

## East Midlands Regional Training Programme (DMU)

### The East Midlands Pre-registration Pharmacists Hospital Training Programme is delivered via

De Montfort University  
Gateway House, Leicester LE1 9BH

Website: [www.dmu.ac.uk/preregpharmtraining](http://www.dmu.ac.uk/preregpharmtraining)



### Regional Pre-registration Facilitator

Amanda Kemp  
Email: [akemp@dmu.ac.uk](mailto:akemp@dmu.ac.uk)  
[Amanda.kemp1@nhs.net](mailto:Amanda.kemp1@nhs.net)

Tel: 0116 2506430

### The study days

In the East Midlands programmes, regional workshops are held on one day each month at De Montfort University, Leicester. These are designed to complement the training delivered by your hospital trust, to prepare you for your career as a pharmacist.

Small group interactive and problem-based sessions explore the underpinning knowledge and skills required for your pre-registration year and early career, covering specific areas of the performance standards and GPhC Registration Assessment Framework.

Facilitated discussion, case studies and simulated scenarios are used to explore topics, which currently include:

- planning a successful pre-registration year
- registration assessment preparation
- communication and consultation skills
- Emergency First Aid at Work qualification taught by accredited pharmacists
- minor ailments
- law update
- professional issues and ethical dilemmas
- how to undertake your quality improvement project
- practice exam papers in an exam environment

A unique aspect of the East Midlands regional training is the opportunity for you to take part in a multidisciplinary simulation session at one of the region's four simulation suites. The 'acute care' workshop at one of the regional study days will help prepare you for the simulation experience and for 'on-call' out-of-hours work as a foundation pharmacist.

Importantly, the regional days also provide the opportunity for you to regularly network with your colleagues while learning in a relaxed interactive atmosphere.

To support your training, you will have access to the Blackboard virtual learning environment. This is your own website which contains information about the regional days, online practice questions and calculations, and resources to support your development and preparation for the assessment. You will also receive a monthly bulletin to help focus your preparation for the registration assessment.

You will be enrolled as a De Montfort University student and so will be able to enjoy all the facilities on offer at the University, in addition to those at your hospital.

### What our trainees say

*"I find it useful that most of the regional days are very interactive. I have come away from each one having learnt a lot of useful skills and knowledge to support my pre-registration year."*

*"I feel one of the most useful aspects of the regional days is sharing experiences with pre-regs from other hospitals"*

*"The training days have been strongly linked to what is going on in my pre-reg and rotations (e.g. audit, job applications) which I find helpful. Lots of useful information and able to access online afterwards if needed."*

*"So many great resources for regional days and in preparation for the exam."*

# West Midlands Regional Training Programme (provided by Keele University, School of Pharmacy)

School of Pharmacy, Keele University,  
Staffordshire. ST5 5BG

Websites: <https://www.cpd4all.co.uk/pre-registration-programme/west-midlands-pre-reg-trainee-programme/>

## Regional Pre-registration Facilitator

Sharon Warren

Email: [s.l.warren@keele.ac.uk](mailto:s.l.warren@keele.ac.uk)

## Pre-registration Administrator

Linda Foster

Email: [l.j.foster@keele.ac.uk](mailto:l.j.foster@keele.ac.uk) Tel: 01782 734117



## About the Programme

The West Midlands regional study day programme is designed to complement the workplace training within each trust. Regular study days are mainly held at [Keele Hall, Keele University](#). These study days also provide the trainees with the opportunity to network with other trainees across the West Midlands.

The study days cover various aspects of pharmacy practice which have been chosen in order to help trainees fulfil the requirements of the pre-registration year.

The GPhC Registration Assessment Framework and performance standards cover a wide variety of topics which would be difficult for trainees to cover at the base hospital, or by means of self-study. Therefore, these study days provide another vehicle to enable trainees to cover some of the essential elements of the training programme.

The study days normally take the form of short presentations followed by participatory workshops where trainees have the opportunity to problem solve in small groups. Individual study sessions are delivered by expert practitioners from across the region and are designed to support pharmacy graduates for their future pharmacy career.

