at our website first as the information is likely to be there. For example, you can find out exactly how to refer a trainee to our service, or how to book onto one of our courses.

If any faults are found or if you feel anything needs to be added, please let us know.

Referral Assessment Form

Professional Support Unit

*Please note that the content of this referral assessment form should be shared with the trainee before being sent. It must be signed by them.

*Please complete every section (Light Green) in full. Failure to do so may hinder the process and subsequently the support that can be offered by the PSU.

1) Trainee Information			
Trainee name		GMC/GDC number	
Email address		Mobile number	
Specialty & Grade		Site of work	

2) Referrer Information			
Referrer name		Position (TPD/ES/CS/HOS)	
Email address		Mobile number	
Date completed			

https://www.eastmidlandsdeanery.nhs.uk/trainee/psu

The Professional Support Unit

The Professional Support Unit (PSU) provides short-term, solution-focused interventions for trainee doctors and dentists who are having difficulty progressing in training. Each trainee referred to the service has a dedicated PSU case manager who arranges support via specialist providers and then monitors their progress.

Listen to this [podcast](#) to hear how Dr Ian Lewins talking to Laura Meaney about the role and purpose of the PSU.

Contact us at psu.em@hee.nhs.uk.

Regional and National Networks

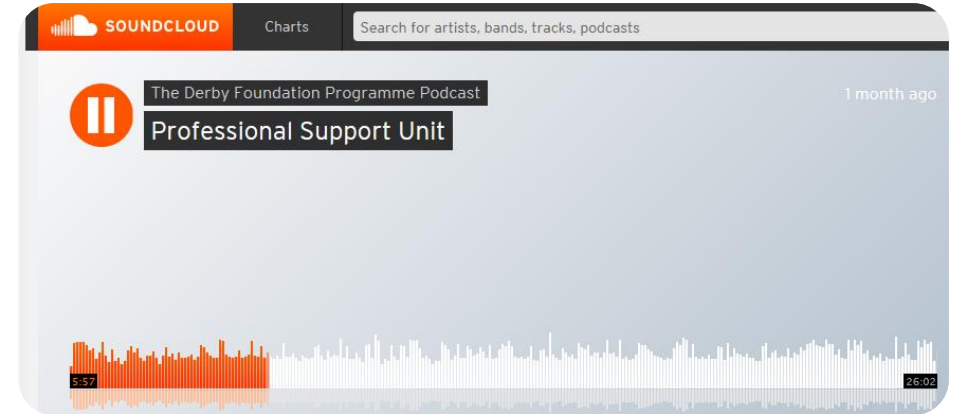
The PSU is part of the national COPMeD Professional Support Group. The group share best practice, discuss challenges and provide a forum for showcasing innovation.

Download the referral assessment form

Video & Podcast

Recently, Dr Ian Lewins interviewed Laura Meaney, PSU manager, about the role and purpose of the team. This has been released as a podcast on Soundcloud and the [link](#) can be found at our website.

A video has also been produced which fully explains the role and purpose of the PSU and the type of support that we can offer. Follow this [YouTube](#) link to watch the video.



The Professional Support Unit

We're here to support you, so please get in touch:

Professional Support Unit

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Lynne Cooke

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