

# Foundation Job Description

Foundation School (Delete as appropriate) Programme No. (e.g. L006 OR T102) Can be found on the Trent/LNR Allocation Spreadsheet

LNR/Trent

T017

Grade (Delete as	Specialty:	Subspecialty (If appropriate):
F2	Psychiatry	In-patient

Site:	Trust:
Dr J Phull, The Wolds, Discovery House, Long Leys Road, Lincoln. LN1 1FS	Lincolnshire Partnership NHS Foundation Trust

## Main duties:

### Job Description

#### Forensic/Rehabilitation Psychiatry, Lincolnshire Partnership Foundation NHS Trust

The FT2 post is based in Lincoln at the open rehabilitation ward, The Vales, at Discovery House and the community forensic team.

#### Inpatient Placement (The Wolds, Discovery House, Lincoln)

Lincolnshire Partnership NHS Foundation Trust opened a new multi-million pound inpatient rehabilitation development, 'Discovery House', in February 2012. The new facility replaced 2 existing inpatient units that were on the same site, and a third female-only unit, which is a new service to the Trust, was opened at Discovery House. The new facility comprises 2 locked single sex units and one open mixed gender unit. Each unit will contain 15 beds and therapy spaces. In addition there will be a central hub housing a main reception, therapy spaces, a gymnasium, a café, meeting rooms and offices, a family room and a staff room. The Rehabilitation Service provides inpatient care to service users with a range of severe mental illness and complex needs which can present a challenge to services. The whole service is focussed on working toward independence and recovery to enable service users to regain health and mental wellbeing before being able to move on and live as independently as possible when they are discharged from the service. The service provides 24 hour nursing care, and therapy staff will where necessary work flexibly over a 7 day period to meet the needs of the service users.

The philosophy of the service is to provide services that are community rather than institution based, as close to home or family as is clinically advisable, under conditions of no greater security than is justified. Though there will be on-site facilities, community participation will be encouraged.

#### The Post

This post provide five days per week experience on an open rehabilitation psychiatric ward and the community forensic team.

The ward houses up to 15 patients with a projected average length of stay per patient of 14- 18 months. Patients admitted to the Vales tend to require a locked environment to manage issues of risk to either themselves or others. The former is by far more common. All patients are detained under the Mental Health Act on either civil or forensic Sections.

The post provides excellent experience in working with a more static population to recognise and address the issues that act as a barrier to their recovery. We develop ways of engaging with this group of clients who have not done well in more mainstream services, who are institutionalised or who require more intense support with a very gradual transition to the community. The post holder will gain experience in understanding the criminal justice system and working with forensic offenders and those who deliberately self-harm and are vulnerable. Most patients have physical health problems related to long periods of time in hospital or psychotropic medication and require support and liaison with specialists colleagues as necessary.

The Foundation Doctor would be working within a medical team comprising of a Consultant Forensic Psychiatrists (Dr Phull, and one Specialty Doctor. There are two other Consultant Forensic Psychiatrists and two core trainees also based at Discovery house covering the other wards and we work closely together with them.

The ward prides itself on its multi-disciplinary team (MDT) approach to patient care and, in addition to the above medical staff; we have a full contingent of junior and senior nursing staff, an occupational therapist, an activity coordinator, a physiotherapist and a number of specialist psychologist (who offer a range of therapies).

The role of the FT2 will be to work as part of the MDT team in assessing and managing the patients. The FT2 trainee will have opportunity to review patients individually and to present them at ward round discussions. They will also be expected to be involved in addressing the patient's physical health issues.

## Example Timetable

### For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

	Mon	Tues	Weds	Thurs	Fri
<b>AM</b>	Patient Reviews, community forensic team	MDT Ward Round	Patient reviews or New patient assessments	CPD Academic Programme at Post Graduate Education Centre, Sleaford (Case Conference, Journal Club and invited speakers).  12.00 14.00 FT2 Foundation program teaching Lincoln County Hospital	Ward Work, or community forensic team work
<b>Lunch time</b>					
<b>PM</b>	Patient Reviews, community forensic team	CPA meetings/MHRTs/ Managers Panels 16:00-17:00 Supervision with Clinical supervisor Dr Phull	Report Writing/ Paper Work for Managers/MHRTs/C PAs	MHRTs/ Manager's Panels/ family Meetings	Patient reviews and cross cover

## Educational Activities:

Thursdays: 9:30-12:00 post grad teaching /psychiatry, Thursdays 12:00-14:00 Foundation teaching at Lincoln County Hospital,  
Tuesday afternoon;supervision with CS

## Other Comments (if appropriate):

The F2 will take part in the North Lincs on-call rota.