The training programme currently consists of the following study days:

- Making the most of your pre-registration year – an introduction to the year ahead.
- Community Pharmacy Practice
- Medicines Information
- Calculations and QIP/Audit
- Clinical Skills for Pharmacy Practice and Getting a Job in the NHS
- Clinical Practice
- Specialist Clinical Practice
- Case Presentations
- Practice Registration Assessment
- Poster Presentations

Each year the content of the study days are reviewed based on trainee feedback.

Resources such as study day materials, calculations questions and useful links are shared across the region using a virtual learning environment. <https://www.cpd4all.co.uk/pre-registration-programme/pre-registration-trainee-programme-resources/>

The region consistently achieves a pre-registration pass rate that exceeds the national average.

## What our trainees say

*“The West Midlands pre-registration study days allow us to network and learn with other trainee pharmacists within the region. They also allow us to have a wide variety of experiences from calculation practise questions to trying out new clinical skills, and apply our knowledge in clinical case studies. The study days provide us with extra support which will help us in the run up to the GPhC pre-registration assessment”*

# East of England Hospital Training Programme (provided by the UEA School of Pharmacy)

University of East Anglia School of Pharmacy.  
Norwich Research Park, Norwich NR4 7TJ

Websites: [www.preregpharmacists.org](http://www.preregpharmacists.org)  
[www.uea.ac.uk/pharmacy](http://www.uea.ac.uk/pharmacy)



Programme Director  
Maria Christou

Email:  
[m.christou@uea.ac.uk](mailto:m.christou@uea.ac.uk)  
Tel: 01603 593080



## About the Programme

Our programme aims to provide trainees with high quality learning experiences throughout the training year. The focus is on direct application of knowledge and skills in practice.

We use innovative learning approaches that support all learning styles and cover a wide variety of topics which are part of the GPhC assessment framework. Individual study sessions are delivered by expert practitioners and are designed to support pharmacy graduates become competent registered pharmacists.

The training programme consists of a series of residential study blocks which provide opportunities for group-based interactive learning and networking/social interactions with other trainee pharmacists in the East of England.

## Outline of 2018/19 programme

- Induction event (6 - 7 August 2018, Holiday Inn, Basildon, Essex)
- Residential 1 (17 - 20 September 2018, Selwyn College, Cambridge)
- First Aid course by St. John Ambulance (mid-November)
- Residential 2 (26-29 November 2018, County Hotel, Chelmsford, Essex)
- Residential 3 (25 - 28 February 2019, Holiday Inn Stevenage, Herts)
- Residential 4 (13 - 16 May 2019, UEA Norwich)
- 2019 Excellence Awards Day (22 May 2019)

## Virtual learning environment

A dedicated site on UEA Blackboard, complements and reinforces face-to-face learning during residential. The site is a repository of all learning resources, including on-line quizzes and mock GPhC style assessments. It's also used for circulating pre- and post-residential workbooks. The workbooks guide trainees to complete a set of tasks in the workplace e.g. pre-reading, reviewing trust guidelines and answering clinical scenarios.

All trainees and their pre-registration tutors have access to the UEA Blackboard site and can use it for other communications and information sharing.

## Other learning activities

Trainees are asked to participate in inter-professional learning sessions with year 5 Medical students, FY1 doctors and nurse prescribers. The sessions utilise validated case-based scenarios and are facilitated in the workplace by pharmacy education leads.

## What our trainees say

Our trainees report high levels of satisfaction and consistently achieve excellent pass rates in the GPhC registration assessment.

*"The UEA study programme was pitched at the right level and focussed on applying our knowledge in scenarios and workshops. I appreciated all the clinical sessions delivered by specialist expert pharmacists. We had the chance to ask questions and learn more than just the basics for each topic. They were very interactive, dynamic sessions that made it easier to learn and process the information provided."*

*"The UEA training programme was amazing! Awesome preparation and help for the GPhC exam and great opportunities for socialising and networking with other trainees and specialist pharmacists. The Programme Delivery team were very supportive and gave us opportunities to meet lots of new people."*