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I am a Consultant Trauma surgeon and Professor of Orthopaedic Trauma and Head of Division for the University of Nottingham - forcing me to lead a double life. Half the week I spend as a University Academic and the other as Trauma Surgeon in the busiest centre in Europe.

I qualified in 2003 and prior to coming to Nottingham I trained in Oxford, London and Cambridge. My clinical practice is part time, where I specialise in trauma and limb reconstruction (circular frames) with the rest of my time spent supporting large clinical trials and translational research and teaching in my academic role.

I have a strong interest in training having been initially the Academic Programme Director, and now the Training Programme Director for East Midlands North. We have a vibrant programme with a strong clinical and academic focus. With a programme of around 40 trainees I am able to ensure that four of the six years are spent in teaching hospitals, and with our enthusiastic group of trainers we are able to offer training in all subspecialties of Orthopaedics within the first four years.

Outside of work I have much loved young son and an equally loved but long suffering general surgical wife and enjoy running.