

# Foundation Job Description

|   |                                     |  |                      |                        |                    |
|---|-------------------------------------|--|----------------------|------------------------|--------------------|
| <b>Foundation School (Delete as appropriate)</b>  |                                     | <b>Programme No. (eg. L006 OR T102)*:</b>      |                      |                        |                    |
| Trent   |                                     | T045   |                      |                        |                    |
| <b>Year (Delete as appropriate)</b>   | <b>Specialty:</b>                   | <b>Subspecialty (If appropriate):</b>          |                      |                        |                    |
| F2  | General Psychiatry                  | Adult  |                      |                        |                    |
| <b>Site:</b>  |                                     | <b>Trust:</b>                                  |                      |                        |                    |
| Millbrook Unit  |                                     | Sherwood Forest Hospitals NHS Foundation Trust |                      |                        |                    |
| <b>Main duties:</b>   |                                     |  |                      |                        |                    |
| <p>This post is for an FY2 trainee in General Adult psychiatry based at Millbrook Mental Health Unit. The Clinical supervisor will be Dr Hosam Abed consultant psychiatrist. The trainee will spend much of their time on the acute inpatient ward where they will be expected to review patients and work closely with the ward staff. They will look after patients between the ages of 18-65 from the Mansfield sector who suffer from a broad range of mental illnesses and disorders. A ward round is held once a week with the consultant, and the trainee will be expected to play an integral role in giving detailed feedback on patient progress to the multidisciplinary team. They will also be expected to liaise with various other teams including eg Crisis and Home Treatment Team when appropriate. The trainee will be expected to attend weekly postgraduate meetings and make a presentation when it is their turn. The trainee will be encouraged to develop their good interpersonal skills, administration skills and teamworking within a multidisciplinary team. The trainee will have weekly supervision sessions with the consultant where they will be supported in their professional development and training. The trainee will be required to participate in a shift-pattern on-call rota, and will be supported by senior colleagues during this. The trainee will clerk patients, assess mental and physical states, monitor progress of the patients' mental health and response to treatment, obtain collateral histories and liaise with colleagues in other teams. The trainee will have a fairly flexible timetable and will need to work closely with the team to prioritise tasks and resources.</p>   |                                     |  |                      |                        |                    |
| <b>Example Timetable</b>  |                                     |  |                      |                        |                    |
| <b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>  |                                     |  |                      |                        |                    |
|   | <b>Mon</b>                          | <b>Tues</b>                                    | <b>Weds</b>          | <b>Thurs</b>           | <b>Fri</b>         |
| <b>AM</b>   | ward work/admin                     | ward round Orchid ward                         | ward work/admin      | consultant supervision | SPA meeting        |
| <b>Lunchtime</b>  | Lunch                               | Lunch  | Lunch                | Lunch                  | Lunch              |
| <b>PM</b>   | postgrad meeting<br>ward work/admin | ward round Orchid ward                         | ward round Lucy Wade | ward work/admin        | outpatients clinic |
| <b>Educational Activities:</b>  |                                     |  |                      |                        |                    |
| <p>Regular weekly academic sessions: these will provide the trainee with opportunities to present cases or journals. Sessions will include audit and research sessions.</p> <p>They will be involved in the teaching of medical students.</p> <p>There will be opportunities to discuss cases with members of the multidisciplinary team eg consultant, clinical psychologists, community nurse, in-patient nurses, dieticians, and other medical colleagues.</p> <p>They will gain expertise in the assessment and management of a variety of mental illness and the interaction of these disorders with physical health.</p> <p>At the weekly ward rounds they will get the opportunity to present cases so their history taking and examination skills can be improved.</p>  |                                     |  |                      |                        |                    |
| <b>Other Comments (if appropriate):</b>   |                                     |  |                      |                        |                    |
| <p>This post will be based at the Millbrook Mental Health Unit within the acute care network of the Working Age (General Adult) service. The unit comprises of 2 in-patient acute wards (Orchid and Lucy Wade wards) and a Psychiatric Intensive Care Unit (PICU). The Acute wards have combined total of 36 beds while the PICU has 5 beds. Currently the unit is supported by four consultant psychiatrists, three higher trainees, five core/foundation/GPVTs trainees and a specialty doctor. The foundation trainee will specifically be with the 'Ashfield' sector team, who also cover the PICU.</p> <p>The foundation trainee will have an opportunity to satisfy requirements of the Foundation Curriculum and will be supported by the trainees working on the unit.</p> <p>This post will also provide plenty of opportunities for directly supervised practice and supervised learning events (eg on ward rounds and reviews) as well as work-place based assessments. The Millbrook Mental Health Unit is an established training resource for our trainees, with education and innovative practice firmly embedded in its multidisciplinary work culture, thus readily providing a safe learning environment.</p> <p>Apart from mental health-related issues, working with this group of patients also presents an opportunity to deal with associated primary and secondary health issues as they arise.</p> <p>Part of this job will also include working with patients in out-patients and the community with the Crisis Resolution and Home Treatment team.</p> <p>The consultant in this post is also the lead consultant for the Electroconvulsive Therapy (ECT) clinic, which the foundation trainee may avail themselves of the opportunity if interested.</p> <p>This work will be supervised by a consultant psychiatrist and will involve the further development of wider multi-disciplinary working.</p> <p>General areas:</p> <p>The foundation doctor will be involved in the assessment of patients admitted to the acute wards (Orchid and Lucy Wade) and the PICU; this will include the taking of a full history, including medical history, as well as other related areas, and mental state and physical state examination. They will be involved in the organisation of further investigations and referrals to other professionals. They will have the opportunity to present their findings.</p> <p>Specialist areas:</p> <p>They will be involved in further consultation with other allied professionals such as neuropsychiatrist, psychologists, neurologists, dieticians, and physiotherapists.</p> <p>They will be involved in the specialist risk assessment of acutely unwell and behaviourally disturbed patients requiring the PICU.</p> <p>They will also learn the principles behind the need for a PICU and criteria used in admitting patients to the PICU</p> <p>The trainee will take part in the regular review of working age adults with psychiatric and physical health problems and take an active part in the management and follow-up under supervision.</p> |                                     |  |                      |                        |                    |