

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T043			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>			<b>Subspecialty (If appropriate):</b>	
F1	General Psychiatry			Adult	
<b>Site:</b>			<b>Trust:</b>		
Radbourne Unit, Royal Derby Hospital			Derby Hospitals NHS Foundation Trust		
<b>Main duties:</b>					
<p><b>Personal Responsibilities</b></p> <p>The Trust has developed a number of general policies and procedures which apply to your employment. You should familiarise yourself with these, and ensure that you understand and adhere to them.</p> <p>In particular, you have a responsibility to comply with Trust policies for personal and patient safety and for prevention of healthcare associated infection. This includes a requirement for rigorous and consistent compliance with Trust policies for hand hygiene, use of personal protective equipment and safe disposal of sharps.</p> <p>This post will be based at the Radbourne Unit (RU), which is based at the Royal Derby Hospital campus. The RU is the main inpatient unit for General Adult Psychiatry for adults presenting with severe and enduring mental illness, including Schizophrenia, Affective disorders, and Personality Disorder. It has multidisciplinary teams comprising Doctors, Nursing Staff, Occupational Therapists, Psychologists and Physiotherapy.</p> <p>The foundation trainee will be able to satisfy requirements of the Foundation Curriculum and will be supported by trainees and consultants within the unit. The placement offers direct supervision of clinical practice and workplace-based assessments, alongside a clearly delineated role to permit the trainee to meet their intended Learning Objectives for the foundation programme.</p> <p>The RU is an established training resource offering safe learning .</p> <p>The clinical supervisor is Dr Mike Skelton, Consultant Psychiatrist, and the base is ward 35. There is no on call.</p> <p>Main duties of the placement:</p> <ul style="list-style-type: none"> <li>• Day to day care and management of patients with both acute and chronic problems.</li> <li>• Clinical method (history taking, patient assessment and examination, and differential diagnosis.</li> <li>• Presentation of patient information on ward rounds</li> <li>• Undertake effective handover to ensure continuity of patient care</li> <li>• In conjunction with senior colleagues, development of management plans for patients.</li> <li>• Arranging diagnostic tests and investigations for patients, and checking and acting on results.</li> <li>• Working with and as part of Multi Disciplinary Teams, making appropriate use of the skills of allied health professionals and specialist nurses.</li> <li>• Liaison with wider hospital services and departments, including laboratory, pharmacy, pain, and infection control teams</li> <li>• Ensuring treatment and investigative schedules are implemented and reviewed.</li> <li>• Completion of timely and accurate documentation, including admission and discharge summaries.</li> </ul> <p><b>PLEASE NOTE: All foundation year 1 doctors in their first 4 month rotation in psychiatry will also spend some time on an acute medical unit to ensure that they are not disadvantaged when starting their second post. This is likely to be a day a week on acute medical unit or a similar arrangement.</b></p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	Ward Duties	Ward MDM	Supervision	Ward Duties	Ward MDM
<b>Lunchtime</b>					
<b>PM</b>	Ward MDM	F1 Teaching	Ward MDM	Ward MDM	Academic Meeting
<b>Educational Activities:</b>					
F1 Mandatory General Hospital Teaching (Tuesday) and Academic Meeting (Friday)					
<b>Other Comments (if appropriate):</b>					
<p><b>Learning Objectives</b></p> <ul style="list-style-type: none"> <li>• You will undertake day to day care and management of patients under the supervision of your Consultant supervisor and working alongside a Core Trainee.</li> <li>• Develop the skills of history taking, physical examination, appropriate investigation and rational prescribing</li> <li>• Develop communication skills with patients, relatives and colleagues, and learn to work within a multidisciplinary team.</li> <li>• Develop skills in managing time and conflicting priorities.</li> <li>• Have exposure to ethical issues surrounding treatment of patients</li> </ul>					