

Foundation Job Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T031			
Year (Delete as appropriate)	Specialty:	Subspecialty (If appropriate):			
F2	General Psychiatry	Adult			
Site:		Trust:			
Radbourne Unit, Royal Derby Hospital		Derby Hospitals NHS Foundation Trust			
Main duties:					
<p>Foundation year placement on an acute in-patient female psychiatric ward (predominantly 18-65 year olds), a 20 bedded Unit.</p> <p>Trainees will be encouraged to develop skills in assessment and management of Psychiatric disorders, including meticulous discharge planning.</p> <p>Regular assessments of new admissions to the ward which would entail taking a full psychiatric history, Mental State Examination, formulation of case, management plan, physical examination, ensuring blood investigations are completed and ECGs for all new admissions.</p> <p>Regular reviews of patients on the wards and discussion with Consultant/ Clinical Supervisor or medical and nursing colleagues in various settings including Clinical Handover meetings, Multidisciplinary team meetings (ward rounds) and supervision sessions.</p> <p>Well-rounded assessment of suicidal patients or patients presenting with self harming behaviours, including detailed risk assessment.</p> <p>Encouraged to meet with and discuss patients care with their families and/ or carers, thus providing an opportunity to improve on communication skills and respecting patients wishes and dignity whilst involving them in discussions pertinent to their care.</p> <p>Psychiatry training on a women's only ward will provide the Trainee with basic understanding of gender differences relevant to mental health.</p> <p>Safe prescribing in special cohorts – perinatal, reproductive age, elderly (occasional patients on 'working age group ward'), chronic physical conditions.</p> <p>Improved awareness and understanding of discharge processes, transfers and referrals to non-hospital based teams – Community Mental Health Teams, Assertive Outreach, Early Intervention teams, Specialist units (Personality Disorder, Forensic etc), Crisis and Home Treatment Team, Old age facilities and Rehabilitation units.</p> <p>Opportunity to assess patients Capacity, including scenarios requiring Capacity assessment with obtaining informed consent for procedures such as Electroconvulsive Therapy (ECT).</p> <p>By end of placement Trainees should have a good understanding of the basics of Mental Health Act, Psychopharmacology, Rapid Tranquilization/ Management of acutely disturbed or violent patient.</p> <p>Better understanding of psychiatric emergencies such as NMS, Serotonin syndrome, acutely disturbed/ violent patients etc.</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	Ward Rounds	Clinical meeting/New patient Assessment/Reviews liaising with Medical, Surgical and Allied	Ward rounds	Clinical meeting/New patient Assessment/Reviews liaising	Clinical meeting/New patient Assessment/Reviews liaising
Lunchtime					
PM	Ward Rounds	Ward Rounds	Ward Rounds	F2 Teaching	Local Teaching/Ward Work/Admin
Educational Activities:					
<p>Opportunity to participate in ward based teaching sessions conducted weekly/ fortnightly (dependent on level of clinical activity on the ward).</p> <p>Weekly attendance at local academic/ teaching programme.</p> <p>Case presentation at local teaching programme.</p> <p>Work Place Based Assessments – including mini-CEX, CBD, CEX, DOPS etc. Assessments will be based on observations made by consultant, senior medical and nursing colleagues in various clinical settings.</p> <p>Trainees will be encouraged to participate in teaching (e.g. problem based learning) medical students posted in the department/ on the ward.</p>					
Other Comments (if appropriate):					
<p>Ensuring mandatory training is completed.</p> <p>Following GMC Good Practice Guidelines including Punctuality, Time Management, Integrity, Patient Safety.</p> <p>Participating in on-call rota.</p> <p>Team working. Appropriate handovers to medical colleagues.</p> <p>Awareness of ones own limitations, encouraged to effectively discuss this with Supervisor, Identify areas for development</p> <p>Governance:</p> <p>Trainees will have the opportunity to participate in ward based or Trust Audit projects and will be encourage to present their data at clinical meetings or the Audit Committee or submit an article for publication.</p> <p>Trainees will be encouraged to reflect on their practice, follow evidence based medicine, use NICE Guidelines.</p> <p>Understanding Care Pathways.</p>					